



ISSUE 29 Spring 2017

# APEXian

News and Views from the clubs of Apex Australia



## ***Congratulations to the winners of our 2017 Apex Australia Awards.***

Apex Australia Best Club - Bunbury Koobana (*pictured below left*)

The Ewen Laird Apexian of the Year - Tyson Campbell, Roma (*above left*)

Sir John Buchan Memorial Young Apexian of The Year - Ben Graefe, Kadina

RC of the Year - Allen Hingston

Harry Hodges Best First Year Apexian - Lachlan Monk, Chinchilla

Eric Hooper Service Award - South Wagga Meals on Wheels

John Stokes Boomerang Award - Region 3

Kava Bowl - Blacktown, Klang Special School (*pictured below right*)

Newman O'Dea Association E-News - Hoppers Crossing

Lorraine Jansen Best Website or Social Media Page - Bunbury Koombana

Donald Mackay Citizenship Award - South Wagga, Biggest Ever Blokes Lunch



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More Club News

The New Fourth Ideal Travellers Fund

An update from the Apex Foundation Melanoma Trust



# News from National Office

## National Office Restructure

Apex is pleased to announce our National Office Restructure is well underway. A part of that restructure was the relocation of the National Office and storage. That is now complete! With that exciting news, please note the new contact details:

**Apex Australia National Office**  
**PO Box 166**  
**Darling Heights**  
**Queensland Australia 4350**  
**Tel: 0746 975 303**

The 1800 number, *email* ([admin@apex.org.au](mailto:admin@apex.org.au)), and *website* ([www.apex.org.au](http://www.apex.org.au)) addresses *are all unchanged*.

Diversions are in place for telephone and postal services, but if you could please update your records to the new telephone number and address, we would be grateful!

The National Board will be periodically advising clubs when various stages of our structure have been completed. This includes improvements to the census process, a refresh of the website, having more services available online through the website, reassessing our Awards, our Rules, updating our procedures and much, much more. This is all a part of the commitment of Moses' Board to a ground-up reassessment of what clubs need, what services can be delivered and improved, all whilst lowering fees.

We are certainly excited to be a part of this challenging process and if you have any feedback on our restructure, then please send your comments or suggestions to [admin@apex.org.au](mailto:admin@apex.org.au). On that note, during the restructure, we may need your patience as some of our services are re-assessed or taken offline for change or improvement. We will endeavour to meet the service expectations of clubs and members during this time as best as we possibly can.

The National Board is also pleased to advise that Apexian, Liam Scott has been appointed as Company Secretary to the Apex companies. Liam is currently on the National Board as our legal and compliance manager. He will oversee the National Office, financial management, as well as legal and corporate compliance.

With that change, we say farewell to Danny Davidson, the CEO of Apex Camps. Danny has done a fantastic job as our past Apex National Office manager. Thank you Danny, we will miss you! Danny would have been known to many Apexians as would have his efficient staff at Apex Camps office at Mudjimba. We wish Danny and the Apex Camps Board the very best and look forward to retaining our close working relationship.

So, the current National Board are currently taking a very hands-on approach to what the Association can do to best serve the needs of the members. This is a challenging and exciting time and we look forward to making more announcements about our restructure!





## 2017 Club of the Year - Bunbury Koombana

Last financial year the Bunbury/Koombana Apex Club set out to achieve a myriad of goals within the club:

- To further build membership of the club,
- To look towards growing the club to a level where they can make long lasting meaningful change for the city of Bunbury and surrounding areas
- To build better relationships with other Apex and service clubs in the South West Region
- To help someone in real need and to have fun and make friends while doing it all

They are very proud to say they have achieved all this, and more.

Just some of the highlights of Bunbury-Koombana's year include:



Club members at the park cleanup

- Growing Club membership from 9 to 17, with 5 prospectives;
- 1,229 service hours
- 22 meetings and 33 events
- Hosted a State Catchup
- Held their 1,500th

meeting

- Partnered with Choose Respect for their Annual Australia Day rally
- Increased community awareness of their club
- Donated \$35,000 in grants
- As well as many smaller, but equally vital projects, such as assisting a local young family who received news that the Mother had been diagnosed with cancer while they were in the process of moving house. With only a couple of days' notice, the club

had a team of members assembled and assisted them to move all the remaining items from the old home, and performed a vacate clean so that there was one less thing for them to worry about in such an emotional and turbulent time.

