

ISSUE 26 Summer 16/17



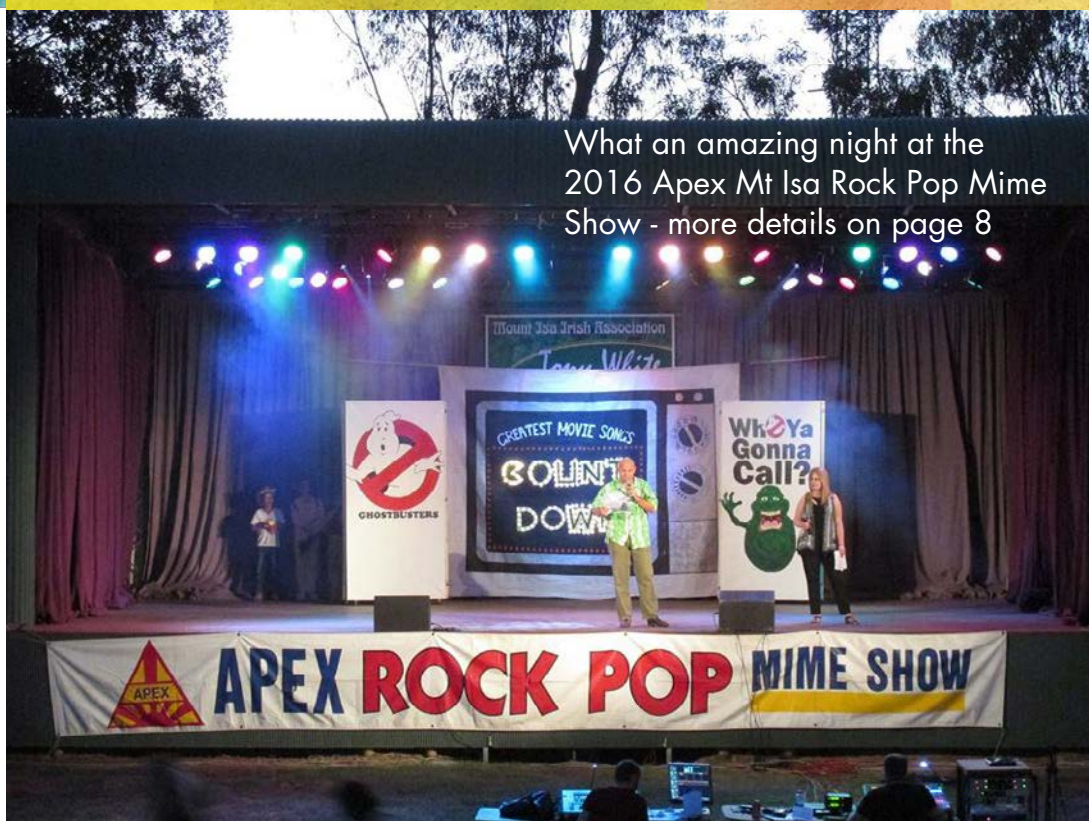
# APEXian

News and Views from the clubs of Apex Australia

## ***Congratulations to Apex Busselton - Club of the Year***

Last financial year The Busselton Apex Club set out to achieve three things: improving the efficiency of inner club workings, increasing the promotion of the club amongst the community and encouraging the development of larger service projects.

Cont. Page 4



What an amazing night at the 2016 Apex Mt Isa Rock Pop Mime Show - more details on page 8



## **A Helping Hand**

The Australian Government is inviting you to apply for Volunteer Grants 2016 funding.

More details on page 8.

## ***In this Edition***

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# Apex Australia Annual Award Winners

*Congratulations to the winners of our annual Awards for 2016:*

1. Apex Australia Best Club Award - Busselton - see next page.
2. The Ewen Laird Apexian of the Year Award - Alec Ovens, Busselton
3. Eric Hooper Service Award - South Wagga for 'Meals on Wheels Easter Wish'
4. The Donald Mackay Citizenship Initiative Award - South Wagga for 'Biggest Ever Blokes Lunch'
5. The Langham Proud Regional Communicator of the Year Award – Nathan Skinner, Clare & District
6. Harry Hodges Best First Year Apexian - Brendan Hardy, Toowoomba
7. Loraine Janssen Best Website or Social Media Engagement Trophy - Busselton
8. Newman O'Dea Association E-news or Dinner Notice Award - Kadina
9. Apex Month Publicity Award - Geraldton
10. Kava Bowl - South Wagga

*We'll be featuring some of these stories behind these award winning clubs and people over the next few editions of the Apexian.*

*Yours in Apex,*

Andrea O'Loughlin  
Communications Director

## The Eric Hooper Service Award - Apex South Wagga "Meals on Wheels Easter Wish"

The club offered local community organisation "Meals on Wheels" the opportunity to offer its customers access (and a special "wish") to South Wagga Apex Club members to carry out any small jobs around their home that they could no longer do for themselves. It was Easter and South Wagga Apex felt it was a great opportunity to make someone's Easter just that little more special.

