



ISSUE 33 Winter 2018

# APEXian

News and Views from the clubs of Apex Australia

## ***Apex Clubs Working with our Apex Foundation to benefit our communities***



Apex Busselton have worked in partnership with the Apex Foundation and a young boy's social worker to benefit a local family in need. Parents of Ziggy, Ryan and Ruby Howell plan to purchase a new Kia Carnival with the funds raised.

Their five-year-old son is one in 18 people around the world living with Vici syndrome – a severe, neurodevelopment, progressive disorder caused by a mutation in the inherited EPG5 gene. The disorder would affect Ziggy's motor development, vision and hearing.

His upper airway secretions would require frequent suctioning, he would suffer from seizures and be dependant on a feeding tube.

There is no cure but the couple said their son's condition would be treatable. Through the Apex Foundation WA Civilian Widow's Trust a donation of \$20,000 has been secured. "The car would assist us with taking Ziggy to school and picking him up everyday, doctors appointment which can occur up to three times a week and when he's in and out of hospital," Mrs Howell said.



## **WHAT IS THE APEX FOUNDATION?**

*"Heart of a community, Hope of a Nation"*

Apex Foundation improves the quality of life of Australians who have special needs. The main beneficiaries are children – Australia's future.

The Apex Foundation achieves this by managing various Trusts established as a result of successful nation wide fundraising schemes by Apex Clubs.

The Foundation is also responsible for the distribution of annual grants to the beneficiaries of the various Trusts within Apex Foundation, as well as ensuring that the grants are used in accordance with the various trust deeds.

One of the principal ideals which the Apex Foundation has adhered to over its history, is the principle that the success of any project depends upon community support at all levels. They have, therefore, not relied upon government funding for the success or continuation of any projects.

## **WHAT DOES THIS MEAN FOR APEX CLUBS?**

A number of trusts can make distributions to worthy causes that your club wishes to support. Chief among these is the Apex Necessitous Circumstances Trust - see next page.

Clubs in NSW, Qld and WA can also apply for help through the Civilian Widows Trusts. Examples of successful partnerships between the Foundation and Apex Clubs in all 3 states can be found in this Apexian.

## **APEX ROMA**

Matthew Russell climbed up onto a make shift stove top (as the family were renovating their kitchen), and pulled over a saucepan, with boiling water pouring onto Matthew resulting in third degree burns to 18 percent of his body.

Matthew's Mother, Cindy, cooled Matthew down by showering him in cold water for well over half an hour until paramedics arrived.

*Young Mathew Russell with his parents, Cindy and Tim*





This act (stated by medical staff) saved his life.

Matthew needed an air conditioner in every room he will be living in whilst recovering in his family home in Yuleba. The Russell family are battling financially but are proud people, never asking for help.

The Roma Apex Club received letters from the Yuleba Community stating the financial strain this accident has caused the Russell Family. This financial strain will continue to burden the family as Matthew grows and needs constant appointments with medical staff in Brisbane.

The Roma Apex Club wrote to the Apex Foundation to ask for assistance in the costs of the air conditioner and replacement floor coverings. The Apex Foundation, through its



*Pedro Kalimnakis*

## **THE APEX NECESSITOUS CIRCUMSTANCES TRUST**

The Necessitous Circumstances Trust (NCT) was established in 2011. The funds available for distribution were derived from donations, annual membership subscriptions plus net income from Foundation fundraising projects in local and regional communities throughout Australia.

The Apex Foundation has made many grants totalling \$350,000 from its General Trust and Apex Necessitous Circumstances Trust over the years.

The purpose of the NCT fund is to carry on the role of making grants to people in need. It is a public fund for the relief of persons in Australia in necessitous circumstances.

This fund can make grants to individuals or groups who meet the grant guidelines and the

Queensland Civilian Widows Trust approved a grant of \$3,890 to help floor coverings for the family of Mathew Russell hoping that this grant will help him recover well from the burns.

## **NSW CIVILIAN WIDOWS**

Pedro Kalimnakis, a beautiful little boy is two and a half years old. Like all children of his age, he is extremely cheeky, loves to giggle and play and is the light of his parents' lives. Pedro suffers from Norrie disease, which is an extremely rare and debilitating genetic disease affecting only 200 people worldwide. Norrie disease has some devastating physical and psychological impacts. He is congenitally blind with no vision or light perception.

He has been diagnosed with developmental delays due to autism and possibly intellectual disability. He will also lose his hearing in the coming years to a level of severe to profound hearing loss. Given he will lose his hearing, it's especially important to help build his language before the hearing loss starts.

Based on advice from his specialists, Pedro needed to undertake 12 hours a week of Applied Behaviour Analysis (ABA) therapy which costs \$7,200 per term.

After being approached by his mother, Radmilla Kalimnakis, Apex Foundation, through its NSW Civilian Widows Trust made a grant of \$ 7,200 to cover one term of ABA therapy and contribute to improving Pedro's quality of life.

Foundation Board encourages Apex Clubs to utilise these funds to assist individuals or groups in their local community.

***Apex Necessitous Circumstances Trust grants guidelines for Apex Clubs are listed below.***

1. Grants from the Necessitous Circumstances Trust to people in difficult financial circumstances to assist in meeting expenses associated with disabilities etc.
2. The assistance can be to fund the medical treatment involved or the associated expenses for the family. e.g. travel and accommodation etc.
3. That the grant application needs to show that it will assist an individual or

### ***THE APEX NCT -***

- ***For Australian Individuals or groups***
- ***In a difficult financial place***
- ***Or in need of help due to physical, intellectual or mental disabilities***
- ***Your Club can facilitate an application on behalf of the person or group in need***



group who need financial relief.

4. Grant funds are not available for overseas projects.
5. The term "disadvantaged" can apply to a person or group who is disadvantaged by financial, physical, intellectual and mental disabilities.
6. An application form needs to be completed.
7. The maximum grant will be up to \$3000

from the Foundation.

