

## Congratulations to the winners of the Apex Australia 2018 Awards. Club of the Year - Bundaberg More winners inside



## 2018 National Award Winners

## *The Apex Australia Best Club Award* Bundaberg Apex Club

The Bundaberg club has gone from strength to strength, from nearly closing a few years over the last year increasing membership from 3 to 12 averaged 83% dinner meeting attendance and hosted 35 service events with a total of 1447 service hours and travelled 9700 km. The club took a lead role in organising the Region 2 combined service event of the Biggest Ever Blokes Lunch at this year's Gympie Music Muster. The Club has actively promoted interclub fellowship on visits as they have travelled to regional catchups, attended club changeovers and this year installed 4 Apex Park signs across the region on a 2 day Road Trippin' adventure involving the whole club (and families) on a bus. They have actively engaged community support and coordinated over 40 additional volunteers to assist in service work opportunities at the Apex

Gympie Music Muster. The club seized the initiative to provide Christmas gifts to the children's ward in the hospital and restocked the craft supplies in the waiting room.

The Club has recently celebrated 70 years of providing service to their local community.

## Harry Hodges Best First Year Apexian Award. William Anscombe - Brisbane Valley Apex Club

William has achieved 100% dinner meeting attendance, and over 100 hours of service, very active in interclub travel covering over 2700 km, adjudicated at Apex High school debating in Ipswich, chaired his clubs National Project the inaugural Brisbane Valley Biggest Ever Blokes Lunch, attended regional executive training sessions, This year he introduced a new fundraising event for the club with an "Australia Day Pool Party". William took the initiative to redesign the club shirts and uniforms, and was recently recognised at his club hand over with The President's choice Award, Most service hours Award, and Brisbane Valley Apex Club Apexian of the year award. This year William has been elected to the position of club secretary. These feats are impressive, as William has also completed nearly 100 hours of service outside of Apex in 3 other organisations within his community.

Pictures - Front Cover. Bundaberg Club (and friends) at the Gympie Music Muster; Bundberg Club meeting; Bottom Left Apexian of the Year Peter Gray & Outgoing NP Moses Abraham; Centre Young Apexian of the Year Jesse Brinkman; Right Bundaberg Club representative Tara Spotswood receiving their Club of the Year Award. This Page, at right Bethany Paterson of Kadina accepting the Kava Bowl International Service Award, for their Cows for Cambodia project, from National President Moses Abraham and Past National President Mat O'Donnell.



## **The Ewen Laird Apexian of The Year Award** Peter Gray – Goondiwindi Apex Club

Peter joined the Goondiwindi Apex in 2013, and ever since his involvement as a Prospexian, he has exemplified the ideals of the association. When it comes to his involvement in service activities he has been a great example for incoming members with not only exceeding 100 service hours per year consecutively, but being one of the clubs hardest workers when it comes to events. he has held numerous board positions since he was inducted into the club including Club President and current role of treasurer for the Goondiwindi Apex Club.

## Donald Mackay Citizenship Award Kadina Apex Club

For their local High School scholarship program.

## Loraine Janssen Best Website/Social Media Award Bairnsdale Apex Club

Accepted by Karina Crutch and Elise Malberg, pictured below

## *Sir John Buchan Memorial Young Apexian of The Year Award* Jesse Brinkman – Goondiwindi Apex Club

Jesse joined the Gundy Apex club after moving to town several years ago. While her professional life keeps her extremely busy, she has found time to make a profound difference and impact in the local community. Jesse has been tremendous in supporting local service events and giving time out of her busy schedule to support the clubs efforts and the local community. She brings a youthful outlook to the club and contributes with enthusiasm on all levels and the issues that it faces. Having a fresh and progressive outlook has helped the club to grow and cement its position in the community, as a service club for young individuals looking to make a difference, and Jesse certainly exemplifies this with her undertakings and pushes aside the stigma that young individuals are looking for what they can get out of community service, and instead looks to what she can give back to the community through service.

## **Regional Communicator of the Year** Karina Crutch, Bairnsdale



#### 2018 NATIONAL CONVENTION WRAP UP

Thursday evening saw the National Board and Regional Communicators roll into our regional city of Wagga Wagga, bringing with them some welcomed rain. Rain to a place that had been through some extremely dry and depressing times, like so many other areas across this country of ours.

