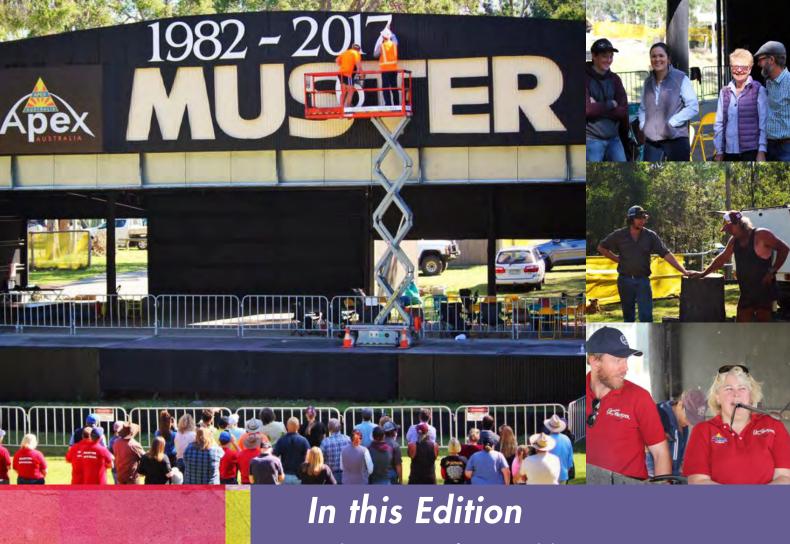


ISSUE 28 Winter 2017

News and Views from the clubs of Apex Australia



Our Apex Volunteers are putting the finishing touches on the Apex Gympie Music Muster. It's the 36th annual Festival put on by Gympie's local Apex Club. Lots of fantastic work building, gardening and tidying has been done by volunteers and board members. Buy your tickets here: www.muster.com.au/tickets/



Marketing Grants for your Club Gawler Service Work International Reports Convention Invites President Moses Camel Cup, Finley RiceStrippers and more



Has your club applied for the Apex Australia Marketing Fund?

Many clubs regularly receive grants from governments and councils for small assets (If you haven't, keep an eye on this website: https://www.dss.gov.au/grants/open-for-application)

However, Apex recognised that there wasn't much of an opportunity for clubs to receive help to market themselves and attract new members.

Quite a while ago Apex Australia had put aside some money in the "Australian Extension Subsidy Fund". Use of this fund had fallen by the wayside, so last year we updated it to the "Apex Australia Marketing Fund".

Your club can now apply for a grant of up to \$1,500 - assuming you meet the not very onerous criteria set out on the application form.

Download the application form here:

http://www.apex.org.au/userfiles/file/Form%20-%20Marketing%20 Fund%20Application%202017v2.pdf

Not all applications will be successful, there is a limited amount available. Get your application by September 22 this year and they will be considered at the AGM board meeting in October.

Have a look at one of last year's recipients, Apex Geraldton, who put together a handy YouTube video. This video is also able to be customised for your club, contact Leon at communications@apex.org.au

Customisable YouTube Video for Your Club



https://youtu.be/fvRaB7ipwY8



Gawler Apex Club recently completed a big weekend working bee to assist the Gwynne family at Sandy Creek.

We received a letter of request from the Senior Social worker who assists the Gwynne family.

Their youngest daughter Jasmine is a young girl, whom experiences complex and multiple health needs. Miss Gwynne is also supported by the Women's and Children's Hospital and regional palliative care teams. Miss Gwynne (Jasmine) requires a wheelchair as her primary means of mobility. Miss Gwynne and her family sought support in the provision and installation of a pathway to the Alpacas kept on the family property, they really wanted an area within the paddock to have an area where Miss Gwynne's wheelchair can be moved around and turned. Being able to participate in these activities as a family was a enormous benefit for all, but also the sensory stimulation of being out in her surroundings and being able to interact with the animals.

all labour and tools, the Gwynne family (Bernard) helped out with his own skid steer (very handy), and Sharon looked after us very well with food & drinks on a rather hot day to doing manual labour!

This meant that Miss Gwynne the ability to interact with her family, pets and home environment enriching her life and social and emotional wellbeing. Work well done!