8. If Apex Clubs are applying for a grant it is expected that the club will match the grant \$ for \$ or provide labour/in kind contribution to the same value or greater.
  9. Each application will be assessed by the Director responsible for the Trust and presented to the Board for assessment and approval.
- Contact Sapna at the Apex Foundation for an application form - [eo@apexfoundation.org.au](mailto:eo@apexfoundation.org.au)

## FROM THE PRESIDENT'S QUILL

*I would like to convey my personal thanks to each and every one of you for allowing me the opportunity to lead Apex over the last 12 months. With your support and assistance we have kept the Apex association on track, helping to encourage many clubs and members to push forward with new ideas and enthusiasm.*

*The Apex Australia organisation continues to make progress. This year alone we have approved several Life Memberships, with two more applications just in. This gives me renewed confidence that the current members are proud of our heritage and are still looking to recognise valuable members with one of our highest accolades. "Looking Forward, Looking Back" we have a target in the distance, but are ever mindful of where we have come from, and what solid foundations our predecessors have laid down for us.*



*Some of my highlights from the last 12 months were the March National Board Meeting at the Smiggins Hole Chalet in March on Apex Australia's 87th Birthday. Only three people on my National Board had the previous opportunity to visit the Children's Magic Castle. We now have another seven loud vocal advocates after experiencing first-hand the grandeur and "Vibe" that the Chalet conjures up even without the snow. It is easy to see why Jamie Vincent is so passionate about this particular trust of the Apex Foundation.*

*In my capacity as National President it was an honour to serve on the Apex Foundation Board and to learn more about how this talented group of people manage both our financial reserves and the various trusts and physical assets in our care. Their diligence allows us to continue doing what we do across Australia. It is my belief that the more we in Apex learn about the history of the various trusts, and how they can assist clubs, groups and individuals, the more these funds on offer will be utilised. The sharing of information between Apex, The Foundation and Apex 40's, can only be of benefit to all parties concerned with cross promotion and engagement of our activities. Even if it is only in our newsletters, it allows us all to be vocal advocates of the great work Apex has achieved in the past, what we are currently achieving, and will continue to do into the future.*

*I had the privilege of attending the 2017 National Finals of the Apex Australia Teenage Fashion Awards (AATFA) in Mandurah Western Australia. This event has been going for over 25 years and I was left in awe at the professionalism of the participants, and the quality of the garments on show.*





*I give full credit to the organising committee and all involved for hosting one of the few remaining National Apex events.*

*This year's National Service Project, the Biggest Ever Blokes Lunch is still generating interest with more clubs coming on board to host, or planning to host a lunch. The first Lunch I attended was hosted by the South Wagga Apex Club and they raised \$30,000 for Prostate Cancer. With Apex, anything is possible! Clubs are also raising money for the cause in other ways, such as Blacktown Apex Club's collectable model cars. The whole of Region 2 is behind the BEBL at this year's Gympie Muster. John Williamson stars as the main attraction at what should be a great lunch and a cracker of a weekend in the Amamoor State Forest.*

*Last month I was privileged to attend the Philippine National Convention hosted by the Los Banos Club. I had the opportunity to meet with Global Chair and Secretary, Edward Mai & TT Singam, Immediate Past National President (IPNP) of Malaysia David Pan, and IPNP of India, Eshwar Elango. The Philippine Apexian's have had a strong year under the guidance of National President Rommel Caranto. There has been a resurgence with the rechartering of three clubs and more on the cards in the very near future.*

*The 8-10th of June saw a very successful regional catch up and executive training weekend in Region 3 held at the Apex Camp Greenup. The training was facilitated by some well versed members of the Toowoomba Apex Club and by all accounts it was well received and greatly appreciated. Members from Brisbane Valley and Inverell also took the opportunity get involved in last year's National Service Project to replace the Apex Park sign in Texas. This small project has given the Inverell club a fresh head of steam and enthusiasm, with them ordering a further 10 signs from Supply House to install in dormant Apex towns in Northern NSW.*



***Incoming National President Neal Molineax and outgoing NP Moses exchange the President's gavel***

*Attending the catch up were two proud past members from the Apex Club of Millmerran, and I gave them a sign I had in my possession for installation in their town park. Leon Schaumberg who works on the Shire, will arrange for a suitable pole to be planted and the sign affixed upon it. On my travels home I scoped out Inglewood Park and but for the want of suitable tools, I would have installed another sign there. (Next year's task) This brings the total tally of signs purchased from Supply House to 47, and as yet no clubs or individuals have applied for reimbursement for this from the*



WE HAVE KEPT OUR APEX  
ASSOCIATION ON TRACK

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AND HELPED  
AND  
ENCOURAGED  
MANY CLUBS

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TO PUSH FORWARD  
WITH NEW IDEAS  
AND ENTHUSIASM

*allocated project fund of \$5,000. There is still plenty of opportunity out there for clubs and individuals to show some love to 850 plus parks, and I hope this continues. I ask again that your own club seek opportunities to carry on the momentum of this project.*


*I leave the Apex Australia National Board in Neal Molineaux's very capable hands. He and his Board will continue to build upon the solid foundation, common direction and track record of what previous boards have set in place over the past several years.*

*My fulfilling this role would not have been possible without the encouragement from the Apex Family in Chinchilla and the support of my daughter Jemima, and Partner (and Apexian) Bec Kuhn.*

*For the privilege to serve, I give thanks.*

*Yours in Apex*

*NP Moses Abraham  
Apex Club of Chinchilla  
Apex Australia National President 2017-18*



## ***2018 National Project - The Biggest Ever Blokes' Lunch***

The Biggest Ever Blokes' Lunch (BEBL) aims to raise funds and increase awareness of prostate cancer to reduce the impact on Australian men, their partners and families.

The Biggest Ever Blokes' Lunch initiative is the 2017/18 Apex Association Project, approved at the 2017 APEX National Conference to raise awareness of prostate cancer and raise funds for prostate cancer research.

This year we're very proud to announce the Apex Gympie Music Muster will be hosting a Biggest Every Blokes Lunch on Friday August 24, right in the heart of the Music Muster. What's more, the Prostate Cancer Foundation are the primary charity partner for the Muster.

The BEBL started in Shepparton in 2009 after one bloke, the late Chris McPherson AM and Past Apex Club President, found out he had incurable prostate cancer. Prostate cancer is the most commonly diagnosed cancer in Australian men and Chris wanted to persuade other blokes to take responsibility for their health and get checked. Lunches are now held each year across 3 states and with Apex Australia's help we want to see these events have an even bigger impact on this insidious cancer.