As you can imagine, most of the Meals on Wheels clients are either elderly, frail or disabled. Being able to do small jobs like mowing the lawn, pruning a tree or fixing a squeaky door, that we all take for granted, is not something that comes easy

to them anymore. The club had hoped for and expected maybe a dozen "wishes" from the customers. We were pleasantly surprised with well over double that! What began as a few jobs to do over the Easter weekend turned into a lot of jobs to do over a couple of months!

Over 25 customers of the Wagga Meals on Wheels community organisation were the worthy recipients of a little help and fellowship during a traditionally busy time of year.

Over a dozen South Wagga Apexians gave up some of their time each weekend for nearly 2 months to do small jobs around the house for these well-  
Continued on page 12...



# Apex Busselton - 2016 Club of the Year



Cont. from front cover...

There was a complete makeover of their Club Rooms. All old records have been collated and are being digitized.

Standing orders have been updated to reflect changes in the laws in WA, Portfolio directors have created How To guides to help their successors.

Apex has also been promoted throughout their local community, many interclub Apex visits, including the WA Jurien training event.

Larger Service events completed during the year – repainting the local Youth Camp – Kick starting Little Athletics in town – extreme firestorms went through the local Shire, Apex Busselton promptly rallied together with each member contributing in their own way. Efforts included raising funds with the sale of baked

goods, donating our donut machine to fund-raising rallies, collecting food and clothing from the community to deliver them to affected families and finally, via volunteering our time to help local farmers remove their burnt fences.

One of the local farmers we directly assisted was caring for his wife through end stage cancer, hence he had temporarily relocated to Perth just before the fires hit. His farmhouse was thankfully spared through the quick actions of his brother/caretaker although his story compelled us to focus our energies on assisting at his property.

It was a very emotional time, however the out-pouring of community support was immense and Apex Busselton was very proud to work with both the Bunbury Apex Club the Emergency Support services to assist in this difficult time.

Clockwise from Bottom left Busselton and Bunbury working together, Little Athletics hard at it, Busselton and Bunbury inter club meeting, Scrubbing paint at the Youth Camp, Donnetta Blackford and Brian Morris cleaning up after Bushfires, newest Life Member Anton Mann donating, The induction of Jamila Stork by Donnetta Blackford (President) and Phimwan Jitdamrong (Secretary)





**AATFA**  
Apex Australia  
Teenage Fashion & Arts  
**Youth Festival**  
**NATIONAL FINAL**

Whitehouse Institute of Design  
October 22, 2016



***Congratulations to all participants and winners from our 11th National Final, held yesterday in Melbourne at the Whitehouse Institute!***

***Thanks to Apex Australia for their support, all our wonderful volunteers, sponsors, Cotton Australia, chaperones and Committee for their hard work in making this amazing event happen.***

***Casual Wear***

***Leading Design - Kiralee Welsh (QLD)***  
***Runner Up - Olivia Delahunty (VIC)***



***Formal Wear***

***Leading Design - Claudia Dare (SA)***  
***Runner Up - Jye Marshall (TAS)***



***Society & Environment***

***Leading Design - Amira Bentarrak (WA)***  
***Runner Up - Emily Smith (TAS)***

***Wearable Art***

***Leading Design - Kiralee Welsh (QLD)***  
***Runner Up - Kolbi Edwards (WA)***

***Cotton 2 Couture Leading Design***  
***Ashley Duff (QLD)***

***Apex Australia Young Designer of the Year***  
***Kiralee Welsh (QLD)***



# AGM Wrap

G'Day to you All!

I know a few people who are feeling much better now that they have had time to recover from the AGM! (Andrea, Sutho, the NSW boys ... etc)

What a Great Time out in the Bush! – it was a highlight to my and our club year.

