



ISSUE 34 October 2018

APEXian

News and Views from the clubs of Apex Australia

A BIG WELCOME TO EVERYONE ATTENDING THE 2018 NATIONAL CONVENTION WAGGA WAGGA 5 & 6 OCTOBER 2018



*It's not too late
to register.*

*Remember - if your club
is not attending then
pass your proxy onto
your Regional Communicator.*



Safe travels for all Apexians going to Wagga Wagga.

AGM Feedback:

"To be at the AGM and being around so many different people that have helped their own community in one way or another was one of the best feelings."

"Apexians are friends you just haven't met yet."

"To be around so many likeminded people when it comes to volunteering was brilliant."

"The different things that I have learnt have been how to correctly assemble a Life Membership, finding out that our club isn't so far from having correct meeting procedure, more information than I can imagine on the Apex Foundation and the importance of having a Healthy club and the information you need to be up to date."

.....
The National Convention/AGM is an opportunity for Clubs to have their say on how they would like the organisation to operate. Your Club will benefit greatly from making the effort to attend.
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DAY	TIME	ACTIVITY
Friday 5 th October	12:00pm – 1:00pm	LUNCH & REGISTRATION
	1:00pm – 6:00pm	Training Sessions (session details TBC)
	6:30pm – 10:00pm	WELCOME DINNER & Fellowship
Saturday 6 th October	7:30am – 8:30am	Breakfast
	9:00am – 10:00am	OFFICIAL CONVENTION OPENING
	10:00am – 10:30am	Smoko
	10:30am – 11:00am	Delegates Briefing Non Delegates & Kids Tours (10:30-1:00)
	11:00am – 1:00pm	Convention Business Session & National Awards
	1:00pm – 1:30pm	Lunch
	2:00pm – 5:00pm	'Taste the Riverina' (taste local produce & beverages)
	5:00pm – 6:30pm	Fellowship
	6:30pm – 11:00pm	GALA DINNER / PRESIDENTS CHANGEOVER & AWARDS

Convention Registration Costs

(early bird till 31st August, \$10 rise from September 1st)

Full Registration Friday/Saturday \$170	Short Registration Saturday only \$140	Kids Registration (full or short) \$35
Friday – Lunch & Registration	N/A	Friday – Lunch & Registration
Friday – Training Session/ Shopping	N/A	Friday – Shopping
Friday – Welcome Dinner	N/A	Friday – Welcome Dinner
Saturday – Breakfast	N/A	Saturday – Breakfast
Saturday – Convention/Tour & Lunch	Saturday – Convention/Tour & Lunch	Saturday – Tour & Lunch
Saturday – Taste the Riverina	Saturday – Taste the Riverina	Saturday – Taste the Riverina
Saturday – Gala Dinner	Saturday – Gala Dinner	Saturday – Dinner & Movies
Merchandise	Convention Shirt Convention Stubby Holders	\$35 \$10

Registrations @ Wagga Commercial Club 02 6921 3012

waggarsl.com.au/commercial-club/live-shows/

At the
2017
National
Conven-
tion.



The 2018 APEX OUTBACK POSTIE BIKE RIDE

More than 70 riders revved their Honda CT110 Postie Bikes through the Flinders Ranges for the 2018 Apex Outback Postie Bike Ride, raising \$93,000 for families affected by cancer.

The 73 riders were joined by a support crew of 18, departing Port Augusta on Thursday morning, August 2, before returning on Sunday.

Established in 2007, a grand total of \$938,000 has been raised 11 years for the Apex Copper Coast Retreats. The Retreats are owned in trust by the Apex Foundation, and provide invaluable respite for South Australian families suffering from cancer.

Postie Bike Ride Founder, and recent recipient of an OAM, Greg Kipling is confident the event will surpass the \$1 million mark next year.

"We got some rain Thursday night, so it was a bit slippery and wet on Friday on the outback tracks," Mr Kipling said. "But that pretty well dried off by Saturday, which was pretty good."

Such is the nature of riding a postie bike through difficult outback roads, it wouldn't be a Postie Bike Ride without a few hiccups along the way.

"There were a couple of small injuries. One lad broke his arm, another dislocated his shoulder, but they were both okay and in pretty good spirits," Mr Kipling said.

"There were a few bumps and bruises, but

other than that, everyone got home alright."

Riders based themselves at the Angorichina Tourist Village on the Thursday night, before travelling through gorges and stations throughout the Flinders Ranges.

The event first commenced as a ride involving just seven friends, but now attracts participants from all over the state and country. Postie Bike Ride Event Coordinator Dale Sawley said it's the quirky nature of the event that has entrants coming back each year.

"Because it's so crazy, and postie bikes just should not go where we take them, it just took off, and the guys on the ride just have this common sense of purpose," she said.

"The challenge of riding a postie bike comes back to skill and technique because momentum is your best friend on a postie."

With the \$1M total firmly in their sights, Mr Kipling said riders were already raring to go for the 2019 edition.

"It was another successful year and no doubt everybody is a bit tired after the weekend, but they'll all be keen as mustard and ready to go for next year"

More pictures from the Apex Outback Postie Bike Ride are on pages 14 & 15



Wrap up from the Apex Gympie Music Muster

The 37th Gympie Music Muster, organised and presented by the Apex Club of Gympie, finished up on August 25 with an aggregate 22,000 fans over four days, and over \$153,000 raised for charity and community groups.