***Bundaberg President Shannon Joye has put his hand up (and that's not all) to help raise funds for the BEBL and the Prostate Foundation.***

"Yes, it's actually happening!! For the length of the Gympie Music Muster this year I will be getting around in a mankini and tutu (different colour from those pictured) until I can raise enough money to put clothes back on. The muster usually gets down to about 2-3 degrees at nighttime so the quicker I can raise the money they quicker I can save my dignity (and avoid shrinkage) and also help support this worth cause. \$1000 per piece of clothing, aiming for a total of \$5000 with all funds raised going to the Prostate Cancer Foundation. There will also



be waxing involved with the privilege of the first strip going to the highest donator. Prostate Cancer is the biggest killer my males in this country and the more awareness and knowledge we have about it, the better chance we have of beating it!"

To help go to:

<https://give.everydayhero.com/au/mankini-for-men>





## But wait, there's more

The 2 best looking men in Bundaberg are both supporting the great cause behind Apex's National Project - the Biggest Ever Blokes Lunch

For this year's Gympie Muster, Jack Burke will be shaving his Beard of on Friday 24th August at The Biggest Blokes Luncheon. Jack is aiming for a total of \$5000 with all funds raised going to the Prostate Cancer Foundation Australia. Prostate Cancer is the biggest killer to all males in this country and the more awareness and knowledge we have about it, the better chance we have of beating. Why don't you help things along & make a donation as every little bit will help this great cause by clicking on the link below.

To help go to:

<https://give.everydayhero.com/au/jack-s-close-shave-for-pcfa>

## Blacktown Apex doing their bit

Above right are photos of a fundraiser that Blacktown Apex club is doing for the National Service project, Biggest Ever Blokes Lunch.

They have produced a very nice Model Car 1.43 scale to help promote and raise awareness of Prostate Cancer. These are highly collectable models all come with number certificates and limited to only 100.

Its to scale of Ford Falcon Ute.

They make great raffle and Auction items and some models get up to \$500 at Auction, all monies raised from these models will be going to Prostate cancer research.

Cost of these models is \$50 plus \$10 postage anywhere in Australia.

Please contact Jamie Vincent at jimmy [mullet@bigpond.com](mailto:mullet@bigpond.com) if any of your clubs would like one or a few.



# Biggest Ever Bloke's Lunch

FRIDAY, 24 AUG 11.30AM-2PM, MUSTER CLUB

A two-course sit down meal and auction hosted by 2018 Muster charity partner Prostate Cancer Foundation of Australia (PCFA). Featuring special guests and True Blue Aussie music legends **John Williamson** and **Tim Gaze**. All ticket and auction proceeds go direct to PCFA and their work reducing the impact of prostate cancer on Australian men, their partners and families. Tickets \$55 per person.

Proudly Supporting

**BRING YOUR MATES & GET A GREAT RATE**  
BOOK A TABLE of 8 for \$1,500

INCLUDES: 8 x Adult Muster Friday entry + 8 x tickets to Biggest Ever Bloke's Lunch + two course sit-down meal + 2 x complimentary drinks per guest + Opportunity to win a Meet and Greet with Muster artist Shane Nicholson immediately following the lunch.  
Book online at [MUSTER.COM.AU](http://MUSTER.COM.AU)

**COME FOR LUNCH, STAY FOR MUSTER FRIDAY'S EPIC LINEUP:**

Lee Kernaghan, John Williamson, Travis Collins  
The Wolfe Brothers, Drew McAllister  
LMT Connection, Hat Fitz & Cara, Tim Gaze  
Tania Kernaghan, Pete Denahy, Brad Butcher  
Lloyd Spiegel, Dee Jaye Box & many more.

OVERNIGHT CAMPING INCLUDED

## *A quick note from the incoming National President (much more to come, we promise)*

This year coming sees some new faces step up and take on the role of Regional Communicator within their Regions (and other Regions), and some past RC's continuing again to make the communications they have previously established even stronger between their Regions Clubs. There is numerous years of experience here which should make for an exciting year for all, so reach out and invite your RC to your meeting and gain from this experience.

The RC role is continually grown over the years, and yes there has been some challenging times, but to see and hear about the many Regional Catch-ups that are continually developing is pleasing to see. It's these opportunities for learning, exchanging of ideas and genuine fellowship that have Clubs & Members asking when the next Catch-up is on. Which shows today we still

going by the Mission set nearly 90 years ago, "To Grow, Learn, Make Friends and Have Fun while helping others".

Your new Regional Communicators will be making contact with your Club shortly (if they haven't already), however if your details have recently change do not hesitate to contact the Apex National Office [admin@apex.org.au](mailto:admin@apex.org.au) to get in touch with your RC. The RC's will soon be sending out information regarding the upcoming National Convention, Calling for Agenda Items and National Award Nominations, and always looking for those stories from your recent service events to be shared with all through the Apexian Newsletter. So be sure they have your details and you have theirs.

So over this next year lets support the RC's that supports us, and come meet them all and other fellow Apexians at the 2018 National Convention in Wagga Wagga NSW.

Yours in Apex,

Neal Molineaux  
2018-2019 National President



Region 1 North Qld Matthew Mason, Townsville	Region 9 West Victoria Michael White Horsham
Region 2 Central Coast QLD Tara Spotswood Bundaberg	Region 10 Tasmania Karina Crutch Bairnsdale
Region 3 S-W QLD & N-W NSW Luke Skele Goondiwindi	Region 11 East SA Vacant for now
Region 4 S-E QLD & N-E NSW Leith Hall Brisbane City	Region 12 West SA Raff Stomaci Gawler Apex
Region 5 NSW North Coast Geoff Harris Berowra	Region 13 South WA Allen Hingston Busselton
Region 6 NSW South Coast Wayne McCloskey Wodonga	Region 14 North WA Emma Jackson Geraldton
Region 7 East Victoria Karina Crutch Bairnsdale	



## A welcome to our newest National Board Member

In addition to Bethany Paterson, featured in Apexian 32, we would like to welcome to the National Board Adam Stewart. Adam's role for the upcoming year is to work with the RCs across Australia and help the RCs reach out to their clubs.

We'll let Adam tell us a little more about himself. As with NP Neal, expect to hear much more from Adam as the Apex year progresses.