We all enjoyed a cold beer under their pergola when the pathway and turn-a-round was completed.

Regards,

Rob Chamberlain Gawler Apex (Club 87) - Below is our final result.





From the President's Quill

The Apex Changeover season is in full swing at the moment and I have been fortunate to have been able to attend 4 of these dinners so far that celebrate the year that was.

The more things change, the more they stay the same, with all these clubs putting so much back into their local communities though not only cash donations but getting back to our core ideal of being a Service club. Looking over the Clubs reports, I can see how many Apex hours are given to the service projects, be it for running a Santa Fair or Building play grounds for a community project.

The National Board this year has a great skill set and combine some old faces and some new from across Australia. Neal Molineaux Wagga Wagga has reprised his role as Secretary, Michael Godfrey from Wongan Hills, as Treasurer completes the executive.

Mark O'Donnell from Southport, is entering the last year of his term, David Sloss, Goondiwindi and Leon Budden, Gawler are new faces on board-both were Regional Communicators last year and have risen to the challenge and accepted positions on the board.

Sadly one of our 2nd year directors Glenn Hodge from Milton Ulladulla has had to resign from his position due to Family circumstances, we thank Glenn for his service and wish him well in his endeavours. The position of Regional Communicator Coordinator has been filled by Mathew O'Donnell, Hoppers Crossing.

Mat brings effective communication experience to this portfolio, and will continue to improve the flow of information between the clubs and members, and the Board and National office.

The 2017/2018 Regional Communicators are off and running after receiving training in June. They represent your regions and are listed on the right.

This Year's National Convention, hosted by the Fraser Coast Club and to be held at Apex Camp Mudjimba on the Sunshine Coast is only 70 days away, and promises to have something for everyone, including great location, Kids Club, Non delegate's tour, Executive training and fellowship. Registrations are open and attractively priced.

We are calling for Agenda items to be submitted and I would like all clubs to consider sending a delegate to participate during the AGM. This is your chance to have a say in the proceedings of our great Association.

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With many clubs presenting awards at their Changeover functions, I would like all clubs to seriously consider nominating for the prestigious National awards, New Apexian, Young Apexian, Dinner Notice, National club of the year, Service & Citizenship Award, International Relations. These are a fantastic way to recognise the great work achieved by members during the year and to be recognised amongst your peers on the National Stage. We all know the fantastic work that we accomplish on our projects and this deserves recognition at a National level, not only for the work you have done, but by working together we can inspire each other to achieve greater things. That hidden gem of an idea of partnering with the local Scout troop, may be something that other clubs can emulate in their own area.

Applications are also open for the Marketing grant, there is up to \$1,500 of funds from National Board to assist in promoting your club in your area, ultimately to raise Apex's profile and help you attract new members. Application forms and guidelines have been sent to the clubs and are available on our website.

The Census and Health check forms have been sent out to all clubs via both post and E-mail, these are needed by the office to make sure that you are not being over charged on club fees and to give your RC and the National Board a detailed picture on how our clubs are travelling and how we can assist you if needed.

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14 Kevin Van	Helfteren
Karratha	WA
Email your	
rc(number)@ap EGI - contact Karina v	ex.org.av

The Apex E-map is up on our Website. Take a look, this is our online club directory with contact details for all the clubs in Australia and we are working with our international counterparts to have these clubs listed as well. The Website is a great resource of information available to everyone, if you haven't had a look recently go to www.Apex.org.au and check it out.

The Gympie Music Muster, run by the Gympie Apex Club is coming up in a month, and has been going for over 35 years, it's a massive event with working bees happening for a couple months before the event and raising much needed funds for organisations all around the region, from Sporting groups to Schools and other service clubs. This has also served as a great Apex get together for South East Qld for many years. If you have never been to the Muster, put it on your bucket list!

Till next time,

Moses.

Club News

Central Australia

Last month the Apex Club of Central Australia put on their world famous Camel Cup. There was a crowd of thousands at Blatherskite Park. Attracting a mixture of locals and tourists, Apex Central Australia Club President, Kyle Pearson said "It was a really fun day – it always is – and we're really happy with how everything went".

The big winner on the day was Chris Hill and Uluru Camel Tours who took out five of the seven races, his jockey Rachel Woodham winning four of them.