The festival has over the years raised \$15 million.

This year's event held its very first Biggest Blokes Lunch, a fundraising initiative for the Prostate Cancer Foundation of Australia, and part of Apex Australia's National Service Scheme.

Early reports suggest around \$25,000 raised for this year's official charity partner Prostate Cancer Foundation of Australia (PCFA).

"Men in regional Australia are disproportionately affected by prostate cancer, so the opportunity to raise awareness in this community has been invaluable," said Peter Duffy, Queensland president of PCFA.

The funds raised will help PCFA to continue to provide research, awareness and support to the men and families affected by prostate cancer.

The money will allow the organisation to increase its national number of prostate cancer specialist nurses from 47 to 100.

One in five Australian men will get prostate cancer; there are 20,000 new cases every year.

Muster organisers noted a spike in sales of four-day passes and an adoption of some of its new programs.

A bill of Lee Kernaghan, Travis Collins, John Williamson and The Wolfe Brothers brought a



record crowd to the Muster hill on Friday night.

The new workshops and panels had strong attendances, as did the newly expanded Blues program.

"With a program that we tried to pack with variety, it's difficult to pick just a few highlights..." said program director Jeff Chandler.

"However, some were just so outstanding that they were simply the talk of the festival."

These included the huge turn-out for Kernaghan, the Melbourne Ska Orchestra which "had the audience dancing like never before seen at the Muster" and the Vox Guitar Jam with Albert Lee, Tim Gaze, Ian Moss, Troy Cassar-Daley, Minnie Marks and Lloyd Spiegel, "who in my opinion was one of the real 'finds' of the festival for many patrons."





volunteers across Queensland.

Apex Bundaberg reports:

"75 adults and 16 young adults headed down to the Gympie Music Muster last week.

This year we not only ran the Apex Side Bar - we also ran the PCFA - Prostate Cancer Foundation Australia - Biggest blokes lunch."

As well as breakfast service with all profits going to PCFA, we also had staff running the maingate recharge centre helping out Caboolture Apex.

Our camp was lucky enough to have @Kowboy Kaos and his jumping castle to entertain the young ones, along with our great chef @Steph Scalan making sure we never went hungry.

To those people who went above and Beyond taking on extra Shifts, helping out at camp, we say thank you so very much. We couldn't do it without you."



Other highs included Muster ambassador Troy Cassar-Daley and wife Laurel Edwards' team-up on stage (they met 25 years ago at the Muster; Troy said, "Forget dating apps, talk to someone at the Muster") and the star-studded finale 'Songs I Wish I'd Written', despite the rain.

The Muster was held in the Amamoor Creek State Forest in the Sunshine Coast Hinterland, two hours north of Brisbane and 40 minutes from Noosa.

It was generated by 1,700 volunteers working a total of 15,000 hours, spearheaded by Apex



DON'T FORGET!

Your Apex Club can help deserving local families or individuals apply to the Apex Foundation's Necessitous Circumstances Trust (NCT).

The Apex Foundation has made many grants totalling \$350,000 from its General Trust and Apex Necessitous Circumstances Trust over the years.

The purpose of the NCT fund is to carry on the role of making grants to people in need. It is a public fund for the relief of persons in Australia in necessitous circumstances.

This fund can make grants to individuals or groups who meet the grant guidelines and ***the Foundation Board encourages Apex Clubs to utilise these funds to assist individuals or groups in their local community.***

Apex Necessitous Circumstances Trust grants guidelines for Apex Clubs are listed below.

1. Grants from the Necessitous Circumstances Trust to people in difficult financial circumstances to assist in meeting expenses associated with disabilities etc.
2. The assistance can be to fund the medical treatment involved or the associated expenses for the family. e.g. travel & accommodation etc.

3. That the grant application needs to show that it will assist an individual or group who need financial relief.

THE APEX NCT -

- ***For Australian Individuals or groups***
- ***In a difficult financial place***
- ***Or in need of help due to physical, intellectual or mental disabilities***
- ***Your Club can facilitate an application on behalf of the person or group in need***

4. Grant funds are not available for overseas projects.
 5. The term "disadvantaged" can apply to a person or group who is disadvantaged by financial, physical, intellectual and mental disabilities.
 6. An application form needs to be completed.
 7. The maximum grant will be up to \$3000 from the Foundation.
 8. If Apex Clubs are applying for a grant it is expected that the club will match the grant \$ for \$ or provide labour/in kind contribution to the same value or greater.
 9. Each application will be assessed by the Director responsible for the Trust and presented to the Board for assessment and approval.
- Contact Sapna at the Apex Foundation for an application form - eo@apexfoundation.org.au



National President's Report

This Year's National Board

Apexians past and present, a new year beings in the Apex chapter. This year brings an exciting National Board, a Board with different backgrounds and experiences within Apex. Again, there is a reasonable spread across the country, which as we have seen in the past brings a solid understanding of the issues facing Clubs and also an opportunity for the Board to be close to our Clubs and assist wherever possible. I'm in the South Wagga Apex Club located in NSW and here is where the rest of this year's National Board is positioned across our country;



Secretary: Leon Budden, Gawler, SA

Communications: Bethany Paterson Kadina, SA

Treasurer: David Sloss, Goondiwindi, QLD

RC Coordinator: Adam Stewart, Toowoomba, QLD

Projects & Committees: Michael Godfrey, Wongans Hills, WA

Managers in the following areas provide other assistance;

Legal & Compliance: Liam Scott

Bursary Manager: Craig Martin

Awards & Grants: Brandan Hardy

As mentioned before, there is a far spread of experience, both within their chosen professions and Apex. All are everyday Club members that are easily approachable, and have the best interests of Apex at heart and looking forward to the challenges of the year ahead.