*"I have been an active member of the Toowoomba Apex Club for the past seven years and have served on several roles within the Club and received the club Service Award in 2013 and 2014 and Apexian of the Year award in 2014.*

*Toowoomba Apex Club has had a long history in membership numbers and also significant service projects. I believe that at present keeping a significant commitment as a club is becoming more challenging as the younger generation are distracted by so many opportunities today and I believe that Apex offers a lot to people, particularly around learning how you can give back to your local community and also meeting procedure and other skills that you learn in your regular Apex meetings. I have received so much positive benefit from Apex from the thanks that the community gives you particularly when you are serving those less fortunate than ourselves.*

*One of my most satisfying achievements within the Toowoomba Apex club was to be the instigator of a very large service project. I was also main club liaison for this project, the Tour of Toowoomba which is the part of the national road series in Australia. the event gave us not only a cash donation from the event but also invaluable experience in how to run a semi professional sporting event. The event went*



*for a total of 4 days and personally myself I did over 200 service hours to see this event completed with pride.*

*John Osborne, Chief Executive of the Tour of Toowoomba, says the event is the cycling equivalent of the V8 supercars coming to town. "It's the only national cycling event held in Queensland. There are 17 rounds of the national road series. They're the best bike riders in Australia, equipped with the best bikes.*

*I am currently self-employed as the Principal and Senior Financial Adviser at Financial Life, Toowoomba. I have been advising for 21 years. I specialise in life insurance and estate and succession planning particularly in the real estate and rural markets. My main goal in helping people on a day-to-day basis is about providing peace of mind to their business partners and families when life takes an unfortunate turn whether it be in the event of death, disability or serious illness. I have also served on other committees and boards within my professional industry.*

*I am very familiar with Boards, Apex in general and working as cohesive team member of a leadership group. I have good time management and can adapt my work life to accommodate any reasonable Apex National Board commitments.*

*I am very positive about Apex and its future in this country. I believe that with strong leadership on the board we can see Apex not only continue but grow but prosper into a greater future.*

*Yours in Apex,  
Adam Stewart*



# 2018 AGM/Convention Rego Info

**WHEN: 5th & 6th October 2018**

**WHERE: Wagga Wagga, NSW**

Wagga Wagga is a major regional city in the Riverina region of New South Wales. Straddling the Murrumbidgee River, with an urban population of approx. 60,000 people, Wagga Wagga is the state's largest inland city, and is an important agricultural, military, and transport hub of Australia. Wagga Wagga is located midway between the two largest cities in Australia—Sydney and Melbourne.

Accommodation is not part of the AGM/Convention cost, due to the variety of accommodation styles & options within close proximity to the AGM/Convention venue at the Mercure.

Non-Delegates would be treated to some of the great things the City and surrounds has to offer, which may include a chocolate and liquorice factory visit, fine foods along with fine wines, locally produced cheeses. And much more...



DAY	TIME	ACTIVITY
Friday 5 <sup>th</sup> October	12:00pm – 1:00pm	LUNCH & REGISTRATION
	1:00pm – 6:00pm	Training Sessions (session details TBC)
	6:30pm – 10:00pm	WELCOME DINNER & Fellowship
Saturday 6 <sup>th</sup> October	7:30am – 8:30am	Breakfast
	9:00am – 10:00am	OFFICIAL CONVENTION OPENING
	10:00am – 10:30am	Smoko
	10:30am – 11:00am	Delegates Briefing Non Delegates & Kids Tours (10:30-1:00)
	11:00am – 1:00pm	Convention Business Session & National Awards
	1:00pm – 1:30pm	Lunch
	2:00pm – 5:00pm	'Taste the Riverina' (taste local produce & beverages)
	5:00pm – 6:30pm	Fellowship
	6:30pm – 11:00pm	GALA DINNER / PRESIDENTS CHANGEOVER & AWARDS

The National Convention/AGM is an opportunity for Clubs to have their say on how they would like the organisation to operate. Your Club will benefit greatly from making the effort to attend.

## AGM Feedback:

"To be at the AGM and being around so many different people that have helped their own community in one way or another was one of the best feelings."

"Apexians are friends you just haven't met yet."

"To be around so many likeminded people when it comes to volunteering was brilliant."

"The different things that I have learnt have been how to correctly assemble a Life Membership, finding out that our club isn't so far from having correct meeting procedure, more information than I can imagine on the Apex Foundation and the importance of having a Healthy club and the information you need to be up to date."

For details on accomodation options [click here](#) or visit:

<https://www.google.com.au/maps/search/Hotels/@-35.1157182,147.3693531,16z>

## Convention Registration Costs

(early bird till 31<sup>st</sup> August, \$10 rise from September 1st)

Full Registration Friday/Saturday \$170	Short Registration Saturday only \$140	Kids Registration (full or short) \$35
Friday – Lunch & Registration	N/A	Friday – Lunch & Registration
Friday – Training Session/ Shopping	N/A	Friday – Shopping
Friday – Welcome Dinner	N/A	Friday – Welcome Dinner
Saturday – Breakfast	N/A	Saturday – Breakfast
Saturday – Convention/Tour & Lunch	Saturday – Convention/Tour & Lunch	Saturday – Tour & Lunch
Saturday – Taste the Riverina	Saturday – Taste the Riverina	Saturday – Taste the Riverina
Saturday – Gala Dinner	Saturday – Gala Dinner	Saturday – Dinner & Movies
Merchandise	Convention Shirt Convention Stubby Holders	\$35 \$10

Registrations @ Wagga Commercial Club 02 6921 3012

## 2018 National Awards Closing Soon

The winners of this year's National Awards will be announced at the South Wagga AGM in October. Nominations close on August 31.

For nominations details and forms visit the resources tab at our website or email [admin@apex.org.au](mailto:admin@apex.org.au)

Awards are available in the following categories:

1. Best Dinner Notice Award
2. Best Website or Social Media Page
3. Eric Hooper Service Award
5. Kava Bowl
6. John Stokes Boomerang Award
7. Citizenship Initiative Award
8. Apex Month Publicity Award
9. The Ewen Laird Apexian of the Year
10. Best First Year Apexian
11. The Sir John Buchan Memorial Young Apexian of the Year Award
12. Apex Australia Best Club Award

## Did you know?

Winners of the 3 individual awards - **Apexian of the Year, Young Apexian of the Year (Under 25) and Best First Year Apexian** receive a **cash award of \$1,000** to apply towards an Apex event or cause they wish to support.