After some great pub grub the night prior, the Board and Communicators got stuck into their meeting and training session early on the Friday morning. This saw some great discussion and debate on the best and most efficient ways to best communicate with the Clubs that make up this Association. Discussions included ways for Clubs to be informed of the Boards direction and the Boards understanding of what Clubs wanted from them. As the morning rolled on, we saw plenty of delegates roll in for what was going to be a great Apex weekend in NSW (winners of this year's State of Origin)!\*

Being the first National Convention South Wagga Apex has held (though we've had a few State Conventions previously) the Club was energetic and excited about what lay ahead of us over the next couple of days. Numbers were higher than expected on the Friday afternoon for the members training session on all things Apex. This was something a number of our club members had never been involved in previously and they all seemed to gain a better understanding and appreciation for positions within our organisation and Club, along with all the other members present (our current Treasurer now even knows what he should be doing, we assumed he would already know, him being an accountant and all).

## "The Club was energetic and excited about what lay ahead of us over the next couple of days. Numbers were higher than expected"

At the conclusion of the training session the Public Speaking was held, something that has been left off the agenda in past years however something our Club is extremely passionate about as we draw healthy numbers to our annual Primary and Secondary Schools Competition, and yes they do extremely well when compared to us Apexians. The winner was Ainsley Shephard.

The Friday night welcome was all focused on fellowship, no fancy dress just genuine Apex fellowship. We saw old friends reunite over a cold beverage and meat and - cont roll. The weather that evening became quite comfortable, which saw the Queenslanders Pictured Below are the incoming 2018/19 Regional Communicators - Back Row: Luke Skele, Raf Stomaci, Allen Hingston, Michael White, Wayne McCloskey. Front Row: Tara Spotswood, Karina Crutch, Geoff Harris, Emma Jackson.



## National Convention Wrap Up cont.

looking for snow gear ... a sight to see!

Bacon and egg rolls started Saturday's proceedings, there wasn't a better way to start such a day (especially after an extensive night of fellowship). When all bodies

were full the Official Convention Opening began (well ... once we located the Apex Global Chairman ... who turned out to not be that accustomed to fellowship the Apex Australia way). This was an event that made the Convention, high level local dignitaries addressed those present, a message from the Deputy Prime Minster of Australia enlightened all and the local choir put a lump in all's throat. It was a special moment that will be remembered and something that should not be lost at future National Conventions.

From here the gathering was split, non-delegates went on a tour of our Regional City (then to an outlying small country town bakery) and the delegates got down to business. The Business session ran efficiently and to programme, probably due to the National Board undertaking the Delegates Briefing the afternoon prior (something to note for future Conventions). This allowed all the non-delegates and delegates to meet together for the first presentation of awards and then time in the afternoon to visit a couple of our local business.

A gourmet butcher/deli and the brewery, just what was needed after a morning of business! Knights Meats treated attendees to treats of our Riverina Region, from chocolates, liquorice, cheese, nuts and of course meats. It must have been thoroughly enjoyed as bags of produce walked out the store with the delegates. From there all wet their lips with some finely brewed



beers, and had the opportunity to hear from the brew man himself on one of the many guided tours of the fine art facility.

From the 'Taste the Riverina' session, it was a quick tub (or a real quick tub for those that had an extended stay at the brewery) and then to the Gala Dinner ... the President's Handover. This again seen some great Riverina produce served up for all to enjoy. The remainder of the National awards were presented and all well deserving winners, congratulations again to those.

Then came the time for our very own Club member Neal Molineaux (Molly) to be inducted as the National President of Apex Australia, something great to see happen in his home town in front of his fellow Club member, family and friends. The induction was undertaken by the local Mayor (a past Apexian himself) and his father (a Life Member of Apex), a proud moment for all and one that won't be forgotten. The night ended with yet another auction for the Apex





## I look forward to attending these into the future to learn, grow, partaking in the same genuine fellowship

Magic Castle, seems to be a regular occurrence at these events I hear. However some generous funds raised for a fantastic facility that has entertained so many children less fortunate than our own. The weekend Convention then concluded with some more quiet fellowship.