- Hosted an information booth at the local University Open Day.

Bunbury-Koombana's nomination extends to 21 pages. It is an exceptional example of a group of committed individuals building a better community. Have a look at the resources section of our website, [apex.org.au](http://apex.org.au) for full details of their achievements.



Greg Loud - Vice President/ Service Director and Choose Respect Champion



Apex Club of Bunbury - 1500th Dinner Meeting Plaque



## National Awards

**Kava Bowl** - presented to the Club or Region which has made the greatest contribution to Overseas Service in the last Apex year.

Winner of 2017's Kava Bowl is Blacktown from NSW for their support of the Klang Special School in Malaysia.

This service program began back in 2011 when Blacktown Apex home hosted 2 Malaysian teachers from the school for one month in Australia to learn about disability support services here. The aim was that they would then go back to their school and implement aspects of what they had learnt in their own school and day program. Their time in Australia included spending time with a number of special schools, day programs and accommodation services finishing with attendance at the Asia Pacific Autism Conference in Perth.

Blacktown Apex only hosted the teachers but also the 4 week training program and attendance at the conference. We visited the school again in 2016 and discovered that the only teacher that had implemented any of the ideas and programs was the young teacher that we had sponsored. It was at that point we realized what needed to be done was that we needed to go to the school with a team of teachers and trainers to provide face to face training with the entire teaching team.

The planning started with how we were going to get the funds to send the Australian teachers and trainers. The club held a trivia night and raised just under \$6,000.00 to help fund the flights and resources that were needed.

The club spoke to the Apex club of Klang and they sorted out the accommodation for our stay while in Klang along with the transport to and from the school. The training program was for 5 full days with teachers from both the Kuala Lumpur Special School and the Klang Special School teachers.

Planning time for this project was well over 200 man hours with fundraising hours was approx 365 hours. The team also visited and spent quality time with the residents at the local old persons home and spent the evening at a boys home interacting with the boys playing games and mentoring them.





***Eric Hooper Service Award*** - the Apex Club of South Wagga for their Meals on Wheels Christmas Dinner.

The club offered the not for profit organisation Meals on Wheels Wagga ("MOW") the opportunity to offer its customers a free Christmas dinner. The SW Apex Club collected all MOW customers from their homes, hosted them at the Wagga Rules Club, paid for a three course Christmas dinner including drinks, and then returned them home afterwards.

#### PROJECT ACHIEVEMENTS:

Forty customers of the Wagga Meals on Wheels community organisation were the worthy recipients of a little Christmas spirit.

The project enabled the South Wagga Club to make contact with and directly support a group of vulnerable and often isolated members of the Wagga community.

The South Wagga Apex club now has a service model/project that can be easily replicated each year not only in Wagga but by all interested and like-minded Apex clubs around Australia. Just as importantly this project conforms to the notion of altruistic service by offering a service that is not dependent on funding or raising funds and directly supports members of the community.

***Donald Mackay Citizenship Award*** also went to the Apex Club of South Wagga for their Biggest Ever Blokes Lunch.

The Biggest Ever Blokes Lunch (BEBL) is a fundraising activity originally initiated to improve both awareness and fundraising for men's health, and in particular, Prostate Cancer. In Australia, more men currently die from Prostate Cancer than women die from breast cancer - yet general awareness and fundraising for Prostate Cancer is dramatically behind pace.

In 4 years the lunch has raised over \$125,000 and led to a marked increase in prostate checks with local GPs.

This event has now been adopted as a national project, so look out for more information on hosting your own Biggest Ever Blokes Lunch.

Awards are continued on page 9.





# Club News

## Karratha

"We do what we do in this club to be a part of something and in the hope of bettering our community and we do so without the desire for accolades, but boy it warms the heart to get feedback like this!!"

Thanks for sharing the good news.