"Everyone worked really hard today, and we're happy to take the trophies back to Uluru tomorrow," Chris said.

In between camel races the crowd was kept entertained by rickshaw races, men's and women's fashions on the field, and the gruelling "rickshaw ironman challenge" which saw participants run the dusty camel course in bare feet towing a couple of friends.

"I love the Camel Cup, it's nuts!" local resident Veronica Bond said. "We make great event here because we're out in









the middle of nowhere, so we've got to make our own fun."

President Kyle:

Firstly we would like to thank all of the Cameleers who gave up their time and stepped away from their businesses to make this happen - Camels Australia, Dennis Orr & Uluru Camel Tours. Also big congratulations to Nugget & Rachel who took out both the Camel Cup & the Chief Ministers Cup!

To our sponsors: XXXX GOLD, Festivals NT, Northern Territory Government, Lasseters, Yeperenye Shopping Centre, Imparja Television, Gillen Club, Sun 969, 8HA, Talice Security Service Pty Ltd, Elders Real Estate Alice Springs, Gap View Hotel, Chubb Fire Services, Flavell Plumbing NT Pty Ltd & Waste Water, Central Comms, TJM Alice Springs, Westpac, Blatherskite Park, Marion Burton from Elders Real Estate, Mallee Livestock Services, Airtrip Films, IWannaTicket, Kennards Hire Alice Springs, Ross Engineering - Air Conditioning and Refrigeration, Bluest Contracting NT, Alice Springs Corrections, Photosbynikki and Alice Springs Turf Club.

We also thank the stall holders for coming down and helping make the day such a success. To our special gusts and MC's - I can't



tag you all but thanks to all of you including Scotty Mclaren, Shane Mervyn Green, Damien Ryan, Mary Meldrum, Jacinta Nampijinpa Price, our judges - the list goes on!

K K Akarana and your crew, David Hore & Tracey Hore, Alice Springs Lions and the 3 Rotary International Clubs of Alice Springs - We thank you for your efforts in volunteering!

Dingo Cubs - Aaron Blacker and all your crew - well done on the Duck Cup!

Beck Egan, Scott Healey who were the organising committee along with myself - thanks for your efforts this year they were amazing.

The Apex Club of Central Australia - Neil, Sarah, Ben, Peter, Clare, Amanda, Nick, Rhys, Kirstie, Sean and all of our associates - Thanks for all of your hard work & dedication that went into making the event such a success.

Thanks again & we will see you on July 14th 2018!!!



More Club News Busselton

Beards and Braids was a service event co-ordinated by Busselton Apex member Donnetta Blackford off the back of similar events being held successfully in Perth, WA. The idea appealed to her as it provided an opportunity for bonding between fathers and their daughters, plus allowed fathers to network with other fathers and local Apex members alike. The event was straight forward to arrange with the venue donated by Stilts Bar and Restaurant, gift bags donated by Price Attack and

expertise donated by local hair stylist Jacinta Byrne. It was an enjoyable event that was well attended by fourteen father/daughter couples and ran for just over one hour. The fathers were taken through several basic aspects of haircare and styling, with each taking away a set of skills they could practice over the coming weeks.

The feedback on the day and on social media was overwhelmingly positive and already there has been the request for further events to be held down the track. This is an event Apex Busselton will continue to support and encourages other clubs to consider running similar vents

in their local areas.

Bunbury Koombana

An event which encourages residents to sleep outside and experience what it is like to be homeless aims to raise awareness of people who are struggling with homelessness in the city every day.

Apex Club of Bunbury Koombana and action group Homelessness South West have joined forces to hold the inaugural Apex Bunbury Sleep Out to give people a taste of what it is like to be homeless.

The sleep out will be held at the Graham Bricknell Memorial Music Shell on August 12 and one of the organisers, Emily McKelvie, said many people in the Bunbury community could not grasp the seriousness of homelessness in the city because they were so far removed from that way of life.

Mrs McKelvie said by calling on those people to take part in the event she hoped they would become aware of what was happening and look at ways to help ease the problem.

"I would say the majority of Bunbury would not know that we have so many people doing it tough," she said.

Mrs McKelvie said the sleep out was open to any member of the public over 18 and those who took part would be expected to sleep on site for one night to get



an idea of what it was like to sleep outside.