Being the first National Convention I've attended and been involved in preparing, I had a great insight and experience to what these are all about ... like so many others did. I look forward to attending these into the future to learn, grow, partaking in the same genuine fellowship, and meeting

other like-minded individuals as I did at our Convention here in Wagga Wagga. Thanks all again that attended and we hope you all enjoyed our hospitality.

Tim Sheather 2018/2019 President South Wagga Apex Club

\* Editor's note - are 2 wins in 13 years something to be proud of?

Pictures - Prev. page top - Training sesssion for RCs; Bottom - Ex NP Moses Abraham and Public Speaking National Champion Ainsley Sheppard. This page top - Global Chair Eshwar Elango; South Wagga's Rego Desk; Bottom VIP Award winners for First Year Apexians - Brendan O'Kelly, Bairnsdale; Daniel Lascelles, Kadina; Elise Marlberg,



Bairnsdale; Emily Clarke, Goondiwindi; Jade Mooney, Brisbane Valley; Jesse Brinkmann, Goondiwindi; Jordan Martin, Toowoomba; Karina Crutch, Bairnsdale; Kassandra O'kelly, Bairnsdale; Marty Mckenzie, Goondiwindi; Quentin Blunsdon, Bussleton; Rachel Trehearn, Goondiwindi; Samuel Wittwer, Kadina; Sarah Russell, Esperance; William Anscombe, Brisbane Valley

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## **Apex Camps**

Apex Camps celebrates 35 years of supporting Sunshine Coast youth

There are few organisations with a foundation and history as special as that of Apex Camps in Twin Waters.

Thirty-five years ago, the camp and recreation centre, then known as Apex Suncoast Children's Camp, first set out on its mission to achieve one primary purpose: 'to help disadvantaged children of any kind, physically, mentally, financially or geographically'.

If this wasn't enough to warm hearts, in a newspaper article announcing the camp's opening the establishment was declared built solely by volunteers, part of a "remarkable exercise in community service by the Apex Clubs of Queensland."

The article went on to state that, "the camp's worth to thousands of Queensland children over the coming years will be immeasurable". Thirty-five years later and this couldn't be further from the truth!

Since Apex Camps' establishment, the registered NFP charity organization has been providing invaluable opportunities for underprivileged youth to experience and outdoor adventure activities. The centre works with various special interest groups to provide camps for children from disadvantaged backgrounds, while providing exclusivity, privacy and confidentiality. It actively encourages high needs groups to stay with them and, in more recent years, has established entirely disabled facilities to further accommodate such groups. The centre also assists church groups and other small and non-profit groups by providing them with a camp experience that meets their individual needs.



For many years Apex Camps, with assistance from Apex Australia, fully funded an annual 'Kids to the Coast' program providing the life-changing opportunity for remote and underprivileged outback children to experience the coast - and in many cases, to see the beach for the very first time.

General Manager, Danny Davidson says, "Apex Camps has truly made an huge contribution to the Sunshine Coast community over the years. This is a place where anyone can come and be themselves, and where we have the privilege of giving



kids amazing memories to take home with them."

In addition to providing experiences to youth in need, Apex Camps actively seeks to contribute to the community, involving itself in fundraising activities, supporting community events and charity days, and supporting Apex Australia in various youth initiatives.

While Apex Camps mission has remained unchanged over the years, giving loads of joy to those who need it most, the same can't be said for the campsite itself. What began as

a single building on a five acre site, is now a fully purpose-built 10 acre camp and recreation centre with five buildings accommodating 232 guests and more than 30 onsite outdoor adventure activities, among them south east Queensland's largest rock climbing tower and its soon-to-launch new high ropes and twin flying foxes course, expected to be the highest in Australia. In 2016, Apex Camps opened a new camp on Magnetic Island, groups in Townsville and surrounding areas can also enjoy its services. In recognition of its outstanding contribution



to outdoor recreation facilities, in November the centre was nominated a finalist of the Queensland Outdoor Recreation Federation's Outdoors Qld Awards.

Today, Apex Camps caters for all types of groups with a big focus on schools, providing diverse and all-inclusive camps and day programs to anyone who wishes to stay with them. Last year Apex Camps Sunshine Coast also began offering local kids the chance to have an outdoor adventure birthday party, or to experience its outdoor adventure facilities during the school holidays as part of a School Holiday 'drop-off' Program. The centre now also provides a Weekend Adventure Program and Team Building Events (for Christmas or corporate parties and other occasions).