## Geraldton

Apex Club of Geraldton received a grant from their local Council to acquire a lawnmower, a whipper-snipper and other tools. They have now partnered with mental health support provider Helping Minds Geraldton, which identifies families for Apex to help.

Club president Andrea O'Loughlin (she's the one who's just about cut out of the photo - the joys of being an Apex President) said their members recently volunteered to support a local struggling family and the work fitted in nicely with what members love to do.

"This type of job is exactly what we like. We put in a big effort together and the job gets done quickly. So, after a couple of hours of work and the many hands makes light work principle, we were able to make a family's day-to-day outside living a bit more manageable."

*Club members from left, Tom Cox, Jacob Neal, Paul Brown, Jack Brown, Ian Fisher, Emma Jackson and Andrea O'Loughlin*

## Generous Donation from APEX

Millars Well Primary would like to thank APEX for generously replacing our old home readers with 550 brand new levelled books. We are extremely grateful for their support.



Dear Apex Members,

Thank you for giving new books to Millars Well School. They are very special all the other books are old so I am very excited to take them home to read them. Thank you.

From Gemma, TA9 Year 1

Dear Apex Members,

We would like to thank you for your books you have given us. Our old books are very dirty, rusty, well used, ugly. Your books are amazing and awesome. So awesome that I get to read one every night at homes then take it back to school. Thank you.

From Kanan, TA9 Year 1

Dear APEX members,

Thank you for the 550 books so, so, so much!!!! When I grow up I want to work for APEX. Also, I hope there is a book about white wolves.

From Reeve Baker, TA 10 Year 1

Dear APEX members,

Thank you for the lovely books because they are not ripped they are brand new. I like that I can read more. I like them a lot.

From Taya Cox, TA10 Year 2

Dear APEX members,

It was very kind of you to give us some more books. I will be really excited to read some new books because some of the old books have been ruined and have been scribbled on. So thank you so much for giving us some nice new books.

From Georgia Eversden, TA 11 Year 2



Dear APEX members,

Thank you for all those new books. I hated the filthy looking books with mundane pictures. I hope those new books are much better. I was getting so bored, I wasn't even wanting to read the books that were old. Thank you so much for all those books.

Sincerely Bryce Hinchcliffe, TA 11 Year 2

Hi Apex Members,

Thank you for giving Millars Well all of those books. Millars Well are so happy about the books that you gave us. I love new books because I love the smell of new books and how they are clean and sparkly. The old ones are boring, ripped and smelly. I love the new ones and I feel all happy and sweet like cotton candy, I can't stop thinking about them.

Thanks so much.

From Milla, TA12 Year 2

Dear APEX members,

Thank you so much for those new books. Millars Well are all going to love those books that you got us. I love all the books that you got us because they are very shiny and have very nice pictures. Our books are very old and some have rips and need sticky taping. It is lots of work to sticky tape books! So thanks for those books APEX,

From Skye Laing, TA 12 Year 3







## Mt Isa

Mount Isa Apex Club have thanked all schools for competing in this year's Rock Pop Mime.

A huge crowd of around 7000 people attended Mount Isa Irish Club Tony White Oval on Friday to enjoy a record 17 acts from schools across the region including Cloncurry, Richmond, Winton and the School of the Air.

It was one of the biggest line-ups in the event's 28 year history. "Wow, what talent you all have," the club said on its Facebook page after the event. "We know all the hard work that went into your acts and without you we have no show so to the Apex members you are all winners.

"To the schools that travelled we thank you for your additional dedication and look forward to seeing all of you again next year." Mount Isa Apex Club have thanked all schools for competing in this year's Rock Pop Mime.

## Bunbury Koombana

The Apex Club of Bunbury Koombana provided free refreshments to encourage drivers to stop and take a break to prevent the onset of fatigue during the Queen's Birthday long weekend. Apex Bunbury Koombana Club commissariat Nathan Locke said the Driver Reviver program aimed to address driver fatigue and contribute to the prevention of fatigue-related death and injury.

"Too often people drive long distances after working all day or leaving after a full day's activities," he said.