## 2017 Best First Year Apexian

Apex Chinchilla Service Director, incoming president Lachlan Monk and current holder of the national Best First Year Apexian Award made a donation on behalf of his club to Drought Angels, which will go towards buying stock-feed for drought affected farmers. Lachlan, who runs cattle in Chinchilla part-time, has seen first hand the difficulties faced by farming families.

***"I was given the opportunity to donate \$1000 to a group or charity and I chose to give it to the Drought Angels,"*** he said. "I know \$1000 is quite little in the big scheme of things but if it can help one or two families buy a little bit of time then it'll be a great thing."





"I've seen close family and friends go through severe drought and it can be extremely tough, not just financially but also mentally. "I read this quote and I thought it was quite relevant, 'The moment you're ready to quit, is usually the moment right before a miracle happens'."

NP Moses Abraham said the contributions made by Mr Monk to the club were greatly appreciated by the community.

"He's all about giving back to the community, he's also taken on the position of president of the local Apex club to keep giving back to the community."

Drought Angels director Jenny Gailey said the funds would help those in Cooladdi, south west of Charleville.

"We have been every fortunate to receive a cheque from Apex for \$1000 which is going towards some farmers stock-feed provisions out in Cooladdi," she said.

"It's one of our farmers who is in dire need of stock-feed. Ms Gailey said the support from Apex was "very heart-warming". "I think it's all about coming together as one as a community."

## **2017 Apexian of the Year**

Tyson Campbell, very worthy winner of the 2017 Apexian of the Year, reports on his award:

*"Last year at the Apex Australian National changeover held at Apex Camps Mudjimba QLD, I Tyson Campbell was very honoured to receive the National Apexian of the year award for 2017.*

*I was very honoured and shocked to receive this award, one of which I am very proud to have received. I believe I was recognised for my goals in rejuvenating the Roma Apex Club back to a smooth and self-sufficient running club, increasing membership and bringing the great Apexian Spirit back into a struggling Roma Community.*

*The \$1000 which is received with the National Apexian of the year Award has been donated to the Apex Australian Trust*

*fund of The Apex Chalet. I have met Jamie Vincent a couple of times since my first National Convention in Beaufort and have heard many great stories and see the future potential this "Magic Castle" has to offer.*

*I am currently studying to become a Design and Technology teacher and I feel that making the \$1000 contribution to the Apex Chalet will not only benefit one or two children or families but will benefit potentially thousands of children who will continue to enjoy a life changing holiday in the snow at the Apex Chalet for another 40 or more years.*

*Making a financial contribution to improving or replacing the beds in the chalet is a great initiative and will not only increase the comfort of the stay at the Apex camp but will also increase national awareness of this great Apex initiative of bringing a life changing experience to the less fortunate.*

*In years to come I endeavour to utilise this facility with some students in my own community and experience firsthand the magic of the Apex Chalet. **I would like to congratulate the Apexians who have come before me in received the National Apexian of the year and also all Apexians past and present who have been involved in the construction, running and the renovation of the Apex Chalet.***

*The Roma Apex Club has moved a motion to go dollar for dollar with me in making a financial contribution to the Apex Chalet. This will benefit not only many children but many families and many communities throughout Australia.*

*Seeing the Chalet remember being as excited as a kid on Christmas to have simply stumbled across the Apex Chalet at Smiggins Hole as my family and I made my way down to Beaufort National convention.*

*Kind Regards,  
Tyson Campbell  
Roma Apex President 2018-2019  
National Apexian of the year 2017"*

# Club News



## Gawler

GAWLER Apex Club has announced it will bring Christmas spirit to the community this year in hosting the town's carols on December 15.

The club declared it would take over the hosting duties of this year's event, after the former organiser, the Rotary Club of Gawler Light, announced it would be stepping away after the 2017 carols after running it for around 20 years.

Gawler Apex Club secretary, Gawler Christmas Carols committee member and Apex National Secretary Leon Budden said the club is already gearing up for the event, and can't wait to share it with the community.

"I have always been involved with the carols ever since we had it revamped about five years ago when council came on board," he said.

"When Rotary decided to let it go, and let someone else have a crack at running it, we put our hand up and said 'we'll take it on board'.

"We are really proud of how the event has gone the past couple of years and we are trying to keep everything we can.

Leon said the carols is always well supported, with many community members getting out and enjoying the event.

"The format of the carols is aimed to be suitable to a broad audience, so there is



something for everybody," he said.

"It is also Christmas time, so what's not to love about the carols?

"If the public would like to get involved or help on the night, then they can just give Apex a quick call and we'll see how they could help.

"But, the best way that people can help is by supporting the event and bringing as many people as possible."

The carols always requires financial support, with Mr Budden welcoming any businesses that would like to get involved.

"If there is anyone that is wanting to get behind the event and give us a hand then we are in the process of trying to release some sponsorship packages," he said.

"We are really excited."

To keep up to date, follow the 'Gawler Christmas Carols' Facebook page, and to get involved, call Budden Law (08 8522 6829).





## Busselton

Used hearing aids are easily tossed aside or boxed away and forgotten about, but the Apex Club of Busselton is urging residents to donate their old hearing aids and help underprivileged children in the Philippines in need of medical supplies taken for granted in the community.

After being approached by the Angeles City RSL Sub Branch — members of which donate their time at the Pulungbulu Medical Mission — Apex Busselton quickly agreed to help collect badly needed hearing aids.

Local GP and former Club president Dr Donetta Charles said many people tried out government-funded hearing aids only to find they did not suit them, but wound up leaving the aids in a drawer at home somewhere.

"This is a way for aids to be recycled and for people here to live more sustainable lives while helping those abroad," she said.

RC Allen Hingston said while Apex Busselton was extremely active in its own community, it was also doing the most international relations work of any club in the country. "One of our ideals is to promote international understanding and friendship," he said.

"These kinds of projects aren't hard, they just take one person to inspire the rest."