To register for the Apex Bunbury Sleep Out, which Mrs McKelvie hoped would become an annual event, visit

https://www.eventbrite.com.au/o/apex-bunbury-koom-bana-14543354813au/o/apex-bunbury-koombana-14543354813

Ballarat

Current and former Ballarat Apex members have resolved to rebuild the Lake Wendouree Adventure Playground damaged by fire last month.

The playground has stood for 21 years after Apex volunteers worked for five days to build it in 1996.

It was the brainchild of Rob

Karmouche, who first proposed the idea to build a park in 1994.

Former Apex member Peter Broadhead said he was not surprised to see vandals light the playground on fire, but he was still bitterly disappointed.

"It was a massive local, community project pushed by the enthusiasm spread by Rob," he said.

"But it is very disappointing, whatever the motivation, it is an asset for the Ballarat community they have vandalised.

"Most people would have experienced it as a parent or child in their lifetime, if they live in Ballarat."

Ballarat Apex president Matthew Stevens said the club was determined to help work with council to lead a rebuild of the site.

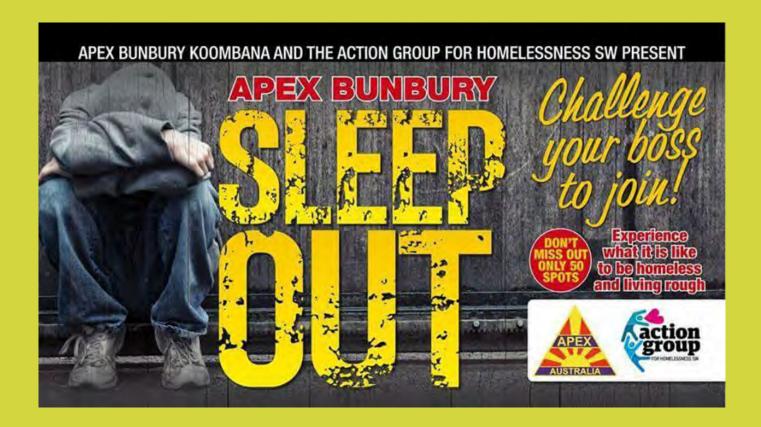
"Ballarat always shows itself to stand up and it is about saying, 'how can we say stick it up the vandal?'," he said.

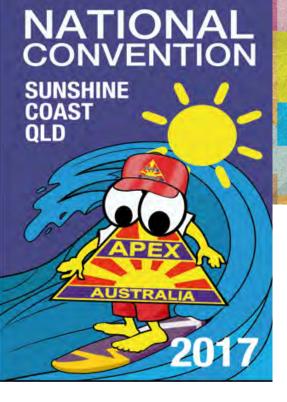
"We would like to pull in for another community effort to regenerate it sooner rather than later.

"We want to restore it back to the way it was."

Mr Stevens said the Ballarat community always rallied together, and he was sure it would once again.

"This has turned into an icon, it was not just built by Apex, there were donations, local businesses and community members involved," he said.





2017 Australian National Convention Registrations Open

On behalf of the Apex Club of Fraser Coast, Apex Camps and the National

Board, we welcome you to join in the "sun, sea & surf" experience of the 2017 Apex Australia National Convention to be held October 5th – 8th, 2017 at our flagship Apex camp, Apex Camps Mudjimba on the beautiful Sunshine Coast.

The Sunshine Coast - come stay a while!

Accommodation: Apex Camps Mudjimba is located at Twin Waters on one of the best beaches in Queensland. Our 220 bed facility is the jewel in the crown of our camps and can provide air conditioned bunk bed sleeping arrangements, fully catered venue and a large hall which can seat up to 500 comfortably.

We also have our own activities on site and off to keep the kids well entertained for their stay on the coast ranging from the inflatable water park OR stay on site and challenge your skills on the 12 metre high climbing tower, test your skills and fitness on the Mud Pit Challenge Course or something for the littlies with team games and challenges. The beach is just 3km down the road if you would like to partake or kick back in our onsite pool.