"With fatigue setting in after approximately two hours of driving, that's when people should take a break. As you set off on your journey, remember to swap drivers where possible, stop for a break or coffee at least every two hours or stop to have a short sleep."

*Left - Apex Bunbury Koombana Club Nathan Locke, members Stacey and Isabelle Hearn, 5, and president Mark Hearn*



# From the President

I would like to thank everyone who attended the Apex National convention last month at Apex Camp Mudjimba.

Fraser Coast Apex along with Apex Camps put on a fantastic weekend of training sessions for members, the AGM and the Gala Dinner where I was formally (or not so formally) inducted by Lifer Bossie Hartwig. It is certainly a moment that will I will never forget. Outgoing president Mathew O'Donnell sadly couldn't be there to complete his year as National President, due to a serious injury (all future venues will have to be single story or have an elevator). However, he was represented by his son Patrick. The changeover evening was the culmination of Mat's year at the helm of this great association and it was to be his night. It was a great honour

to present the National awards on Mathews behalf.

A special mention goes to the Apexian of the year Tyson Campbell from Apex Roma, well deserved mate (see page 4). And although I say that all the guests present on the night, I am proud to call Apex friends, a special mention goes to the Chinchilla Apexians who were there from our founding and life member Arthur "Squizzly" Squires, life members and current members who have helped me on my journey as an Apexian from my first involvement as a prospexian through to my installation as the National President. Some would call them friends but I feel that term doesn't do them or our relationship justice as they really are my Apex family and without their support and encouragement I wouldn't be where I am today.

I Thank and congratulate Mat and his outgoing board and welcome my incoming board for our year ahead. Neal Molineaux, Michael Godfrey, David Sloss, Leon Budden, Mark O'Donnell, Mathew O'Donnell, as well as advisors Richard Colwell and Mark Ballin and Company Secretary Liam Scott.

Thank you to Bec Kuhn for your assistance and support over the weekend and keeping me on the straight & narrow, on time and prepared. I am not one who enjoys the limelight or being the centre of attention and coupled with President Mat's sudden unplanned absence, to say I was nervous and stressed would have been an understatement. Hence there was not one Facebook post from me all weekend.

I wish Mat a speedy recovery, and we shall continue to move this great association forward.

Thank you all for your support in the year ahead.





## National Awards *continued*

The **Lorraine Jansen Best Website or Social Media Page Award** was won by Bunbury Koombana. Bunbury Koombana set out a complete communication strategy, covering public and private Facebook pages, messenger, public website and a members only Club Admin online dashboard.

**Regional Communicator of the Year** - Allen Hingston, WA Region 13.

**Harry Hodges Best First Year Apexian Award** - Lachlan Monk, Apex Chinchilla.

Lachlan joined the Chinchilla Apex Club on 3rd August 2016 because, in his words, he wanted to become more involved in the community. He expressed a desire to be more "hands on", especially toward the elderly or infirm members of the community.

He also took the initiative to form a relationship with the local scout leaders. During their conversations he asked if their club needed manpower to improve the scout den. They didn't need the manpower, they needed funds to buy amenities (toilet and shower) for the den as well as paint for the outside of the scout den.

He brought the proposal back to a club meeting and the result was a \$7,000 donation to the Chinchilla Scouts.

He jumped into his Apex life with enthusiasm and eagerness and willingly accepted the role as Social Director in his first year. In his second year he is one of two Community Service Directors in our club.

**Sir John Buchan Memorial Young Apexian of The Year Award** - Ben Graefe, Apex Kadina.

Ben moved to Kadina in 2016, past president Jared King saw his potential and invited him along to Apex. Immediately after joining Ben joined the Christmas of Kadina committee, a committee spearheaded by Kadina Apex. Ben demonstrated his creativity and willingness to contribute by offering to perform at the event as "Chips the Elf". He dressed up as an elf, played the guitar and sang for a crowd of several hundred people.