Singapore & Malaysia National Conventions

Recently I attended both the Singapore and Malaysia National Conventions, both very different however both countries very passionate about Apex and their communities they serve.

Apex Singapore - lead by NP Elaine Goh (pictured over page, second from left in picture with the Singapore National Board) has 3 Clubs with approx. 20 members and still with a retirement age of 45. All three clubs continue their regular food distribution projects with sponsorships from kind donors. The Apex Club of City has its regular newspaper collection to continue its fund raising effort and the Apex Club of Bukit Timah has its annual Institute of Mental Health Party (Theme: Friendship). Life Governors, Lifer Members, Senior Apexians and Apexians also continue to volunteer in management committees and subcommittees of Apex Harmony Lodge and Apex Day Rehabilitation Centre



for the Elderly (ADRC).

Apex Malaysia - lead by NP Sriitharan Kunjamboo (pictured on previous page, left of picture, myself in the centre and past NP Venkata Giri on right) currently has 12 clubs with a membership of around 150 members and no age limit, so members include Life Governors, Life Members. Apex Clubs in Malaysia have carried out various service and charity projects. Among their projects are:

- Blood Donation campaigns together with National blood

bank and Hospitals

- Bursary presentation for underprivileged school children's
- Donation of Television. Water filter and blankets to the Kidney dialysis center
- Donation of school uniforms, shoes, socks, bags and stationaries for underprivileged children going back to school (in collaboration with many personnel donors and other organizations)
- Food and supplies donation to old folk's home and orphanage
- Soup kitchen for the homeless
- Klang Club donated tuition fees totaling RM 66,000 for students at the Klang Special School
- Northern Region Flood relief Fund
- Futsal Competition
- Donation of Spectacles for needy children
- Fund raising for 7-year-old Mohan with cerebral palsy. The funds collected to be used for his medical expenses
- Desktop presentation to Schools and the needy community
- Donation of food rations for Children's Home
- Donation of food for the Dogs Shelter Home
- Book donations

Both Apex Singapore and Malaysia consist of genuine people, and if you have an opportunity to attend either of their National Conventions or Countries they will ensure you are made welcome.

Regional Communicators

Our RC's are busily making contact with their Clubs, updating contact details and spreading the word of the upcoming National Convention. If your RC is yet to make contact with your Club, please contact the National Office for the name and contact details of your RC. Remember to please support our Regional Communicators as they support us all, to ensure correspondence is distributed all ways.

Our National Convention

With the starting at great pace, we already find ourselves just around the corner from our National Convention being held on the 5 & 6th October. This year the Convention is being hosted by the South Wagga Apex Club in NSW. A Club that has history of successfully hosting State Conventions and Training weekends in the past, and a Club that co-ordinates (or assist in coordination of) a number of recognised events. A couple being; the Biggest Ever Blokes Lunch in Wagga and the World Championship Gumi Race, sounds different you say? Well come along and discuss these events with the members, as they are always willing to share what works, hasn't work, their ideas and successes.

This years Convention will see a number of new initiatives being presented and rolled out, with the most talked about being the release of the new Data Base (congratulations needs to go to Immediate Past National President Moses Abraham and his Board for the consistent dedication to getting this talk into a usable system). Yes we all agree that this Data Base is something long over due, but it's almost here. This new Data Base will allow Clubs instant access to be able to update their membership details and asset information, which will in turn provide accurate information for the Club Drawdowns and insurance cover. The Data Base will also provide Clubs the ability to store member information, achievements and other relevant records. Which will be there when they require it for assistance with Awards and applications/presentations for Senior Active and Life Memberships etc.

Lastly the new membership forms will now be done online via the website, making for a more streamline approach and the less likely chance of spelling mistakes on Dinner Badges (due to interpretation of some hand writing). This on line process will also allow forms to be completed and submitted during a meeting, saving time later and or forgetting to do it later resulting in a mad rush trying to get it sorted in time for the induction, (a position we have all be in at some stage). So be sure to attend the Friday training sessions at this National Convention or send a delegate from your Club so your Club can benefit from this information and the experience of meeting other like-minded individuals.

Drought Relief

Thank you to everyone that has already supported the 'National Presidents Drought Relief Fundraiser' through Rural Aid:

https://www.buyabale.com.au/donate/?supporter_id=54904

we as we have been able to support our farmers that are doing it a bit tough during this drought. We have nearly hit the \$10,000 target so I encourage anyone wanting to support please do so now so we can have this closed out at the National Convention.

I also congratulate those individuals and Clubs that have also undertaken their own fundraising or supported our farmers in their own way. Apex is all about helping others and this has clearly show recently, and I do believe 'Apex is making a difference'!