We did it all – Fellowship with the Gunshoot, Some Formalities of Citizenship with the Great Debate, AGM Public Speaking, Awards and wonderful amount of Service in the Garden.

Our Beaufort Club really enjoyed all who came and spent the time with our club at Cave Hill Creek in Vic. Thanks to Tim and Angela for having such a rowdy bunch.

The Kids club, activities, tours, setting, serenity, Child minding, Gala Dinner and Apex Challenge was fantastic – except NSW won! (LOL) great job Blue Baggers – Share that sash around!

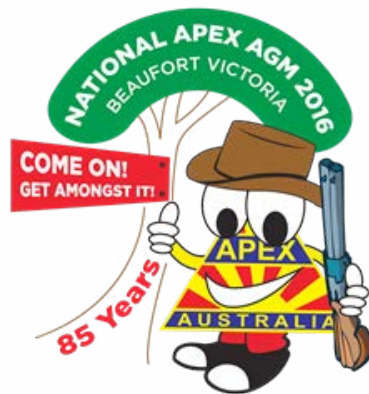
The REAL thanks goes to all those who helped make the weekend a success the Beaufort team, CHC team and moreover – YOU! -

Your support and work in our organisation is part of the fabric of your Life! Thank's to Jim and the 2015/6 Board for their support in Beaufort hosting the AGM and to Mathew and the new board, all the best in carrying on the energy of the AGM forward into 2016/7.

1. Badges - If you would like a badge please reply as I am looking into what we can do around a very "Limited special Exclusive Batch at a good deal" RSVP ASAP and I will send you some detail email me with "Badge" as the subject.

2. Photos - We are going to organise a photo album online over soon, if you have any you would share or like to post please keep an eye out for the banter around that.

3. Feedback- We will send out a short survey in the next little while for feedback and thoughts for reference for board and others hosting a convention or AGM.



4. Disappointments – If you have a certain Sash can you please box it up really nicely and forward it back in confidence to Beaufort Apex Club P.O Box 17 Beaufort 3373.

5. Service - To all those who helped at the Croquet and club garden – We absolutely smashed it! It looks fantastic and it was a good time with the kids and croquet. Also we planted a Flowering Gum for a remembrance of your time and our 85th anniversary – Dwarf style Red between two Golden Yellow Wattles so we hope it's there for when your future generations learn about your stories, time and experience in Apex.

7. Support - Without people and small businesses we would not get anything much done anywhere as clubs. Furphy Beer, Red Duck Brewery and Grant Burge, Soupcan Stubby holders, Cave Hill Creek and Monoland Embroidery, Odonnell Casello Constructions (LOL) and many others were a great help to us and if you get the opportunity to FB likes, tag photos or recommend these types of brands, people and suppliers; plus mention your Apex network that is like Gold.

Pay it Forward - Thanks.  
Note: Furphy beer was a hit tho' post it!

I think that's it for now!

We had a blast – and a really great time – didn't we!

Thanks for "Coming and Getting Amongst It! AGM 2016

Cheers, Hoo Roo,  
YIA  
"Listo", Chris Liston  
2016 AGM Chair

# A letter from the Children's Cancer Institute

One of the biggest and best things Apex Australia has achieved is to create the Children's Cancer Institute. This started with 2 Apexians, Jack Kasses and John Lough. Our "Help a Kids Make It" campaign became a national Apex effort, to target \$1 million to facilitate research into childhood cancer. Today, the Children's Cancer

Institute remains the only independent medical research institute in the country devoted to research into the causes, prevention and cure of childhood cancer. Our Apex Foundation continues to support this great work. The aim remains the same, to save the lives of all children. with cancer and to eliminate their suffering.

*"Dear Jim*

*I'd like to thank you for attending our 40th Anniversary Celebration– it was truly wonderful to see so many people who have been involved from the very beginning coming together to reflect and recognise all that has been achieved for kids with cancer because of vision and determination of Jack Kasses and John Lough 40 years ago.*

*I'm sure you will agree that when Jack read out the names of all those parents from the beginning, many of whom have lost their child to cancer, it was incredibly moving and such a valuable reminder of how terrible this disease is and why we can't stop until we have moved to 100% survival. He established such a strong sense of where we have come from with those references to the first AGM too.*

*It was also wonderful to hear from John and the story of the APEX Wollongong team's campaign in this detail, and the creativity and commitment he and his team showed to get through district, zone and national conferences to achieve the support of every club for the 'Help a Kid Make It' campaign. That he persuaded so many people along the way (including John Singleton with one phone call!) and had the foresight to get your team trained up to speak publicly, travelling across Australia was a tribute to him and the rest of the early team.*

*We would not be here at the Institute today without either of them.*

*Best regards*

*Peter Murray  
Major Giving Manager"*



It's not if.  
It's when.