Ben is also one of the senior executives of the Pichi Richi Railway, an historic steam-based tourist railway, which has been run by volunteers since 1974. The train travels from Port Augusta to Quern in the Flinders Ranges, over 2 hours from our Kadina Club. Ben demonstrated his ability to think outside the box by







creating a partnership between the Pichi Richi Railway and our Kadina Apex Club. Ben has demonstrated his excellent communication and organisation skills by liaising between the two volunteer organisations, motivating support for the partnership and taking responsibility for the logistics.

Since joining Apex Ben has not missed a meeting. Moreover, Ben has also been exemplary in his service to our club. Ben has carried out 86 hours of service for the Kadina Apex Club since he joined the club in September 2016. He has done more service hours than any other club member and was the winner of our "Ken Rudd Service Award" this year.

Ben's contribution to Apex and the wider community has been exceptional and Ben is a very deserved winner of the Sir John Buchan Young Apexian of the Year.

***Ewen Laird Apexian of The Year Award*** - Tyson Campbell of Apex Roma.

Tyson made it his mission bring enthusiasm and fun back to his club, and he's certainly achieved that. Just some of what Tyson has achieved in just 12 months is:

- Sponsoring and mentoring 2 new members
- Getting all the local service clubs together at the Fish & Chips in the park.
- Busily keeping the club Facebook page up to date and interesting
- Selling advertising on the Apex Fence Park - raising valuable money for their club
- Setting up at the Relay for Life
- Driving the purchase of a second Jumping Castle

Tyson is a proud Apexian who has put his heart and soul into the Roma club, the members and every project that they take on. He has been at the fore front of service work and socials and has been on every inter club travel trip that Roma has donned a Trippin' hat for. His service hours and dinner meeting attendance are exemplary and we could all do better if we took a leaf out of this man's book.

He has over the last several years, taken the dying Roma Apex club from a meagre club of 2 to a dozen members with 11 members sponsored by Tyson.

*Tyson Campbell, in his alter ego, back home in Roma.*





# Apex 40s Rort



City of  
**LAUNCESTON**

## **2018 Apex 40 RORT**



5 days of

**“Continuing the Fellowship”**

**Bookings open May 1<sup>st</sup> 2017**

**Rort cost per person is just \$595.00**



**Book before November 25<sup>th</sup> 2017 to get the discounted prices.  
Discounted price is \$545.00 per person**

**A great price for five full days of comradery and just “Continuing the Fellowship”**



**Rort Booking:**

# **Bookings open May 1<sup>st</sup> 2017**

Go to the Apex 40 web site for bookings:

<http://apex40.com/>

**When paying for the Apex40 component of the Rort;**

BSB: 034053

Account: 308856

Reference: Please use the last four (4) digits of your telephone number.

**Contact details:**

Mark Carter (Leeton)

02 6955 7041

0428 318 736

Bob Ireland (Melbourne Nor-westers)

03 9434 2919

0438 135 185

Col Ramsay (Wynnum Manly)

0419 253 030

Email: [launcestonrort@apex40.com](mailto:launcestonrort@apex40.com)

each of the above persons will get a copy of this email.



## From the Vault

Originally in 1930, the Young Men's Club of Geelong (later to be re-named as Apex), adopted as its' Constitution the philosophy "The ideal of service as a basis of all worthy enterprises", and enunciated its' purposes as:

- To participate in genuine good fellowship
- To create interest in other men's work
- To encourage and foster high ethical standards in business and profession
- To encourage and foster the active interest of every member in the civic, commercial, social and moral welfare of his community
- The exchange of ideas and business methods as a means of increasing the efficiency and usefulness of members.

Then when Apex was first formed, the "AIMS AND OBJECTS OF THE ASSOCIATION OF APEX CLUBS" were 3, not 4. They were:

- To develop by precept and example more intelligent, aggressive and serviceable citizenship
- To provide a practical means of forming enduring friendships, and of rendering altruistic service, and of building better communities
- To foster International Fellowship by establishing contacts with youth in other lands

After that they were amended in 1933, then 1956 and the current version was adopted in 1960 version.

Pictured at right is a rather elongated version of the Ideals, taken from a Jarrah plaque presented to delegates at the 1961 Zone 4 Convention.