Good luck to all those Clubs that nominated for National Awards and I look forward to seeing as many of you in Wagga Wagga for the National Convention.

Yours in Apex

Neal Molineaux

the drought : it ain't over

National President's Drought Relief

As NP Neal outlined on the previous page, Apex is contributing what we can via Rural Aid. You can contribute here:

https://www.buyabale.com.au/donate/?supporter_id=54904

Many clubs have got on board already, we have even received a generous donation from the incoming NP of Singapore, Elaine Goh.

Throughout this edition of the Apexian you will see many other local efforts from our clubs around Australia to support our farmers. If your Club has any news to share please forward your story to newsletter@apex.org.au

THE HAY FLIES... Pictured bottom left, Kadina

Apex Club president Adam May and members Daniel Lascelles, Ben Graefe, Jared King and Jarrod Francis prepare to send hay to drought-affected farmers.

Kadina KADINA Apex Club has jumped on board the drought relief effort and organised a hay drive.

President Adam May said he had been overwhelmed with support for the drive which he initiated last week.

"I knew the community would be generous but I didn't think it would be to this extent," he said.

And more news from Kadina -

The Kadina Apex Club is a proud sponsor of the \$10.4 million redevelopment of the Copper Coast Sports and Leisure Centre, and the Club was very proud to attend the recent opening by Deputy Prime Minister Michael McCormack.

Pictured (L-R) Apex Life Member Neil Sawley, State Member for Narungga and Apexian Fraser Ellis, Kadina President Bethany Paterson, Deputy Prime Minister Michael McCormack, Federal Member for Grey and Apex Life Member Rowan Ramsey, and Kadina club members Dale Sawley and Ben Graefe.

The only person in the photo who hasn't been in Apex is the Deputy Prime Minister. Apexians are building better communities at a local, state and federal level.



Brisbane Valley

National Compliance Manager Liam Scott had the honour to induct 2 new members to Brisbane Valley Club at their recent changeover. Pictured at top right is Wil Anscombe of Brisbane Valley Apex, Liam Scott and incoming Club President Jade Mooney.



Busselton

Anton Mann, Life Member of Apex Club of Busselton joined Apex on 19th July 1996, which is 22 years to the day before his induction as a Life Member. Anton is only the third member of the Busselton Club to achieve this milestone since inception in 1957. Congratulations Anton on a most wonderful Apex journey.

Anton is pictured below left being inducted by DG Mike Cully on 19th July 1996, and at bottom right is Anton with his wife, Leanne.

The Australian Autism Walk 1969

Coming up next year is the golden anniversary of the Apex Autism Walk.

To help celebrate this great event, which today is **still** producing wonderful outcomes via the Apex Foundation Autism Trust, Apex Australia is seeking as much information as clubs and past members can provide. The Walk has been covered in our Golden Years Book, but

an exact map cannot be located.

If you have some information on the Autism Walk please let our office know at admin@apex.org.au.

Look out for more information on what Apex will do to commemorate this huge achievement.

Feedback

"Thanks so much for sharing current Apex news with the Apexian, the clubs are working so hard and involved in some wonderful projects. Keep up the great work Apex Australia, so proud of this amazing organisation.

Kind regards

Life Member Tracey Smith"

Send your stories and feedback to newsletter@apex.org.au



Club News

Manjimup

Manjimup teenager Molly Puffler (pictured below) will represent her town and State when she competes in the Apex Australia Teenage Fashion and Arts Youth Festival national final in Melbourne next month.

The 14-year-old competed in the State AATFA final in Mandurah on September 15.

She won the evening wear category and achieved the highest technical score award on the night. Molly said she was "very excited" about the upcoming national competition.

"It doesn't feel real yet," she said.

Two WA winners from each of the four categories of casual, evening wear, wearable art and society and environment.

They will compete in Melbourne on October 20.

"The catwalk was fun this year, better than last year."

This is the second time Molly has made it to the State final and the first time she will go on to compete at a national level.

Molly also thanked the Manjimup Apex Club for offering support to get her into the State final.

Manjimup Apex Club president Tari Jeffers congratulated Molly on her achievement and wished her well for the national competition.

"To win the technical judging award means in addition to looking beautiful, the garment was well made," she said.

"Molly is the most recent of our region's strong AATFA contestants who have made it to the national final and we can't wait to see how she goes."



Gunnedah

With the help of Apex Gunnedah, the Gunnedah Youth Council has launched its first magazine.

Youth Zine was born following a magazine-making workshop with professional artist Daniel Stanley during Youth Week. Mr Stanley then collated the submissions into a collection of art, poetry and essays from some of the young minds of Gunnedah.

Gunnedah Shire Council's youth development officer Sewa Emojong said the Youth Zine project provided an opportunity for young people within the shire to showcase their talents, values and perspectives in a creative format.

"It was really wonderful to see the initiative of the contributors and the diversity of submissions received for our first issue," Ms Emojong said.

"There are poetry and opinion pieces, artwork and ideas for the future of Gunnedah; it is heartening to see young people utilising the platform for self-expression.