Jack Kasses and John Lough, 2 very special Apexians

# Road Awareness Program comes to Naracoorte

RAP - A confronting, hard-hitting Road Awareness Program that can and has positively changed the behaviour of many of our road users, young and old.

With its strong message "You might choose to take a risk on the roads, but you cannot choose the consequences", members of the SA Metropolitan Fire Service deliver a free session on the importance of being safe on our roads.

The RAP Naracoorte event is a first for the district as for the past three years similar sessions have been held in Mount Gambier. When Marcus Johnstone, a member of Padthaway Apex Club became aware that the MFS were scheduled to deliver the program to driver's licensed aged high school students in the Upper SE his Apex club contacted the Adelaide-based MFS team to host a RAP evening for local residents.

Marcus said: "There are a heck of a lot of people in country regions who just don't get the opportunity to benefit from the long standing RAP sessions that are delivered throughout South Australia.

Marcus believes the annual program MFS takes to senior secondary students is one measure that has brought about a significant reduction in the number of fatalities in the 16-19 year old age group in SA, and is one that can be applied to older road users. His statement appears to be backed up by current crash data statistics released by SAPOL that shows that there has been an 83 per cent reduction in the number of young South Australian males aged 15-19 who have been killed in fatal crashes this year (October 24) when compared to the same period last year.

Rod "Rocket" Campbell and Chas Thomas from SAMFS who are station officers are long time champions of RAP. During their firefighting careers they have removed countless victims from vehicles involved in crashes.

Rocket is quick to fire up when he talks about RAP, saying: "It's about changing the culture, having people recognise whether they are really responsible drivers or whether they just think they are!

"We pull no punches; we do not gloss over, we can't do that and our graphic and often moving presentation is a reality check. What we have seen are people of all ages leaving uplifted and empowered to make positive changes in their driving behaviour when on our roads.

As regional community road safety officer Rob Forgan recalls from previous sessions he has attended in the SE: "Their message is highly impressive and highly relevant to everyone in our community, but I often left sessions disappointed that there were so few attending to hear it.



## Apex Camps & Apex Clubs working together for "Kids to the Coast"

Great news! We have all the kids ready for the Kids to the Coast Camp 2016. All the children are coming from western Qld - Charleville, Roma, Chinchilla, Dalby, Toowoomba. We have been able to find kids that have been selected as a reward for good performance at school, kids that have never had a holiday at the beach, children that weren't able to afford their own school camp. We've had a number of clubs come on board to help out and sponsor the camp - Fraser Coast, Brisbane City, Southport, Hoppers Crossing to name a few - Thank you. Now that we are getting things in place, it has come out that we are still around \$5000 short for sponsorship. If any club could donate or if there are individuals that have any connections that would be interested in helping sponsor a child to get to camp - it would be greatly appreciated. Spread the word! For more information email - Kids2coast@apexcamps.com.au



**LEADERS IN  
SCHOOL CAMPS**

**1300 1 CAMPS (22677)  
www.apexcamps.com.au**



# APEX ROCK POP MIME SHOW

## Mt Isa Apex Rock Pop Mime

Mount Isa Apex hosted one of the biggest community events in Qld's North West, the 2016 Rock Pop Mime Show.

Organiser John Davis of Apex said over 150 students from Mount Isa and surrounding areas including Cloncurry, Winton, Richmond and the School of the Air would come together to rock, pop and mime the night away, showcasing their remarkable talent and making their schools proud.

"The Rock Pop Mime Show was started by Mount Isa Apex Club in 1990 and we still to this day own it," Mr Davis said.

"School groups all compete on stage – They're miming, dancing, they've got backdrops and costumes, they've got music playing and they dance along to the music."

"We would like to take this opportunity to thank Chris Pocock and Carley from Hot FM for their fantastic MC abilities on the night at Rock Pop Mime Show on Friday. We would also like to thank the sponsors for all their support. Importantly we would like to once again recognise the massive support that Mount Irish Club provide year after year, for the last 27 years, by donating the use of the Mount Irish Club Tony White Oval for us to put on the show.