We can also recommend *5 star accommodation* at Novotel Twin Waters Resort

http://www.novoteltwinwatersresort.com.au/ or

The Sebel Twin Waters Resort

http://www.thesebel.com/locations/the-sebel-twin-waters-sunshine-coast,

both situated on the beach at Twin Waters and a short drive to Apex Camps Mudjimba. Ask us for package deal for your choice above.

Catering: Apex Camps has a large commercial kitchen and provides full service catering. No BYO alcohol

permitted – licensed bar will operating each day as permitted.

Friday Night Welcome BBQ: Come dressed in your best beachy outfits (togs, towel, hat, zinc & pluggers) and game on with our Sun, Sea & Surf Beach Party with live music, beach volleyball and games to suit the night.

Gala Dinner: The Gala Dinner will be a "Formal /Black Tie" function held at Apex Camps Mudjimba. Come and congratulate the outgoing Board members and welcome in the new whilst enjoying a smorgasbord seafood and meats banquet with 5 star silver service from our wait staff.

Getting There: The Sunshine Coast Airport is located at Twin Waters and is a short 5 minute car/bus ride from Apex Camps Mudjimba. Direct flights can be booked from Melbourne and Sydney. Other destinations can fly into Brisbane Airport and is just over an hour to the Camp by road. Buses operate to the Sunshine Coast every hour and will drop you to our door.

Non Delegates & Delegates Tour: Dependent on numbers, we have organised a day trip to beautiful Mapleton Village in the Maleny Hinterland. Spend a day in the magnificent villages, taste some of the locally made wines, milk and chocolates, lunch at the German Beer House and walk the many bush trails through the ranges. Cost is \$20 per person (limited seats and pay on the day) food excluded.

Delegates of the convention will not miss out either. We are organizing a fishing afternoon on Saturday once the official business for the day is completed.

Kidz Club We will also be holding on site Activities for the kids and adults to try out at various times on Saturday along with an outdoor cinema sized screen movie night for the kids. Some activities may incur an additional cost outside of the convention packages. Kids Klub activities are free to full convention registration families (\$200pp).













5 days of "Continuing the Fellowship"

Bookings open May 1st 2017



Rort cost per person is just \$595.00

Book before November 25th 2017 to get the discounted prices. Discounted price is \$545.00 per person

A great price for five full days of comradery and just "Continuing the Fellowship"



Rort Booking:

Bookings open May 1st 2017

Go to the Apex 40 web site for bookings: http://apex40.com/

When paying for the Apex40 component of the Rort;

BSB: **034053** Account: **308856**

Reference: Please use the last four (4) digits of your telephone number.

Contact details:

 Mark Carter
 (Leeton)
 02 6955 7041
 0428 318 736

 Bob Ireland
 (Melbourne Nor-westers)
 03 9434 2919
 0438 135 185

 Col Ramsay
 (Wynnum Manly)
 0419 253 030

Email: launcestonrort@apex40.com each of the above persons will get a copy of this email.

More Club News Crookwell

A history of the Crookwell Apex Club is being compiled with photographs and documents, but more memorabilia is sought by former club officials.

Former club president (1997)
Tom Horton seeks memorabilia such as minute books, photographs of Apexians in action – at Tuena Gold Rush, Crookwell Country weekend, wood drives or other schemes – and name badges.

These items will be scanned or photographed and returned promptly.

Information on the Perpetual Shield, which was awarded to Crookwell business houses for the best Christmas window display, or other Apex shields prior to the 1980s, would also be appreciated.

The whereabouts of their Apex Charter is also sought.

Photographs of past presidents of Warwick Marshallsea and Charles Brackenridge would also be welcome. All but two photos of the 24 charter members from 1955 have been collected, with the exception of John Thomas Norman (Rural Bank) and Eric Milton Webster (son of Milty Webster).

Apex annual reports from 1956-1957 and 1967-1968 are also missing.

If you have any items of interest, or know someone that might, please contact Mr

Horton at SMR Accountants, 54 Goulburn St, Crookwell, phone 4832 1100.

Esperance

Congratulations to Apex Esperance.

At a meeting held on June 6th, the Apex Club of Esperance held a historic meeting when five new members were inducted in to the Club membership. Two other inductees unfortunately were absent due to other commitments and will be inducted on July 4th.

This membership increase of seven has more than doubled the Club's membership which now stands at 13 with another couple of people also interested in joining.