"The magazine (or zine for short) is a great way to collaborate, be creative, and allow young



Gunnedah Youth Council's Aidan R de Luzuriaga (back, centre) gives copies of the Youth Zine to the Apex Club of Gunnedah. He is pictured with Emma Kersley, Donna Austin, Allyson Hoban, Erin McCabe, Aylish Flannery, Sewa Emojong and Heather Lidwinski.

people to speak about what is important to them.

Gunnedah Youth Council chair Aidan R de Luzuriaga recently attended an APEX meeting to present the committee members with a copy of the zine, and to thank them for their support.

"This workshop will enable contributors to learn artistic skills, refine their zine submissions, and learn the art of successful zine creation.

Brisbane

Brisbane City Club and Apex Australia National Board participated in Apex Joint International Service Project hosted by Apex Club of Kuala Lumpur, Malaysia during their national

(cont. on p16)





The 2018 APEX OUTBACK POSTIE BIKE RIDE







convention. As project theme was "Provide better education in healthy environment", 150 kits with stationary and sports items were handed over to primary school students of SRJK Sen Peng school.

Brisbane city club donated 150 towels and bought mango tree saplings for tree plantation in school premises. Other participating clubs from Apex Global, Philippines, Malaysia, India and Bangladesh provided stationary and sports items.

It was one of the unique service project where three National Presidents and Global Chair were present. Services by Brisbane City Club and Apex Australia was highly appreciated by school Principal Mr Chandharan and host Club President Apxn. Saras.

Host club honored Brisbane City Club and Apex Australia by awarding letter of appreciation for their services.

Apex Queensland Youth Camps

Apex Camps invites you to come celebrate 35 years of Apex providing outdoor adventure activities to Sunshine Coast and surrounding residents, and to raise funds for farming communities doing it tough with drought!

Apex Camps Sunshine Coast is opening its doors to the public in an action packed day of outdoor adventure for the whole family, suitable for everyone aged 5 and over.

Visitors will have the opportunity to experience south east Queensland's largest rock climbing tower, run through the unique, army-commando style mud pit challenge course, and try out the brand new high ropes course. Other activities include archery, fencing, low and mid ropes, a flying fox and more.

Children under 5? Don't worry, our petting zoo and farm activities will keep them well entertained!

And if getting adventurous works up your appetite, visitors can enjoy a bbq while relaxing to live entertainment on our beautiful 10 acre site located in Twin Waters. Those who don't want it to end need not despair, since Apex Camps now runs a Weekend Program, offering



Sunshine Coast residents and visitors a choice of four thrilling outdoor adventure activities every weekend of the year.

WHAT: All activities open! i OUTDOOR ADVENTURES i Family Fun i BBQ i Live Entertainment i & more!

WHEN: Sunday 11 November, 9AM - 2PM

WHERE: Apex Camps Sunshine Coast, 171 Nojoor Rd, Twin Waters (Parking North shore Football Club)

ENTRY: \$20 per person i Gold Coin Donation



Ulverstone

Apex service has no boundaries, sending Tassie hay on the ferry across Bass Strait for NSW farmers!

Here's what the Apex Club of Ulverstone has to say: 'Our brother Club, the Ulverstone Lions, full of Apex Life Members, have been arranging shipments of lucerne hay and carrots donated by very generous local farmers and a vegetable grower, and purchased with funds raised locally including by us. There's also support from a local transport company and a farm machinery manufacturer.

The project is initially to support six farmers north of the drought devastated community of

Hillston NSW. The Lions are delivering the feed personally to the paddock. The project has been going since mid last month, Apex Club of Ulverstone donated \$5,000 towards the project which has paid for loads 13 and 14.

The idea of the project is for our town to directly help these farmers to keep what little stock they have alive and see through the drought. Our small community helping another small community in a direct way.' Thanks to Anthony Mihal, Ulverstone for providing this story.

Milton Ulladulla

Apex Milton Ulladulla are putting the finishing touches on their second inaugural South Coast Craft Beer Festival. The aim of the festival is to promote good times, good food and great beer, in a relaxed environment to the people of the South Coast.

The Club is working with local craft brewers to showcase the best local produce in the area, including brews from Cupitts, Camel Rock and Longstocking breweries. A home brew competition is also offered to the keen amateur brewer.

"Research" is well underway to determine what beers are to be presented. The fruits of this research can be enjoyed on October 20. Book your tickets here:

<https://events.humanitix.net/south-coast-beer-festival>



Club News

South Wagga

A number of vulnerable children and young people from Anglicare Riverina enjoyed a 'snow break' last week thanks to South Wagga Apex and Apex Australia. The kids, from foster families and Residential Care Programs, had the opportunity to stay on snow in Apex Foundation's "Magic Castle" chalet at Smiggin Holes, and had a ball playing in the snow. The older kids took to the slopes with snowboarding lessons and loved every minute of it.

Several of the young people had never been in the snow before, and some very special memories were made over the course of the week. This is the third year that South Wagga Apex have made the Chalet available for Anglicare's kids and families, and the opportunity is greatly appreciated. Not only is the accommodation provided, Apexians from South Wagga volunteer their time to make all of the arrangements and even cater for the families during the stay. On behalf of our kids, families and staff, I say a very big thank you!

Again, thanks for the great opportunity and experience you've enabled us to provide for our kids.