*Thanks to Sally Grundy, a daughter of one of our Life Governors, for sharing this promotional poster from Mount Gambier in 1976*





# Kingaroy

Former members of the Kingaroy Apex Club gathered earlier this month to mark the 40th anniversary of the opening of the Kingaroy Senior Citizens Centre – a project they initiated and saw through to completion.

The project was set in motion through the drive of club member John “Pickles” Harvey, assisted by a committee of Apexians. A group of community and business leaders, and representatives of the wider community were elected to form the inaugural Kingaroy and District Senior Citizens’ Welfare Committee.

The 37 Apex members at the time worked to raise one-sixth of the project costs by running cabarets, raffles, an art union for a colour TV, a white elephant auction and a very successful air pageant at Kingaroy Airport.

By late December 1975, 500 man hours of stone-pitching work had been done by the Apexians, often starting at 5:00am on weekdays and weekends as well as working under floodlights some nights in an effort to complete the stone-pitching before seasonal heavy storms filled the lake.

The ongoing curiosity of passers-by who inquired about the “big hole in the ground” was replaced by great enthusiasm and approval once the purpose was finally revealed.

Fundraising continued, not only for the centre construction, but for furniture, fittings, and landscaping which were not part of the government funding.

In April 1977, an ambitious project by Apex to run an Air Pageant on the Anzac Day weekend was an overwhelming success with 3200 attending and \$11,000 raised for the Centre. In September 1977, the secretary of the Kingaroy and District Senior Citizens Management Committee, Apex Life Member Trevor Dickson, confirmed the Governor of Queensland Sir James Ramsay would open the centre on November 5.

By this time, Apex members had spent 3600 man-hours of work on site and another 5000 on fundraising activities to finance the project.

On Saturday, November 5, the Kingaroy and District Senior Citizens Centre was officially opened by Queensland Governor Sir James Ramsay. Thanks to former Apexian Darryl Dove





## International Apex News

Would you like to go on an overseas trip with a difference? Apex is teaming up with Cows for Cambodia to hold our own overseas service event, hosted by Channel 9's Andrew 'Cosi' Costello. The 7-day trip will include visiting some of the key sites of Cambodia and then having the opportunity to do hands-on service work in a Cambodian village: helping out with the cows, planting/harvesting grasses for feed, participating in a building project, delivering rice to families in need and spending time with the locals. This trip is open to any Apexian, past or present, along with any friends or family members who may be interested in attending.

For more information on this trip of a lifetime, contact Bethany Paterson, Apex Club of Kadina, on 0428399169 or via email [shrinkwrappsych@outlook.com](mailto:shrinkwrappsych@outlook.com) Places are limited, get in early so you don't miss out!

## The Fourth Ideal Travellers Fund

The National Board has recently created "The Fourth Ideal Travellers Fund". The Fourth Ideal is, of course, to 'promote international understanding and friendship.'

A limited budget will be made available to assist current Apexians to travel to an overseas Apex convention with the goal to learn and promote the Fourth Ideal.

Preference will be given to members under the age of 35, and to those undertaking their first Apex trip to another country. Applications will be sought soon, keep an eye on our Facebook page.



### Cows for Cambodia Apex Trip

Nothing quite like having a 12 cent beer on the steps of a house you helped build for a beautiful Cambodian family. The trip of a lifetime was had with this absolute legendary bunch! Thank you to everyone who made this trip so memorable. My outlook on life has completely changed and I am so blessed and grateful for the life I live ❤️





Apex would like to acknowledge the recent passing of both Gilbert 'Tig' Fenton and Len Bosman.

Tig, beloved husband of Mavis, loving father of Toni, Kerri, Gai, Jennifer and John passed away after a short illness on 30 August 2017. 'Tig' was our National President in 1965 and appointed as the 24th Life Governor of Apex in 1966. Renowned in yachting circles, Tig will be sadly missed. Further details of Tig's life will follow in the next Apexian.

Len was another Life Governor, the 22nd bestowed with that illustrious honour. Len passed away on 6 February this year, the day after his 93rd birthday.

