FUN, fellowship and friendship have prompted a group of young proactive families to initiate the return of an Apex Club of Gunnedah.

The group are "fairly new" to town and were looking for ways to meet new people while serving the community.

One of the organisers, Anthony Dein said he helped a friend in Bundaberg who was part of an Apex club and the idea grew from there.

He said with the support of the Gunnedah Rugby Club, the Apex Club of Gunnedah will meet on the second and fourth Mondays of the month in the early evening.

"We will host our meetings at the rugby club because there is great facilities for kids," Mr Dein said.

"Our aim is to make our club family friendly and we encourage whole families to join. "It's a great way to meet people and give back to the community."

Once off the ground, the members intend to host fund-raising activities and become involved with community events.

The original Apex Club of Gunnedah built the track to Porcupine Lookout in the 1950s, and went on to construct the picnic area.

It was also involved with building the site of the Visitor Information Centre and previously held youth camps at Lake Keepit.

Apex is the only service association founded in Australia and lives by the motto, "Grow, Learn, Make Friends, While Having Fun".

Apex focuses on harnessing the ideas of Australians aged 18 to 45 and provides an opportunity for people to make a difference in their community, learn valued skills and make great friends.

The first meeting to be held on October 13 will be an information night for potential members and a meet and greet.

Interested parties are asked to RSVP to the initial meeting by phoning Anthony on 0447 244 221 or by emailing apexgunnedah@outlook.com

More information will be posted on the club's Facebook page, search Apex Club of Gunnedah Incorporated.