Brad Addison
General Manager
Anglicare Riverina



The Magic Castle


Bills for Beds Makes the Magic Castle warm and cosy for Aussie Kids

If you or club would like to take up a room or a bed there is still a couple available with your name on them.

This program started back in late 2017 and we have had a great response from both clubs and individuals. We still have a couple of bedrooms left to sell and a few beds to sell as well.

The money raised from this program will go towards buying much needed new mattresses for the Magic Castle along with pillows and blankets. It will also assist meeting the costs of heating the Chalet in the winter months, especially with the ongoing price increase of power and gas.

Your support will ensure the future of a beautiful Apex asset. If you would like to know anything about the Chalet please contact me anytime day or night.



Your donation will go towards buying and maintaining the beds in the Chalet with much needed new mattress', dooners and pillows. This donation will give you naming rights to individual/ club's very own bed.

YIA

Jamie Vincent, Foundation Director
0410587569

Manjimup

Manjimup Apex Club had their changeover on July 14 and made it was a momentous occasion with a historic change.

Since the club began in 1955 and until this year's changeover, there had never been a female president.

Tari Jeffers is the club's second ever female member and after being the secretary from 2017-2018, will this year step into the role of president.

She has been a member of the club for just over two years and has in that time eagerly helped the club with its staple events, the AATFA heat and the Senior Citizens Christmas lunch.

At the changeover, she thanked the club members for the trust they put in her for the

position and said she hoped to do them proud.

She also thanked outgoing Steve Walsh for his service for his time in the position and hope to do him justice.

Tari hopes to make the club more active in the community, undertake more social outings and increase membership.

This got a running start at the changeover when the club inducted its two newest members, Glenn Taylor and Baily Longbottom.

Glenn has already become a staple in the club at dinner meetings and social events, including a quiz night the club attended this month.

With only two dinner meetings and several social meetings to his name when he was inducted, Baily's energy made him the perfect choice for social director.

With the beginning of this chapter, it was also the end of another, as long-time member Shaun Whittaker not only received his 15-year service badge, but also became a senior active member.

Over the years, Shaun has held every portfolio in the club has been an active and





involved member in the club.

At the changeover, RC Allen Hingston presented Shaun with his senior active badge, plaque and hand-made walking stick.

Allen and Steve also thanked Shaun's family for all their support over the years.

Murwillumbah

THE rain stayed away and the sun shone down as residents packed Murwillumbah's CBD to cheer on the 63rd annual Tweed Valley Banana Festival parade on Saturday.

The Banana Festival has been organised by Apex Murwillumbah for the last few years, helping to re-instate a local institution.

Led by two mounted policemen and the traditional banana float complete with festival mascot Banana Jim, the parade featured everything from Darth Vader and his Stormtroopers to vintage cars, rock 'n' roll dancers and a groovy dancing monkey.

Murwillumbah's diversity was on full display, with parade participants featuring several fire trucks, nurses waving banners for increased staff ratios, to the town's significant Hare Krishna population chanting some of their mantras.

"I'm a devoted fan," Hugh Croft said. "I

think this is what Australia is losing; people having a bit of a yell and clearing the throat, having a bit of fun, it's great for the kids."

Banana Queen 2017 Billie Goodsell enjoys her last wave as she prepares to hand over the crown. Nikki Todd.

For outgoing Banana Queen, Billie Goodsell, the parade brought to an end two years of involvement with the festival, starting with fundraising before she was crowned Queen in 2017.

Ms Goodseill says "The festival gives us a chance to celebrate our local farmers and show off their produce. This festival has been going for 63 years - it's a great tradition."

Apex president and Tweed Valley Banana Festival Queen entrant Hannah Mudge has urged everyone to donate their hay bales used in the parade.

"If you're using hay on your float this year, donate it to our farmers like the Apex club is," she said.

"There will be seven bales coming from the Apex club float and there will be tins for donations at the main stage at the showground.

"Support our farmers, the lifeblood of our country."

Murwillumbah Club President, Hannah Mudge and daughter Charlotte



Tasmania

More than 30 students from across Tasmania put their top designs on display at the Apex Teenage Fashion Awards late last month.

Don College's Rainee Stafford will be competing at the awards for the second year.

"I'm looking forward to all the other contestants competing with me because it was absolutely amazing last year, just getting ready with everyone was incredible," she said.

"I love the creativity part. You get to make whatever, you want it doesn't have to be clothes, it could be anything."

Miss Stafford said she was looking forward to showing off two of her designs, in two of the four competition categories.

State director Anita Cox said the show was a great way for students to get inside the fashion industry.

"It gives the kids something to do and confidence and the ability to create and design something they are passionate about," she said.

The top two entrants from each category will then go onto the national awards, organised by the participating clubs and state entities.

The countdown is on to Apex Perth's AATFA National Final, to be held at LC1 Melbourne on October 20. The Youth Festival is a unique opportunity for students interested in the fashion or design industries to demonstrate their skill and flair through a friendly competition.



Moe

1500th Dinner Meeting

Congrats to Moe on your 1500th dinner meeting, great turnout, and was great to hear from some of the old members. Well done to shifty for the last year and congrats to Irish for stepping into president for the incoming year.