We would also like to thank the judges for donating their time and abilities.

The most massive thanks goes to all the Apexians and their friends and families for their time, effort and commitment to putting on the Rock Pop Mime Show.

You the crowd provide the atmosphere, and support for the students and teachers that give up so much of their time to give you all the ROCK POP MIME SHOW!",

John Davis

The winners were:

Lower Primary:

Best Backdrop & Props = St Joseph's Cloncurry - The Teddy Bears Picnic

Best Choreography = St Joseph's Cloncurry - The Teddy Bears Picnic

Best Costume = St Joseph's Cloncurry - The Teddy Bears Picnic

Overall = St Joseph's Cloncurry - The Teddy Bears Picnic

Upper Primary:

Best Backdrop & Props = Mt Isa School of the Air - Too Big, Too Bad

Best Choreography = St Joseph's Cloncurry - The Evolution of Dance

Best Costume = St Kieran's Mount Isa - Sports Extravaganza

Overall = Happy Valley State School - Mystery Shopper

Lower Secondary:

Best Backdrop & Props = Good Shepherd Catholic College - Jungle Book

Best Choreography = Good Shepherd Catholic College - Jungle Book

Best Costume = Winton State School - Pirates of the Caribbean

Overall = Good Shepherd Catholic College - Jungle Book

Upper Secondary:

Best Backdrop & Props = Good Shepherd Catholic College - Footloose

Best Choreography = Good Shepherd Catholic College - Footloose

Best Costume = Good Shepherd Catholic College - Footloose

Overall = Good Shepherd Catholic College - Footloose

Daphne Tulloch Overall Best Music = Good Shepherd Catholic College - Footloose

## Volunteer Grants

The Australian Government is inviting you to apply for Volunteer Grants 2016 funding.

These grants aim to support the efforts of Australia's volunteers. They provide small amounts of money that organisations and community groups can use to help their volunteers. They are part of the Government's work to support the volunteers who help disadvantaged Australian communities and encourage inclusion of vulnerable people in community life.

The funding will help volunteers to do their important work, and the grants of between \$1,000 and \$5,000 each will allow organisations to buy much needed equipment, such as computers, or

help with training volunteers, fuel costs or undertaking background security checks.

**Applications close at 2:00pm AEDT Tuesday, 20 December 2016.**

Many Apex Clubs are successful with this particular grant. It's a great opportunity to get a helping hand for your work in your community.

If you want a hand putting together your application, contact national office, [admin@apex.org.au](mailto:admin@apex.org.au) and they will be able to provide you with examples of successful applications.

APPLY TODAY AT:

**<https://www.dss.gov.au/grants/grants/fund>**

# Apex has a new Social Media Policy

1. Intro - This Policy is a part of our policies and processes, which aim to ensure that our organisation benefits from the use of social media as a two-way communication tool with current members, prospective members and other stakeholders.

However, without clear guidelines there is also the risk of misleading other participants, and harm being caused to the association's reputation. The aim of this policy is to communicate and provide guidance for Apex Australia's members and others representing Apex in social media activities.

## 2. Policy Statement

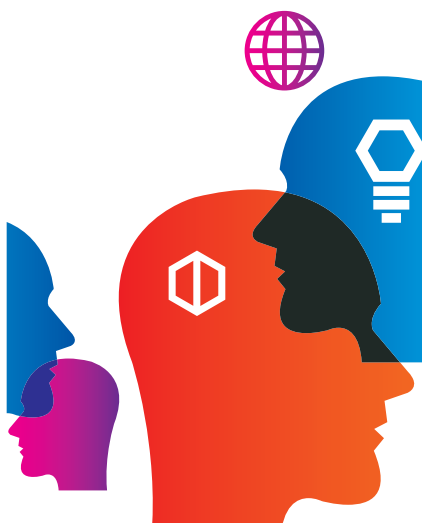
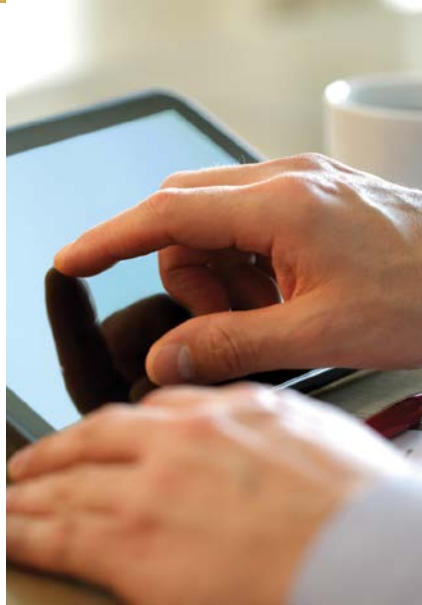
As a condition of being permitted membership of the Apex Facebook public group, past, present and prospective members of Apex Clubs agree:

2.1 That the Apex Facebook public group is intended to be a primarily positive communication tool to members and the wider community.