#### ABOUT APEX CAMPS:

Apex Camps is a registered charity organization, supporting Apex Australia in order to improve the lives of young Australians.

As a registered not for profit charity organisation, Apex Camps has a long history of successfully running camps and providing outdoor recreation activities. It's first site – Apex Camp Mudjimba (now known as Apex Camps Sunshine Coast), started from humble beginnings in 1983 when a group of civic minded Apexians from the local area wanted to provide opportunities and experiences for underprivileged and disadvantaged youth. The camp and recreation centre has grown to one of the most respected camps on the Sunshine Coast, with another Apex Camps now located in Magnetic Island.

Apex Camps is governed by Apex Australia, a service organisation for men and women between the ages of 18 to 45 that aims to give something back to their communities. By choosing to stay at an Apex Camp, guests are directly supporting Apex Australia, helping serve local communities and improve the lives of young Australians.

## **Club News**

## One little town - One Big Heart Braidwood Apex

Regional McGrath Foundation Breast Care nurse, Sue Perryman, asked a few Braidwood locals if they would be interested in a McGrath fundraiser called "Paint Your Town Pink".

This type of event has been running for the past few years in regional towns, this was to be the first for Braidwood. The purpose of the event is to raise much needed funds to keep the McGrath Foundation breast care nurses operational, also to raise awareness of Breast Cancer and, of course, other forms of Cancer. When Sue told the locals of her idea, the answer was an immediate "YES".

A committee was quickly formed, led magnificently by Rachel Waddington and Leona Coleman. The committee decided to focus on events on the 12th and 13th of October. The 12th would see Twilight Markets at Mona Farm culminating with a spectacular fireworks display. Although the weather was cold with intermittent showers, that did not stop the enthusiasm of stall holders and those who attended. the fireworks could be seen for many miles. The committee would like to thank the Gearing family and Hockeys Braidwood for their contribution towards the fireworks.

Next was the Gala Ball at Mona Farm on the Saturday night. Tickets were sold out within 2 days. The committee engaged the services of Braidwood Apex who ran the Ball on the committee's behalf. Silent and live auctions, along with raffles and the sale of McGrath Foundation merchandise helped raise funds. The food, led professionally by Terry D'arcy was sensational with the Apex boys doing a terrific job waiting, serving drinks, clearing tables without dropping one plate. A special mention and thanks to the Apex boys and Nick Harton for his expertise in leading the live auction. Also, the generosity of Mona Farm for the donation of their beautiful premises and grounds on both Friday and Saturday.



Although the final figure is yet to be determined, the committee are excited to announce that over \$20,000 has been raised from the fundraising events.

The committee also received fantastic support from the McGrath Foundation along our journey with Ryan Barlow, Marketing Manager of the McGrath Foundation, attending the Gala Ball. Ryan was amazed at how the community worked together for a common goal.

This could not have been achieved without the sponsors, Braidwood businesses, the donations to auction items, community groups such as Apex, Lions, SES and Men's Shed and the community itself for buying raffle tickets, merchandise and supporting the event.

Thank you Braidwood community on behalf of the Braidwood committee of Paint Your Town Pink and the McGrath Foundation.

## Latrobe

The Apex Club of Latrobe organises one of the biggest craft fairs in Tasmania. Here is the story from the event coordinator Tammy Jeffrey: 'We had a gentleman come to one of our meetings around 14 years ago. He did woodwork and couldn't get into Deloraine Craft Fair as they were getting mainland people in and Tassie craftspeople couldn't get in. He suggested it would be good to have a 'Truly Tasmanian Craft Fair' showcasing only Tasmanian craft people, and our club said we would give it a go. We started off with around 9 stalls and it grew and grew, and now it runs over 3 days and has over 70 stalls. With a club of 5 people it's a struggle, but we raise around \$16,000 and the funds go to the local community. We donate money to the Apex Teenage Fashion Awards (AATFA) for Tasmania and we also donate to the Lions Relay for Life walk.'

Well done Tammy and the team: making a huge difference in the community through a fantastic event.



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# Club News

## Goroke

Things just got a little more comfortable for those heading out to popular Lake Charlegrark, this summer.