Zone 9 Reunion

Planning is well underway for our “triennial” Apex Zone 9 Reunion. In 2018, the organising committee have agreed to try a new venue, and so on the weekend of 26-28 October 2018 we will be travelling to Dubbo.

This is our first call to book the date and register to attend our reunion, as we would love to see you in Dubbo. Past Zone Niner, Peter Snare from Dubbo, has done all the footwork so far, to find a venue that could accommodate our reunion. Basically, the format will be the same as previous reunions; Friday 26/10/2018 from 4pm Drinkies and Fellowship and Light Meal. Free day Saturday although some of you might like to book on our infamous “The McGill’s Mystery Tour”. Saturday Night traditional Apex dinner, and Sunday morning farewells.

VENUE; - Matilda Motor Inn 231 Darling Street DUBBO NSW 2830

DATE; 26TH October to 28th October 2018;

The Registration form is available by emailing me at millerk@bigpond.net.au

If attending, please complete and return the Registration Form to Keith Miller or scan/email back to millerk@bigpond.net.au

Hope to hear from you soon, and better still see you in Dubbo in 2018.

Cheers

Keith Miller

“The Last Zone 9 President”

LM Penrith Apex

For the Organising Committee – 2018 Apex Zone 9 Reunion

Zone 10 Reunion

Plans are well underway for a reunion for Zone 10 in March 2019 - for more info contact admin@apex.org.au

Bunbury Koombana

A trip to a joyous jamboree has been made a little easier for four lucky Carey Park scouts.

Apex Bunbury Koombana presented an \$8000 cheque to the scouts group so its young members could head to next year's 25th Australian Scout Jamboree in South Australia.

Apex member Brian Morris said the club was pleased it could help out some the community's youngest residents.

"I'm also on the scout club's board and the conversation came up about the scouts jamboree," Mr Morris said.

"I thought that a few of the scouts' families may need financial assistance to help them get their scouts to the jamboree."

The annual jamboree is a 10-day event for junior scouts and includes workshops, activities and entertainment.

With the trip set to cost the scouts \$2500 each, the donation is a massive relief for the youths.

"It's a massive help and now these kids get a huge life experience," Mr Morris said.

He said the Apex club strived to help the community.

"Apex is all about finding needs in the community and fulfilling them," he said.

"We have the opportunity to change lives all the time and we really enjoy being a part of our growing community."



The Ideals of Apex

- ***To make the ideal of service the basis of all enterprise.***
- ***To develop by example a more intelligent and aggressive citizenship.***

- ***To promote a means of forming enduring friendships, rendering altruistic service and building better communities.***
- ***To promote international understanding and friendship.***

Apex IR & Global News

Some examples of Apex India club projects.



Diabetes Awareness March – Apex KPM

Apex Anamalai reaching out to local school



Apex Namakkal has extended financial assistance towards Medical Rs 3000/-, educational Rs. 5000/- and sports activity Rs 5000/- locally to deserving candidates.



Distribution of Tea and Biscuits by Apex Pondicherry



Free Medical Camp – Apex Millennium



" Ban the Plastic – Save the Environment "
Apex Hanumangarh & Yuwa Club distributed cloth bags in vegetable market to create awareness.

Apex Hanumangarh conducted Free Camp on Infertility issues jointly with Jaipur Fertility Center at Apex Bhawan Hanumangarh.



Apex Bally Senior Citizen Forum organised a Awareness Camp on Eye Donation and more than 100 declarations to donate eyes posthumously were received.



Apex Uttara Para Ladies and Kolkata Young organises regular classes for the children of Brick Kiln workers at Uttara Para



Apex Klang

Klang Special School works with over 200 mentally handicapped children , young adults with learning disabilities and orphans in Klang, Malaysia. Sadly government funding is poor and does not focus on the schools students who need help the most. Funding does not even cover the basic running costs for staff and utilities. Over the years much of the funding needed has come from Apex in Australia & Malaysia as well as privately organised events and fundraisers. Port School works with 'at risk' students who dont fit into a mainstream environment and offer varied programs to its students with leadership elements to help them succeed and become better community citizens.

A few years ago a Port School Teacher, Mike Gilbert who is also an Apexian & Rotarian in Perth, Western Australia decided to try and make a difference for not only Port students, but for Klang students as well. Most of the Port students had never been overseas and what better way than to start a project that aimed to help another school in a different country. Over the last five years Port has raised over \$20,000 to go towards kitchen and gardening equipment, educational toys, computers and printers and staff and utility costs.

Over that time Port has also visited local Orang Asli tribal villages and donated over 300 food hampers and 1000 toy koalas, kangaroos and Australian themed jigsaws to the children of those villages.

Port is celebrating 25 years this year and we set a massive, massive target to raise money in conjunction with Klang Apex Club to sponsor 25 ORPHAN STUDENTS in 2019 to be able to attend Klang Special School for one year. Klang Special School & Klang Apex Club have a special relationship with Port School, one that benefits everyone. Port students and Klang students would be blown away if you could help this years dream come true.

The famous singer and songwriter Guy Sebastian, after hearing about our Apex Klang & Malaysia "25 for 25" sponsoring orphan students campaign has emailed back saying he would like to sponsor 5 orphan students to help our fundraising - an amazing \$4,000 donation.