Barry Wroth a Life Member of the Club for nearly 30 years, along with fellow Life Members Brett Thorp and Steve Smith together with Senior Active Member Derek Clarke got together and decided something needed to be done to help Apex in Esperance. They addressed a group of invitees on the local history and philosophies of Apex.

Every new person in attendance that night became immediately involved in Apex - resulting in this large increase of membership.

With so much new blood, the Life Members and Senior Active will attend meetings to ensure



that Apex protocols, traditions and meeting structure are passed on to the new members.

Esperance's big induction night is pictured below.

Anybody interested in joining the group can call President Lauren McWilliam on 0448 035 449

Murwillumbah

THE APEX Club of Murwillumbah has announced the inaugural Apex Tweed Valley Queen Quest which is open for applicants now with a final crowning and sash event on Friday, September 8, at the Condong Bowling Club.

Club president Jorja McLeod said the club had wanted to introduce the Queen Quest as a way of continuing to connect residents with their local community.

The event is hoped to become another staple across the Tweed Shire calendar and continue to instill a sense of local pride and motivation in young ladies to excel in life.

"The Apex Tweed Valley Queen Quest's mission statement is to motivate, encourage, nurture and develop an understanding and love for our local community," she said.

"That's why we felt this event was needed in the Tweed Valley and we're hopeful that local businesses and individuals can get behind it through sponsorship and support."

The Queen Quest will include a range of outings that contestants will attend

throughout the month of August and crowning will be two weeks into September 2017.

As a Queen and Teen Queen entrant in the Apex Tweed Valley Queen Quest ladies become an ambassador for the Tweed Valley.

Each candidate is required to sell raffle tickets to raise funds for through car wash days and raffle ticket sales with funds raise going to Tweed Palliative Support and Wedgetail Retreat.

Club members and entrants are pictured on the previous page.

To find out more about the Apex Queen Quest Apex Club of Murwillumbah email: tatvqq@hotmail.com – or PO Box 297, (2484).



International Apex News

Would you like to go on an overseas trip with a difference? Apex is teaming up with Cows for Cambodia to hold our own overseas service event, hosted by Channel 9's Andrew 'Cosi' Costello. The 7-day trip will include visiting some of the key sites of Cambodia and then having the opportunity to do hands-on service work in a Cambodian village: helping out with the cows, planting/harvesting grasses for feed, participating in a building project, delivering rice to families in need and spending time with the locals. This trip is open to any Apexian, past or present, along with any friends or family members who may be interested in attending.

For more information on this trip of a lifetime, contact Bethany Paterson, Apex Club of Kadina, on 0428399169 or via email shrinkwrappsych@outlook.com Places are limited, get in early so you don't miss out!

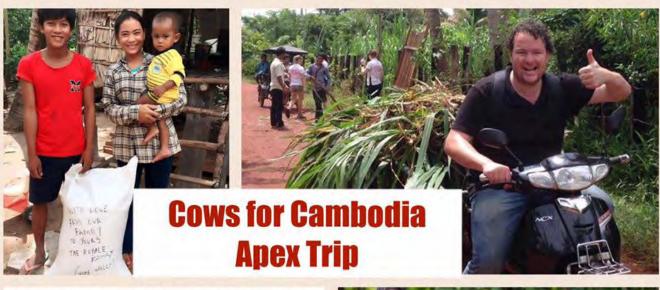
The Apex Overseas Students Bursary

RC Allen Hingston has been fortunate to source donated primary school books. Our new Student Bursary in Lombok has identified the ability to use these books and help local students improve their English.

With the generous support of Australia Post we will be distributing these books in Lombok. If there are any clubs in Bangladesh or India who may have a use for similar books in their local schools, contact Apex Australia on admin@apex.org.au and we'd love to link your club with an interested Australian club and help your students learn.