2.2 That it is not a forum for extensive debate or discussion, particularly with respect to contentious issues.

2.3 To not use false or fake online identities to participate in an online discussion about Apex.

2.4 To be always transparent about the Association or role held within



Apex and if that person is promoting or representing a particular club or apex interest group.

2.5 That any posts deemed inappropriate will be deleted by those authorised to do so, this includes responding with a private social media account to any comments posted and this may occur without notice and any administrator/s decision is final and no reason need be given.

2.6 To not make reference to any person, business, or entity without first gaining their express prior approval. This includes tagging people in pictures.

2.7 That postings that may be considered discriminatory or harassing, spam or junk type postings, profanity or pornography are prohibited.

2.8 That If any Apex member becomes aware of any negative comment made about Apex, its brand or activities on any social media, that person will inform an administrator about the issue as soon as possible.

2.9 That any person who does not adhere to this policy may be removed from the Facebook group/page and/or have their conduct referred to the ethics committee.

## 3 Further Information

For further information about the Policy please contact:

Association of Apex Clubs of Australia  
Legal and Compliance Director  
Ph: 07 4631 2424  
Email: [counsel@apex.org.au](mailto:counsel@apex.org.au)



# AGM Pics



Below: The local team from left, Tim Chandler, Chris Liston, Andrew Ettles, Simon Grant, Tim Sutherland and Ben Curnow.

## Local Apexians shine at national conference

Beaufort Apex Club won the National Apex Trapshoot Challenge at the Apex national annual meeting held at Cave Hill Creek last week.

With an average score of 12.8, Tim Chandler, Andrew Ettles, Simon Grant, Chris Liston, Tim Sutherland and Ben Curnow won the Gold medals as active Apexians.

Bragging rights to the Beaufort high gun went to Tim Sutherland after a shoot off with Chris Liston who both shot 16/20.

The Beaufort old boys team had the high score of the challenge with Ross Machar top scoring with 18/20 and noosing an average of 14.8.

were Dominic O'Donnell from Hoppers Crossing and Rochelle Liston from Ballarat.

The Beaufort Mens Shed members provided a barbecue and salad lunch.

That evening, at the National AGM Gala Dinner at Cave Hill Creek, Alexandra Thorpe was the latest member to be inducted into the Beaufort club, bringing the membership to 11.

Alexandra is the fourth new member this year and was inducted by Mathew O'Donnell, the newly appointed National President of the Association of Apex Clubs Australia.

Mathew is a Member, Croquet Club.

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Clockwise from top left. Service Day at the local Apex Hall & Croquet Club; Getting wet in the sports events: NP Mathew O'Donnell; PNP Jim McNall, Alex Ovans and Allen Hingston; Local press; The ladies Shooting Final; Another Gunshoot Team. Click on the photos to view linked videos online.



Fraser Coast Apexian Emma-Kate Currie -

"During our meeting the other night, we were talking about the Gympie Muster because a few of our members, including myself, are going down to help out the Bundaberg Club run a bar and help spread the word about Apex.

I remarked to Jim McNall that the Muster may just present one of our best opportunities to reach potential members from right across the country in one hit given that people travel from EVERYWHERE to attend the Muster. As most of you will likely already know, the Muster was an Apex initiative to begin with and the Gympie Club is still heavily involved in the organisation and running of this event along with contributions from many other clubs in QLD. However, there isn't a whole lot of obvious recognition of the role Apex plays any more. SO!

I would like to propose that for Muster 2017, as many clubs as possible from all over Australia converge on the Muster, donned in Apex Shirts, badges and as many Dunk's as we have and pound the dirt for 4 days spreading the word about Apex and our individual clubs. With a big public presence we'd get people talking, media and social media coverage and hopefully people travelling back into their communities with Apex in mind.