The local West Wimmera Shire Council celebrated the completion of two major projects on Wednesday December 12. Both were proudly supported by Goroke Apex Club.

"West Wimmera Shire Council are very excited to have completed both upgrades at Charlegrark and Goroke," she said. "Not only are these improvements extremely valuable to their local communities but they also are great way to encourage tourism to our region." said Mayor Jodie Pretlove.

Involving the installation of three-phase power and construction of a new toilet and shower block, the Lake Charlegrark Precinct Project added necessary facilities that will improve the experience hundreds of campers each year. The Goroke Little Desert Nature Playspace project helped to create a flexible playspace that caters for a wide age range. Taking inspiration from the Little Desert Nature Park, the nature-based play space offers the community of Goroke with a modern play facility and a place for social connectedness.

The Goroke project is supported by funding from Sport and Recreation Victoria, the Australian Government's Drought Communities Program and Goroke Apex Club.

The Lake Charlegrark Precinct Project is supported by funding from Regional Development Victoria, the Australian Governments Drought Communities Program, Lake Charlegrark Committee of Management, Lake Charlegrark Country Music Marathon and Goroke Apex Club.

Below: Official opening of the new play space at Goroke.



#### The Apex Magic Castle

Everyone is welcome to help out at the Apex Magic Castle this January. It will be a truly wonderful break from with family and loved ones. We are getting very close to our work party at the Magic Castle in January from the 10th through to 13th. We still have room for more helpers so please if you would like to experience a Apex service project like no other sign up now. Hope to see you all to help Keep the Magic Alive.

A huge thank you goes out to the boys at Ulladulla Men's Shed for making and donating 3 new coffee tables to the Magic Castle. It's one of the things magical about the Chalet it brings so many people together for the Aussie Children that enjoy the Chalet. Thanks boys for your support hope you enjoyed your stay and hope you will be back real soon. A big shout out to Foundation Chairman Brian Powe as he is a member of the Men's Shed.

Pictured below is the Apex club of Blacktown





supporting the kids from Aspect School, a special needs school from Sydney. This is what the Magic Castle is all about - children having a ball in the snow, smiles all round, supported by their local Apex Club. Keeping the Magic Alive. This is what dreams are made of.

The Chalet was built for the use of the children of Australia that are underprivileged and or disabled. The Magic Castle is truly magical all year round, not just in the snow season.

> The Chalet was built in 1979 by volunteer Apexians. More than 40,000 kids have passed through the doors since then. Together with generous Australian business owners Apexians have kept this wonderful property open and helping those in need. More help is always needed if you can help in anyway please contact the The Apex Childrens Chalet.

If your Club wishes to learn more about the Magic Chalet contact Big Jim at <u>jimmymullet@bigpond.com</u>

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# **Apex News**

## Facebook

We know that most Clubs have a Facebook presence. If you don't, get in touch with the National Office and they can help you get started.

All clubs can learn more by visiting

#### https://nonprofits.fb.com/

A brief excerpt:

#### Offer Regular Opportunities

Create a pattern of volunteer opportunities supporters can count on. A regular schedule makes it easier for people to build activities into their routine. You can use events on Facebook to create a volunteer calendar directly on your Page. You can also post a request for volunteers to respond in the comments if they're available, which will help you gauge interest.

#### Show People What To Expect

Many people have a cause they care about, but don't know how to help. Explain specific ways people can support your organization by outlining what you need and what they can do. Tell people about the kinds of tasks you need and how much time and effort is required so people can get a feel for what volunteering for your organization is like.

TIP: When planning, consider creating volunteer activities for pairs or groups. This makes it





easier for people to invite a friend, which grows your network and encourages people to show up.

#### Engage People Locally

Facebook helps people learn about activities happening in their local area. If your work has a geographic focus, you can search key words on Facebook to find other people, businesses and groups in your area that may be passionate about your cause. For example, you can search for "clean water in Seattle" to find communities focused on clean water. Filter your search results by people, Pages, places, groups, events and more using the tabs at the top of the search results, then reach out about support or collaboration.

## Whyalla

Whilst speaking of Facebook - jump onto <u>https://www.facebook.com/whyallaapex159/</u>

And give them a like. It's a new site for Apex Whyalla and they would love to keep you updated with their ongoing activities.