Len was the beloved son of Harold and Ethel (nee Wiggins) and siblings Ron, Hilda, Stan, Lillian and Mavis (all deceased); much loved father of Tony, Rod and Lyndel and father-in-law of Marilyn, Sue and Kimball; dearly loved grandfather of Michael, Anna, Tom and Joel; loved uncle to David (dec), Marilyn, Ian, Paul (dec), Deborah, Leigh, Richard, Harley (dec), Jill (dec), Diane, Mervyn, Geoffrey and Glenys, fond brother-in-law, and great-uncle of their families.

Len was a man of great achievement and devotion to community service throughout his admirable life. He was an inspirational patriarch in the lives of his extended family and respected by his many friends.

After being a member of the CMF, he served in the AIF in Australia at Headquarters Eastern Command during the Second World War.

Throughout his life Len participated and contributed in full measure to the life of the Australian community in many areas, and from an early age.

Service to others was a mainstay of Len's long life, and that service was delivered over six decades. As a young man he was Captain of the South Sydney Amateur Athletics Club from 1945 to 1947, and NSW 440 yard hurdle State Champion in 1947.

Len was recognised by a number of organisations for his distinguished service to them over many years, including his award of Life Governorship of the Apex Clubs of Australia. In 1961 and 1962 during his time as an Apex member he was the Convenor of World Projects for the World Council of Young Men's Service Clubs and in that capacity organised in 36 countries funds for the establishment of a Chair of Race Relations at Harare, Zimbabwe and for the expansion, throughout the world, of the role of the London based Save the Children Fund.

Len was a Member of the House of Representatives of the Parliament of Australia representing the electors of the NSW electorate of St. George from 1963 to 1969, and was a Deputy Speaker of the House of Representatives from 1965 to 1969.

Both Len and Tig exemplified what it means to be an Apexian. You will both be sorely missed.



**Life Governor  
Len Bosman**

### **John 'Stinger' Ray**

Life Member of Hoppers Crossing John 'Stinger' Ray died unexpectedly in September 2017. The thoughts of all Apexians are with Wendy and Stinger's family



## The Apex Foundation Melanoma Trust

Our Apex Foundation has been funding melanoma research since 1987 and continues to do so through its Charitable Trust.

In this time, there has been enormous improvements to detection and cure and recent breakthroughs are both significant and exciting. Our aim is to assist in the research, treatment and funding of this deadly skin cancer which is so prevalent in Australia.

Apex's involvement in the melanoma cause began when circa \$ 700,000 was raised in 1987/1989 under an Apex National Service Scheme promoted by Moree NSW Apex Club by retired Apexians, Danny Bourke and Stephen Bennett.

The Apex club of Moree members worked tirelessly on this scheme and it was granted an additional year as the "National Service Scheme."

The Melanoma Trust was added to the Apex Foundation with Stephen Bennett as the director

In 2008 the Sydney Melanoma Unit evolved into an independent institute with the creation of the Melanoma Institute Australia (MIA) made possible by an enormous donation by businessman, Mr Greg Poache.

Sydney based, the Melanoma Institute and Unit

is the world leader in research into this most serious form of cancer with information being sought and patients referred from all around the globe.

Melanoma is the third most common form of cancer in both men and women and with the highest incidence in the world, melanoma is known as Australia's national cancer.

The Apex Foundation is a major sponsor of the Melanoma Institute of Australia (MIA) with annual grants of various amounts in response to requests to support research or equipment.

In 2017, the Apex Foundation funded \$15,000 to support a PhD scholarship for Mr Hansol Lee. His area of expertise is immunology.

The MIA are very grateful for the support from the Apex Foundation's benefaction over many years.

There remains an enormous amount of work to be done in research and education to hopefully stem this killer in society.

This year's focus is to investigate the mechanisms of action and resistance of systematic therapies in metastatic melanoma.

For further information, please contact the Apex Foundation on 02 9253 7775 or [apexfoundation.org.au](http://apexfoundation.org.au)

Lindsay Carthew – Apex Foundation Director

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### **SUBMIT STORIES**

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*If your club has some news to share please send details to [newsletter@apex.org.au](mailto:newsletter@apex.org.au). Don't forget to share this newsletter with everyone in your Club.*

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