News just in, Port's staff, students, friends, families and associated partners have smashed the 25 for 25 target. Yes in just 7 months they have raised over \$20,000 (Over 60,000 Malaysian Ringitts) to sponsor 25 orphan students at Klang Special school in 2019. With 6 days to go before the Malaysia crew fly out, they will be leaving leave excited, ecstatic and very proud that they can present a large cheque, knowing that WE ALL HAVE MADE A HUGE DIFFERENCE TO THESE ORPHAN STUDENTS.

THANK YOU so much for all your support - what an amazing day, week and 2019 for these kids.

Your family, your business, your organisation, your club or you as an individual can make a difference- please help make a change in the life of someone less fortunate. If you can assist future efforts please contact Mike Gilbert and the Port Malaysia students on 08 9335 6323 or mike@portschool.wa.edu.au (Tax Receipts can be offered)

Date Claimers

Indian National Convention, Feb 1 to 3, 2019 at the KANHA WILDLIFE SANCTUARY, M.P.
Philippines National Convention May 24 to 26, 2019 at White Beach, Puerto Galera, Oriental Mindoro, Philippines - see <https://www.youtube.com/watch?v=AqrrvQQx2JI>



Indian Apexian

Usha Kumar's report on her attendance at the Apex Malaysia Convention (note the International Service Project Usha attended was also attended by Brisbane Apex and our NP - see pages 13 and 16 of this Apexian.

"I had the honour and privilege of representing Apex India at the Apex Malaysia National Convention as a lone lady Apexian from Dist.III. As always, the first experience is memorable and ever lasting. Thanks to Apxn Saras and CS Naidu who cosily home hosted me for the entire duration.

I had an opportunity to attend the International Service Project on 10th Aug 2018 at School - SJK (T) Jalan Sen Pang, KL, conceived and executed by Apex KL. Apex Clubs Madras, Komarapalayam from Apex India,

Apex Club Brisbane, Australia, Apex Club ILO ILO, the Philippines, Apex Clubs of Bangladesh and Apex Club KL , Malaysia participated.

It was my first time participation in an International global Service Project. I could learn a lot from that sweet experience about teams' commitment, planning and organisational precision in executing a project. Each participating club contributed towards basic requirements of school children. At the end of the service project, the participants planted a few trees inside school campus as an environmental contribution.

In evening of 10th I attended pre convention social dinner. It was a golden opportunity as IRCC of Apex India to meet and interact with delegates from seven Apex countries. The icing in the cake was meeting present Grand Father Apex India – Ian Willy Oates and Grand Mother Chris Oates. I could feel the warmth and love radiated by Grandpa and I have no words to translate into writing. It was my opportunity to talk about Kanhapex 2019, the 35th Apex India Convention being hosted by Dist III. All evinced keen interest in the details of the Convention, once I distributed the brochures of Kanhapex. Music and Dance followed the Dinner, till wee hours.

On 11th Aug 2018, I made a Presentation during Apex Malaysia National Board meeting and the give details about Kanhapex to all Apexians. I take this opportunity to thank IPNP Apexian Venkata Giri who provided support and gave encouragement.

I participated in the Apex Global Annual General Meeting along with Puru of Apex India, where Apxn Eshwar took over Apex Global Chairman. NP Apex Bangladesh surprised me when he presented a SASH to me declaring me as their Brand Ambassador as per the decision taken at their 57th Founding Anniversary held at Dhaka.

The gala dinner in the night saw the New National Board of Apex Malaysia assuming charge. I could exchange banners with all visiting Apexians and leaders of Apex Malaysia. On 12th, I attended the installation programme of Apex Club Klang and met a few new members of that club and other international visitors from Australia, Fiji, Sri Lanka, who gifted me Apex tee shirts, caps and banners.

On the whole it was a pleasant and learing experience I take this opportunity to thank every one who made possible the wonderful magic journey and Dreams come true."

Usha Kumar



Apex Bairnsdale 1500th Dinner Meeting

Bairnsdale celebrated its 1500 meeting. Here's what Secretary and Regional Communicator Karina has to say about their great club: 'The Bairnsdale Apex club was formed in 1938, and chartered 1 June 1939 by founding club Geelong.

We currently have 13 members with 2 prospectives. The club holds an annual trivia night, and a movie night, funds raised go to local community groups. We facilitate the Mother's Day Classic Fun Run/Walk with proceeds being donated to the national

breast cancer research fund, along with monthly bbqs in our local mall.

We are proud of our strong links to the Association, being the home club of the RC, we attend the National Convention and we attend service work at the Apex Chalet. We are a diverse group in what we do in our day-to-day lives: teachers, paramedics, vets, admin officer and farmer to name a few.

We believe our club is great, as we are a small group but still manage to do great things in our community and support many

locals and causes: it's all about the quality not so much the quantity.



Pictured are the Bairnsdale Executive for 2018-2019: Elise Malberg- President, Phil O'Kelly- Vice President, Karina Crutch- Secretary and Publicity, Kass O'Kelly- Treasurer, Jess Bryan- Commissariat, Brendan O'Kelly- Service.

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SUBMIT STORIES

newsletter@apex.org.au

If your club has some news to share please send details to newsletter@apex.org.au. Don't forget to share this newsletter with everyone in your Club.

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