Past Club President Dr Donetta encouraging residents to drop their used hearing aids at her clinic to help underprivileged children in the Philippines

Hearing aids are being collected at the Broadwater Medical Centre Practice, or can be delivered to Apex by contacting Mr Hingston at [allen.apexbusselton@gmail.com](mailto:allen.apexbusselton@gmail.com)

## Central Australia

The world renowned Camel Cup has been run earlier in July. There was a crowd of 5500, about half tourists, half locals, up on last year.

This is the first year at a new venue, the Alice Springs Turf Club.


Last year Apex raised \$40,000, much of which went to charities including families encountering misfortune, bushfires brigade,

Demetria Foundation and several little community groups.

Chairman of the organising committee and vice-president of the club,







Kyle Pearson says the hilarious “sit down starts” where camels were “hushed down” for the riders to mount, and sprang up for the start, usually in a utter hilarious chaos, with handlers running for their lives to get out of the way, has been discontinued.

Mr Pearson says that is for reasons of safety. Also, standing starts have become the custom for camel races elsewhere in Australia, and rather than a circular course, today’s was just a 400 metre straight.

Race 3 (pictured on previous page), the Life Without Bumps Scramble, was not a close finish, with the fourth and last walking home in a casual pace.

The Cup had eight contenders, with Nuggett owned by Chris Hill from Uluru winning the trophy and the \$5000 prize money.

The event is run by volunteers, 40 all up, 15 from Apex and the Rotary Club of Alice Springs helping out, in an exchange for assistance with their major annual event, the Henley of Todd in August.

The first Camel Race in Alice Springs was run in 1970 in the dry Todd River Bed as a bet between two mates, Noel Fullerton and Keith Mooney-Smith. Apex has run the event since 2012.

## Region 3

The 8-10th of June saw a very successful regional catch up and executive training weekend in Region 3 held at the Apex Camp Greenup.

The Executive Training Sessions for clubs incoming executives was facilitated by well versed members of the Toowoomba Apex club and by all accounts it was greatly appreciated.

Members from Toowoomba, Brisbane Valley, Brisbane City, Chinchilla, Goondiwindi, and Inverell, plus Lifers from Millmerran and Biloela/Ipswich attended. Not only did Apexians learn a lot, there was plenty of opportunity for good fellowship and friendship.

After the catch up members from Brisbane Valley and Inverell took the opportunity to replace the Park sign in Texas. This small project has given the Inverell club a fresh head of steam and enthusiasm and they have just ordered 10 Apex Park Signs from Supply house to install in dormant Apex towns in Northern NSW.

Attending the catch up were two proud life members of Apex from Millmerran, and they have also taken home some park signs for their local parks.





## South Wagga

Host of this year's AGM has been doing much, much more in their local community.

It's been another big year at South Wagga Apex. They've just passed some milestones - over \$2.1m in donations, 45,000 hours of service, and the induction of member #330 - all since the club started in 1961.

Over the last few years, the club's found a healthy balance between the events that have been long term staples (eg the Gumi, Fisherama, Father-Kid Camp, Family Camp, Anzac Day Flags), as well having strong partnerships with other non-for profit organisation in the community (eg the Prostate Cancer Foundation for the Biggest Ever Blokes Lunch, Rotary's Book Fair, their Food &

Wine Festival and their Gear & Beers Festival, as well as providing ongoing support to Meals on Wheels via the Christmas Dinner Night and the Easter Wish).

Their goals for the year relate to membership - developing the skills and leadership, as well as growing the total number of members via a focus on engaging more mates and prospexians.



*Pictured above right Apex South Wagga at the first ever Biggest Blokes Lunch, above club members and their families at the Anzac Day flag project, and at right are the billy lids at the Father-Kids Camp*



## Kadina

KADINA Apex Club has awarded scholarships to local young people Jaden Thomson and Jessica Philbey to help further their education.

The club established the scholarships this year and plan to present two annually, one to a first-year apprentice and the other to a first-year tertiary student.

Jaden and Jessica will each receive \$3000, spread across the year, to assist with tuition, accommodation and equipment in their chosen fields.

## Gympie - Vale Keith Hawkins

It is with great sadness that Apex Club of Gympie announces that Keith Hawkins, Past President of the club, passed away on Thursday 14th June, aged 58.

Keith was President in 1998-1999. Keith was a extremely valued member of the Apex Club of Gympie and our entire Community. Keith will be sadly missed by all Past & Present Apex Members.

Our deepest sympathy goes out to Gayle, Cameron, Erin & Keith's whole entire family.

## Port Augusta

MEDAL (OAM) OF THE ORDER OF AUSTRALIA  
IN THE GENERAL DIVISION

Mr Gregory Wayne KIPLING, Port Augusta SA  
"For service to the community through charitable initiatives."

The Apex Outback Postie Bike Ride are enormously proud to announce Apex Life Member, postie bike legend and founder Kipo (Greg Kipling) has been honoured with an OAM.

Awarded for his dedication to charitable initiatives in the community, his tireless hard

*Pictured below are inaugural Kadina Apex Club scholarship recipients Jaden Thomson and Jessica Philbey are congratulated by Apex president Bethany Paterson*



work has now been recognised in an official capacity as part of the Queen's Birthday Honours.

Fondly known as 'Kipo', Mr Kipling has been a member of the Port Augusta Apex Club since 1986 – achieving Life Member status in 2000.

His passion however lies with the Apex Outback Postie Ride, an event he founded in 2006 to raise funds for childhood cancer research.

Kipo was inspired to take action after a friend's son lost his battle with cancer at age four.

"My friend and his wife, Neil and Robyn Walker, raised money to build a place called Bradley's Place down in Victor Harbor which was for families to use for holiday accommodation if they had a child affected by cancer," Greg explained.

"The first ride we raised money for Bradley's Place and then the ride sort of started to evolve – a lot of people wanted to come."

More recently the initiative has supported



the establishment of the Apex Copper Coast Retreats. Free respite holiday accommodation for South Australian families experiencing the stress and demands which come with a cancer diagnosis.

Starting off as a novelty fundraiser to ride the most inappropriate bike through the state's toughest terrain, the Postie Bike Ride is now one of the biggest of it's kind – raising over \$800,000 since it began.

Greg is too modest to take any credit for the way the race has expanded over the years, but said he was grateful and overwhelmed by those who thought to nominate him.