There's details on the fabulous Christmas Pageant, their great efforts fundraising for the Prostate Cancer of Foundation of Australia. Stay in touch via Facebook to see what is coming next.

And since we're talking about Christmas, look out for Apexian Number 36, coming just before Christmas 2018, which will feature some of the fabulous Christmas events hosted and supported by Apex Clubs around Australia.

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### Deloraine

Apex Deloraine proudly hosted the Tasmanian Tractor Pull Challenge again this year.

It's a cross between a sport and a test of driver skill, challenging the pulling power of various types and categories of tractors at Red Hill on the December 8/9 weekend.

The Tasmanian Tractor Pulling Vintage Tractor Association Red Hills Tractor Pull involves pulling a weight transfer sledge as far as possible down a 100 metre track and at the end of the competition the winners of each class are those who have pulled the greatest total distance.

Along with tractor pulling, the event will also

All funds raised from the event will be donated to the Apex Club of Deloraine.

The Club would like to thank everyone who helped out to make this year's Tractor Pull an amazing event. Of course, it couldn't happen without the assistance of club members, past members, their loyal sponsors and most important their local community. A special thank you to sponsors:

Highland Haulage Deloraine & Districts Community Bank Branch Deloraine Tyre Service Salt marsh Contracting



include mini V8 mini modified and super modified tractors from Victoria and local modified and vintage tractors.

The club has two pulling sleds and divides competitors into classes based on engine horsepower. This enables smaller tractors to use the small sled and competitors of these to enjoy tractor pulling. QuickSeal Asphalting Walters Contracting Delquip Industrial Sales Stihl Shop Deloraine Deloraine Motorcycles And Power Equipment Brian Mitchelson

# Club News



## Vale

Apex Australia would like to acknowledge the passing of Peter Garski. Peter was a founding member of Apex Blacktown, their first Life Member and National Secretary for 2 years in the 1970s.

Our best wishes go out to Peter's family and to his wife Jann. Peter was a amazing Person, a fantastic Apexian that was always there to support anything Apex, you may be gone Pete but you will never be forgotten, Rest in Peace. ===

We would also like to acknowledge the passing of Apex Whyalla past club President John Lewis.

#### ===

It is with the saddest of hearts the Apex Outback Postie Bike Ride Committee advise our Chairman Justin Voumard passed away peacefully at the Jamestown Hospital on December 8 2018, aged 51 years.

Justin's funeral will be held at the Big Shed, Victoria Park, Jamestown on Thursday



December 13 at 1.30 pm. In lieu of flowers, a donation can be made to the Apex Outback Postie Bike Ride. C/- 40 Mines Road, Kadina 5554. Envelopes available at the shed.

Our deepest sympathies to Andrea, Max, Drew and Jordan.

Justin has been the driving force leading the Apex Outback Postie Bike Ride to the successful event it is today. His leadership has enabled the formation of the Apex Copper Coast Retreats. Leaving a lasting legacy making a difference for South Australia families diagnosed with cancer.

A great bloke whose time was far too short. RIP Justin.

## Chinchilla

December in Queensland gets hot enough, but this December Apex Chinchilla helped out at the local Christmas Races. Congratulations to the team pictured at left.

## Bunbury-Koombana

Apex Bunbury-Koombana are regularly featured in the pages of the Apexian. In further recognition of their great work, The City of Bunbury has awarded the club the 2018 Wilcox Brown Perpetual Trophy, an award dedicated to not-for-profit organisations operating in their local area.

To be eligible, the group or origination must be not-for-profit and community-based, have been operating for more than three years and operate with an annual budget of \$100,000 or less. Congratulations to the Club for this worthy award.

Pictured on the next page is Bunbury Mayor Gary Brennan handing over the 2018 Willcox Brown Perpetual Trophy to Mark Hearn,





president of the Bunbury-Koombana Apex Club.

And pictured below left are some people enjoying their Annual Family Fun Day, held on November 18, 2018.

Community members flocked to the club's premises near Payne Park, eager to find out more about the organisation.

The event featured an array of market stalls, food trucks, and entertainment for people of all ages.

Mobile Laser Tag set up an obstacle course/map for participants to run around in.