Don't forget donations to the Student Bursary are always welcome.

http://www.apex.org.au/userfiles/file/Apex%20 Overseas%20Bursay%20Scheme%20Web%20[1].pdf



Nothing quite like having a 12 cent beer on the steps of a house you helped build for a beautiful Cambodian family. The trip of a lifetime was had with this absolute legendary bunch! Thank you to everyone who made this trip so memorable. My outlook on life has completely changed and I am so blessed and grateful for the life I live







Bunbury Koombana

In May the Bunbury club gathered to say a seychas do svidaniya to Mark, Stacey and Izzy as they departed to Russia. Stacey has dreamed of undergoing hematopoietic stem cell transplantation treatment (HSCT) since watching Kristy Cruise on 60 minutes in 2014. Stacey immediately started fundraising and in 2015 the Apex Club of Bunbury Koombana joined Stacey in her quest to raise funds to undergo treatment.

The potentially life-changing treatment will include a week of testing, withdrawing millions of stemcells, chemotherapy and putting stemcells back into her body.



Stacey said her daughter was the reason for her wanting to try the four-week treatment.

"She's changed everything," she said.

"The possibility of being in a wheelchair is not that fantastic with a four-year-old."

Stacey's illness had progressed over the past 15 years. She is legally blind in one eye, is constantly tired, suffers from dizziness, is often off-balance, her right leg doesn't work properly, she needs to watch her temperature and has no feeling in her feet.

She said she had nothing to lose from receiving the treatment. In the worst case scenario she would go back on medication and her illness would progress as normal, but if the treatment went well, some of her symptoms would reverse

and the condition would not progress.

The total cost of the treatment is \$73,000 with \$35,000 being raised by members of the Apex Club of Bunbury Koombana. Mrs Hearn re-financed her home to pay for the remainder.

Apexian Kristy Morris said the club had held a wide range of fundraising events and activities over two years.

Fellow Apexian Bec Locke, who had been friends with Mrs Hearn since they were teenagers, said being able to support a woman who would go above and beyond to help others was imperative.

"Stace, Mark and Isabelle, they would do anything for anyone regardless of who you are," Mrs Locke said.





Family isn't always blood. It's the people in your life who want you in theirs; the ones who accept you for who you are The ones who would do anything to see you smile & who LOVE YOU no matter what.

Apex Finley RiceStrippers Charity Ball

Cars and utes brandishing number plates from most states of Australia rolled into Finley in May for the annual Finley Apex Rice Strippers Ball.

Held at the Finley Showgrounds the B&S ball attracted about 1200 people.

"We were happy with the turnout because 1200 people is a good, solid crowd."

The ball is a community run event which is held for the benefit of the district.

'In addition to Apex, there were 10 service clubs and groups involved in putting on the event.

"I must say thank you to all the hard-working

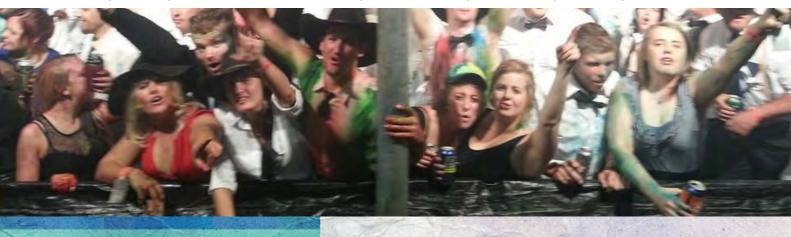
volunteers who kept the show running. Without them, the ball wouldn't be as successful as it is."

From the past five events, the group has been able to donate well over \$350,000 to community projects.

Another \$300,000 has been expended at local businesses to put on the event in that time, with the club saying additional economic benefit for the community is achieved through patron spending.

The club contributed to the establishment of the Albury Wodonga Carers Accommodation Centre and made other various donations to locals suffering from illness, schools, sporting groups and individuals.

Finley Apex is also now the major sponsor of the Finley Wildcats girls' footy team.



SUBSCRIBE TO NEWS

at Apex.org.au

WEB

apex.org.au

MEMBERSHIP 1800 00 APEX

ADMIN EMAIL admin@apex.org.au

ADMIN QUERIES 07 3245 3730

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Facebook.com/ groups/5286391317

FACEBOOK PAGE

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MAIL

171 Nojoor Road, TWIN WATERS QLD 4564

SUBMIT STORIES

newsletter@apex.org.au

If your club has some news to share please send details to newsletter@apex.org.au. Don't forget to share this newsletter with everyone in your Club.

The Apexian, August 2017 Issue 28