"To be honest I thought it was a scam letter at first and I said to my wife 'I've got this letter I think it might be a scam'. She was in on it, so she kind of said 'Hang on I think you better fill it out and send it back'," Kipo joked.

Federal Member for Grey Rowan Ramsey (also an Apex Life Member) served with Greg on the Apex state board in the 90s and is one of



### *Geraldton Apex at their 2018 Changeover*

many to extend their congratulations for his recognition.

***"His commitment to his community is as unwavering now as it was then and Greg has been a real mover and shaker in Port Augusta," Mr Ramsey said.***

***"His contribution to the annual Apex Outback Postie ride has helped raise hundreds of thousands of dollars to assist help cancer sufferers and their families."***

### *Geraldton*

Congratulations to Geraldton on their 62nd Changeover Dinner on the weekend. This club doubled their membership in one night at their 2017 Changeover, achieved average meeting attendance of 77% and did everything from garden cleanups to sewing reusable shopping bags to deliver 454 service hours for the community.

Well done outgoing President Andrea O'Loughlin and congratulations to incoming President Emma Jackson. Apex Strong!

***Greg 'Kipo' Kipling, Life Member & OAM***



## The Australian Autism Walk 1969

Coming up next year is the golden anniversary of the Apex Autism Walk.

To help celebrate this great event, which today is **still** producing wonderful outcomes via the Apex Foundation Autism Trust, Apex Australia is seeking as much information as clubs and past members can provide. The Walk has been covered in our Golden Years Book, but an exact map cannot be located.

If you have some information on the Autism Walk please let our office know at [admin@apex.org.au](mailto:admin@apex.org.au).

Look out for more information on what Apex will do to commemorate this huge achievement.

## Rutherglen

Apex Rutherglen President Jamie Cooper and local Mayor Jenny O'Connor won the Winery Walkabout Rutherglen Apex 2018 Celebrity Grape Tread (pictured above right).

They produced over 2 litres of Rutherglen's finest grape juice in just 3 minutes.

The Andrew Campbell Memorial Barrel Race was run on the same day. Yet another title goes to Ashley Fraser, finishing ahead of Steve Ronnfeldt and last year's winner Mark Donaldson. Thanks again to Campbells Wines for their fabulous support including a barrel of their world famous muscat to the victor.

The wine barrel race started 37 years ago and this year's event attracted 19 teams and 30 individual entrants, well up on last year.

## Moe

Congratulations to Apex Moe, who are holding their 1,500th meeting on July 28, 2018. Well done on such a long and proud history of service.



## Busselton

Busselton Dunsborough Volunteer of the Year Awards 2018

During National Volunteer Week, the Presentation Night was held in the City of Busselton's Council Chambers for the Busselton & Dunsborough Volunteer of the Year Award. There were Seventeen nominations over 5 categories, which included the APEX Youth Volunteer of the Year Award.

Apex Club Secretary, Allen Hingston was on the judging committee with City Councillors. Wearing two hats on the night, Allen (below, left) and new member Josh Yates (right) presented the award to 18 year old Bianca Gervasi from Busselton, along with Mayor Grant Henley.

Bianca received a \$200 cash prize from Apex, along with certificates from the City and Apex for her continued commitment to her voluntary work at the Busselton Jetty.





## ***The Magic Castle***

### ***Bills for Beds Makes the Magic Castle warm and cosy for Aussie Kids***

If you or club would like to take up a room or a bed there is still a couple available with your name on them.

This program started back in late 2017 and we have had a great response from both clubs and individuals. We still have a couple of bedrooms left to sell and a few beds to sell as well.

The money raised from this program will go towards buying much needed new mattresses for the Magic Castle along with pillows and blankets. It will also assist meeting the costs of heating the Chalet in the winter months, especially with the ongoing price increase of power and gas.

A huge thank you to the following for their very kind sponsorship of the rooms

- Sandy and Darrol Harmer
- Chinchilla Apex club
- Hoppers Crossing Apex club
- Goondiwindi Apex club
- Nambour Apex club
- WA south western region
- Carthew Family Trust
- Shaw and Partners

Also a huge thank you to the following clubs for their very kind sponsorship of a bed

- Southport Apex club
- Gawler Apex club
- CWA Hornsby branch
- Fraser Coast Apex club
- Jamestown Apex club x 2 Beds
- Rotary Club of Tamworth Sunrise
- Bairnsdale Apex club
- Manly Apex 40

Your support will ensure the future of a beautiful Apex asset. If you would like to know anything about the Chalet please contact me anytime day or night.

YIA  
Jamie Vincent  
Foundation Director  
0410587569

The Children's Chalet (The Magic Castle) has been the jewel of the crown within the Apex Foundation underprivileged children's trust since 1979 .

The Chalet has helped over 25,000 underprivileged and disabled children from all over Australia by making their dreams come true and having a holiday/ respite in the snow.



***To keep this DREAM ALIVE, we need your help. Now you can be part of the dream by donating towards this wonderful Apex Icon.***

#### ***Sponsorship Options***

Sponsorship is for a period of 2 financial years – All donations over \$2 are tax deductible

#### ***Room***

\$2,000 (Tax Deductable)

Your donation will go towards the upkeep of the bedrooms and heating as heating is very expensive in the alpine region. Help make the child's stay a little more comfortable. This donation will give individual/ club naming rights to the bedroom for 2 years and includes a plaque on the door for all the children and carers to see.

#### ***Beds***

\$395 (Tax Deductable)

Your donation will go towards buying and maintaining the beds in the Chalet with much needed new mattress', dooners and pillows. This donation will give you naming rights to individual/ club's very own bed.

# Apex IR & Global News

## *Books to the Philippines*

Last year, The Apex Club of Busselton sent 20kg of used books to the school in Lombok where the Bursary teacher can provide English tutoring to local children. After much positive feedback and EVEN MORE books being sent our way, the club figured they would send the additional books to Lombok.

This was until, Busselton member Redentor Peradilla suggested that we could send books to his home village in the Philippines... and so we did!!! Approximately 300kg of books from libraries and schools from all across WA were collected, packed and sent to the Philippines. Redentor explains, 'In the Philippines, English education is very important and, in my village,, the people are very poor. This is something that as Apexians we can be very proud, knowing we are putting smiles on children's faces. I am very proud to be in Apex and support the people from my village in this way'.