This year's event raised vital funds for prostate cancer research.

## **Busselton**

Apex Busselton joined forces with local

adventure-based learning program Right Foot Forward, Busselton Senior High School and the Apex Foundation to send eleven Year 10 students into the wilderness.

Apex Busselton, with assistance from the national Apex Foundation donated money to the school to send the students on a four-night camp along the

Cape to Cape track.

The trek in late November, 2018 involved a hike of up to 10km a day and also took part in caving and abseiling.

BSHS Youth Pathways co-ordinator Dee Shade said the students involved were in the Skilled Up program and the camp would help them achieve their Duke of Edinburgh award.

Pictured below right is the BSHS class with Apexian Allen Hingston on the right. "The program aims to empower young people, build resilience, and work on confidence, team work and communication," she said.

"This is a great opportunity for our school and staff to build positive relationships with our students and engage those young people who may need a little extra support."



If your club wants to investigate ways you can work together with the Apex Foundation to support your local community contact the Foundation at apexfoundation.org.au

### Мое

On Saturday November 17 Apex Moe lit the bonfire which is a central part of their local community carnival, pictured below right. It was the 30th year the club, in conjunction with the Lions Club of Moe, hosted the event.

The late-spring event was originally Moe's own Guy Fawkes Night, but club president Chris McVerry said over time it became less and less about commemorating the failure of the Gunpowder Plot of 1605.

"It's more basically trying to provide something that's a free community-orientated event now," Mr McVerry said.

The size of the fire itself is smaller than it once was, according to Mr McVerry, because the group is conscious of not wasting resources.

"I haven't got to light it yet ... I think last year I was in the drinks van selling drinks when it was lit," he said.

"Maybe this year I'll light it."

Normally a feature of the event is lawnmower racing, but Mr McVerry said hay bales were too hard to come across this year because of the hay

shortage. "We tried to get tyres to do like a racecourse with car tyres. Our issue was then we would've had the problem of getting rid of them ... and you can't exactly just chuck them away," he said.

Mr McVerry said the benefit of the event was it was a win-win for local residents and community groups alike. "If it's local, it's a bit cheaper. The money mainly goes back to the community and the community groups they get some enjoyment out of it too," he said.

New features of the event include

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medieval re-enactments from Gippsland LARP and different rides. Local emergency services will have attractions at the bonfire night, as will GippSport, Guides and a range of other groups.

Mr McVerry invited anyone interested in Moe Apex to join their meetings on the second and fourth Wednesday of each month at the Moe RSL's board room, or to get in touch via Facebook.

"We do have sort of like the serious stuff in the meetings but then we also do take the mickey out of each other ... have a bit of a laugh," he said.

## Melbourne

The man bidding to become the next Premier of the southern state of Victoria has been rocked by serious allegations this afternoon.

Matthew Guy, the Leader of the Liberal Party in Victoria is at the centre of a political storm today after exclusive pictures reveal the aspiring liberal Premier enjoying some expensive seafood with the head of the powerful Apex gang.

While the details of the dinner are yet to fully emerge, the scandal comes after Guy was caught devouring lobster with an alleged high ranking member of Melbourne's Mafia late last year.

According to the Herald Sun, the Apex leader is responsible for coordinating a widespread reign



of terror over the people of Melbourne, so the expensive meal assumingly not paid for by Guy could potentially lead to an IBAC inquiry.

### \* Review required

Editors's note - not sure this article is 100% relevant to the Apexian. Bloody work experience kids just google Apex and we end up here.

## Wauchope

On Saturday, 22nd September, three St Joseph's Regional College students represented the school at the annual Apex Public Speaking Competition held at Wauchope.

Jorja Miller (Yr 10) spoke about 'The Devil on Your Shoulder';

Lorena Dionigi (Yr 7) read her 'The Forests Will Remain' narrative with adjustments to make it a speech; and

Makayla Iddles (Yr 8) delivered her 'Get Your Feminist Activism On' to gain second place overall across a field of eight entries.

All students spoke with skill, confidence and animation; and their demonstration of teamwork and maturity was a pleasure to observe. We hope Makayla's result is a sign of things to come in the public speaking and debating field at SJRC. It's definitely an area that all students have an opportunity to try out and be challenged by.

Well done Jorja, Makayla and Lorena!