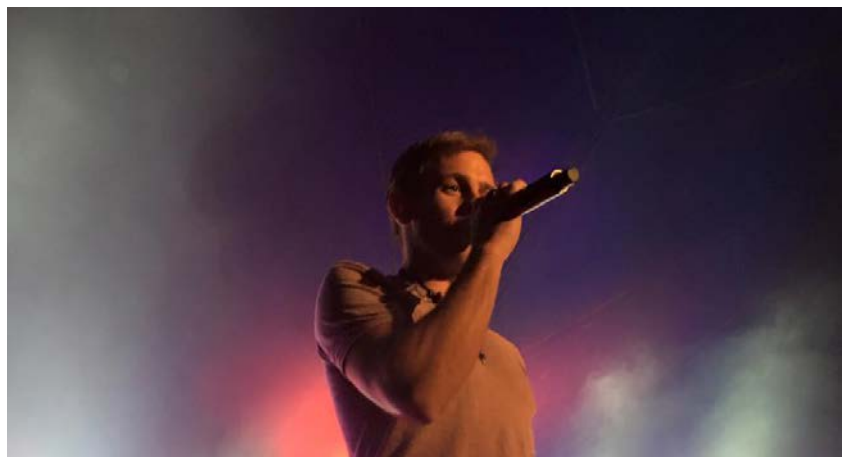
Let's treat it like the biggest fellowship bonanza we've had in years!

Come on Apex, there's a point to it!!!!

# Apex Gympie Muster



Qld Regional Communicator Chantal Devereux-Larkin -  
"Just got home from a weekend of volunteering at the Gympie Music Muster with a bunch of members and friends of the Apex Club of Caboolture. It's a yearly pilgrimage for our club and it is a great opportunity to catch up with members from other clubs as well as getting to enjoy some great music and raise some \$ for our club. Well done to the Apex Club of Gympie for another great event!!!



## The Eric Hooper Service Award - Apex South Wagga "Meals on Wheels Easter Wish"

From page 2...

deserved Wagga community members. Lawns were mowed, trees lopped and pruned, roses pruned, rubbish removed, walls painted, doors re-hung, doors replaced, kitchens repaired, light bulbs replaced, cars washed and houses cleaned. You name it, it was done! Just as importantly, our club members were able to spend time with people who are often alone and lonely at a special time of year. Many a coffee or even a beer were shared and stories told. The initiative was such a success that Meals on wheels have locked us in again next year!

The project enabled the South Wagga Club to make contact with and directly support a group of vulnerable and often isolated members of the Wagga community. Not only did it allow us

to grant their "wish" it also allowed us to make new friendships and build relationships with members of the community that may be doing it a little tough. We helped them with some of their jobs that needed doing, and they shared their stories, gratitude and a cuppa with our members. The South Wagga Apex club now has a service model/project that can be easily replicated each year not only in Wagga but by all interested and like-minded Apex clubs around Australia. Just as importantly this project conforms to the notion of altruistic service by offering a service that is not dependent on funding or raising funds and directly supports members of the community. By way of some background, the club's Service Director Andrew Roberts founded this project because his grandfather had founded the Meals on Wheels programme in Wagga many years before. This was away to continue not only the family legacy associated with Meals on Wheels but also for one for South Wagga Apex Club.

For more information contact South Wagga via the office, [admin@apex.org.au](mailto:admin@apex.org.au)

### **SUBSCRIBE TO NEWS**

at [Apex.org.au](http://Apex.org.au)

### **WEB**

[apex.org.au](http://apex.org.au)

### **MEMBERSHIP**

1800 00 APEX

### **ADMIN EMAIL**

[admin@apex.org.au](mailto:admin@apex.org.au)

### **ADMIN QUERIES**

07 3245 3730

### **FACEBOOK GROUP**

[Facebook.com/  
groups/5286391317](https://www.facebook.com/groups/5286391317)

### **FACEBOOK PAGE**

[facebook.com/  
ApexAustraliaClubs/](https://www.facebook.com/ApexAustraliaClubs/)

### **MAIL**

171 Nojoor Road, TWIN  
WATERS QLD 4564

### **SUBMIT STORIES**

[newsletter@apex.org.au](mailto:newsletter@apex.org.au)

*If your club has some news to share please send details to [newsletter@apex.org.au](mailto:newsletter@apex.org.au). Don't forget to share this newsletter with everyone in your Club.*

## **The Apexian, December 2016 Issue 26**