The books have been very well received by the teachers and the children. The club sent a letter with the books explaining who we are and are looking to establish a pen-pal relationship with students who wish to expand on their English skills with the children of the Busselton Apex members.

Beat that for a good International Relations story!

(Editor's Note - the preceding sentence is a challenge from Apex Busselton. Apex Clubs should feel free to accept the challenge and Do More)

Pictured are Apex Busselton members, Redentor Peradilla on the left and Kieran Curtis on right.







## ***News from Apex Philippines***

### ***THE ALL- IN-ONE BAYANIHAN for MARAWI June 24-26, 2018***

A service project of the Armed Forces of the Philippines in cooperation with APEX Philippines, Department of Health, PTT Phils, Jeric's Food Cart, National Bookstore, , Teach Peace, Build Peace Movement, Phsycologists & Teacher Volunteers from Mindanao State University

Various service activities:

Medical- 1,507 pax served

Dental- 300 served

Optha- 900 served

Photo booth- 205 served

Face painting - 300 served

1. National Bookstore - library cart with books donated to 13 schools, Slippers 3,844
2. Waste4Water - water filter distributed to 14 schools and one barangay
3. Jeric Food Cart - 1,700 served
4. PTT Philippines - 1,300 bag packs, 900 eye glasses and medicines
5. DOH - 3 Medical Doctors, 2 Dentists
6. Teach Peace, Build Peace Movement- 120 kids debriefing
7. Psychologists & Teacher Volunteers from Mindanao State University
8. APEX Phlippines- 1,000 peices of school supplies distributed to 14 schools, 70 pcs, of pails to 12 schools, 1,000 pcs hygiene kits to 14 schools, 400 pcs. toothbrush distributed in the Dental Service, 1,000 pcs, hand towels for kids, 70 packs of detergent powder soap to parents, 8 electric fans to 3 schools, Feeding program for 1,000 kids

## ***Bedding for Orphans.... PLEASE READ ALL INFORMATION.***

Just in from Life Member Willy Oates - "We've booked our trip ove seas and when Chris and I go overseas we always go with kindness and love for the needy, and we are again asking for help.

Bedding for orphaned in the Philippines this time, if you think you can spare AUD \$30.00 contact the Apex office and we can have an orphan sleep and feel more loved in a brand new set of bedding.. to lay their little bodies on and in it.

Just doing some on the ground work working with NP Joselito Bawi of the Philippines and The Apex Club of Batangas. But we have only a few weeks to get the funds collected...

Please help us help these little orphans feel better and sleep better.

The Grandfather of Apex India Lifer Ian Willy Oates (Me), and Chris Oates the Grandmother of Apex India are doing 20 as we have been collecting all the soft drink containers 10 cent deposits for two years and that's a lot of drink containers...

Please, please, help out and let's see how many we can collectively help out we will be in Malaysia in August before going to Philippines so if your an Apexian coming over to Malaysian Apex National Convention.. please try to bring some funds and help out.

So it's: Australian AUD \$30  
Philipino PHP 1200  
Indian INR 1525  
Fijian FJD \$46.50

Malaysian RM 90  
Singapore SGD \$30  
Bangladesh Tk 1890

Please can I ask you to share this information on your Facebook page and let's just see if we can all help and make a big difference this year..

Love all my Apex friends and my personal supporters I just know many will help out.. and this been the 4th leg of 7 countries so once this one is complete only a few more to go..

Lifer Ian Willy Oates





## *Hearing Aids for the Philippines*

Last year, there was some international correspondence from the Angeles City RSL Sub Branch in the Philippines. You may remember they were seeking assistance from Apex Clubs of Australia to source used Hearing Aids to be sent to the Pulungbulu Medical Mission; there was (and still is) children on a waiting list for Hearing Aids.

The Apex Club of Busselton has created a donation tin to collect used Hearing Aids. Pictured below is a real Doctor (and Apexian), Donnetta Blackford with the tin at her practice. If your club would like to also be involved, please contact [allen.apexbusselton@gmail.com](mailto:allen.apexbusselton@gmail.com) to receive the templates to make your own tin.

*This is an uncomplicated way to Promote International Understanding and Friendship.*



## Apex Esperance 1200th Dinner Meeting

On July 7 Apex Esperance held their 1200th Dinner Meeting, a momentous occasion for any Apex club. It was a fun exciting night for all involved which included current members, past club members, plus members of other local community groups. The night involved enjoyable stories about Apex over the past 56 years. They were honoured to induct two new members to the club Madi and Angus, both enthusiastic and willing to help within the community.

The Apex Association is fundraising for prostate cancer foundation of Australia through the

Biggest Ever Blokes' Lunch. Car number 96 was auctioned at the meeting as a fundraising effort, the car was sold for \$600 which will be donated to the Prostate Cancer Foundation of Australia.

The Apex club farewelled 2016-2018 President Lauren McWilliam and welcomed Sarah Russell as club President for 2018/2019 year. Several awards were presented to various members of the club and the community. The club is looking forward to the upcoming Apex year and how they can support the local community.

Left, Lauren McWilliam accepting the 1,200th meeting plaque from RC Allen Hingston, Right - Sarah Russell & Madelyn Murdock receiving the Brett Thorp Service Award.



### **SUBSCRIBE TO NEWS**

at [Apex.org.au](http://Apex.org.au)

### **WEB**

[apex.org.au](http://apex.org.au)

### **MEMBERSHIP**

1800 00 APEX

### **ADMIN EMAIL**

[admin@apex.org.au](mailto:admin@apex.org.au)

### **ADMIN QUERIES**

07 4697 5303

### **FACEBOOK GROUP**

[Facebook.com/  
groups/5286391317](https://www.facebook.com/groups/5286391317)

### **FACEBOOK PAGE**

[facebook.com/  
ApexAustraliaClubs/](https://www.facebook.com/ApexAustraliaClubs/)

### **MAIL**

PO Box 166  
Darling Heights  
Qld Australia 4350

### **SUBMIT STORIES**

[newsletter@apex.org.au](mailto:newsletter@apex.org.au)

If your club has some news to share please send details to [newsletter@apex.org.au](mailto:newsletter@apex.org.au). Don't forget to share this newsletter with everyone in your Club.

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