## Central Australia

The Apex Club of Central Australia is proud to announce our 2018/19 Board. In what is a first for the club they have elected an all female board with the following positions: Sarah Hore - President; Beck Smith - Vice President; Clare Drabsch - Treasurer Kirstie Gieger - Secretary





Apex 40 Australia Inc. is not a Service Club, but an organisation formed to foster fellowship among past Apexians and their partners, and to retain the many friendships formed during their Apex years. It also exists to assist Apex, when asked, and not to operate in opposition to Apex. It is open to past members and their partners, and also Ex-World Councilors who have retired from their respective organisations.

Apex 40 are hosting their Annual RORT at Leeton in 2019. For more information visit <u>https://apex40.com/2019RORT.html</u>

The Riverina in Southern NSW is always great place to explore and to enjoy.

In 2019 the Apex 40 members will have the chance to discover the food bowl of Australia. An area that is steeped in farming history and is part of the Murrumbidgee Irrigation Area.

So prepare yourself for a taste of country hospitality.

The RORT will run from Fri 3rd May to Mon 6th May 2019.

It will be then be followed by a POST RORT Tour finishing on Friday May 10th.

#### RORT PROGRAM

Thursday (early arrivals)

Registrations open at the Visitors information

Centre 1pm to 4pm.

Phone 02 6953 6481 Email: enquiries@leetontourism.com.au

#### Friday

Registrations open at the Visitors Information Centre 1pm to 4pm.

Activities available during day include Fivebough Wetlands 1 hour tour, town Art Deco Guided walk, Murrami Rocking Horse Museum and Murrami Randall Organic Rice cake production. (see web page or booking form for details).

Welcome Social at the Leeton Soldiers Club - Bus pickup from 6pm.

#### Saturday

8:30am Leeton Town Tour by coach.

Morning tea at the Leeton Visitor Information centre. Travel to Southern Cotton Gin for a guided tour.

Lunch at the Darlington Point Soldiers Club. Altina Wildlife by horse drawn or motorised cart. An up close and personal experience followed by a cuppa, biscuits and slices. Dust off your Akubra and RM Williams gear and join us for our themed outback night at the Leeton Soldiers Club with great tucker and great music from our bush band.

#### Sunday

8:30am Coach departs for Narrandera Fisheries for a guided tour of native and endangered species of the Murray Darling Basin river system. Glendale Farm tour and Morning tea by the Murrumbidgee River.

Bus back to Leeton for AGM and lunch. Dinner will be at the Iconic Roxy Theatre with a live band and dance music from the 40's to the 70's.

Monday Farewell breakfast at the Leeton Soldiers Club from 7:30am. Coach departs for Post RORT Tour at 9:30am.



### **Date Claimers**

Jan 25-26, 2019 Bangladesh National Convention, Dinajpur

Feb 1 to 3, 2019 Indian National Convention, at the KANHA WILDLIFE SANCTUARY, M.P.

March 14, 2019 - Looking for all past and present Zone 10 Apexians to attend a reunion on 14th March 2019 in Laurieton NSW. Please contact John Gunn on 65595262; whitlley@ bigpond.com or John Fettell on 65802966; sales@ fettell.com.au. Looking for expressions of interest at this stage final numbers in February

May 3-6, 2019 - Apex 40s RORT at Leeton, bookings at <u>https://apex40.</u> <u>com/2019RORT.html</u>

May 24 to 26, 2019 Philippines National Convention at White Beach, Puerto Galera, Oriental Mindoro, Philippines - see https://www.youtube.com/ watch?v=AgrrvQQx2JI

The Ideals of Apex

To make the ideal of service the basis of all enterprise.

• To develop by example a more intelligent and aggressive citizenship.



• To promote a means of forming enduring friendships, rendering altruistic service and building better communities.

• To promote international understanding and friendship.

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## **Outgoing NP Moses Abraham report to the National Convention**

Well what can I say, it has been what seems, a quick 12 months in Apex, it's hard to believe that I stood before a great many of you 12 months ago with an incoming speech. Where did the time go?

After my induction last year Bossie took me aside and offered some advice, you don't need to be so serious all the time, take the time to have some fun. A few minutes later Mark Ballin got in my ear, the next 12 months isn't for fun and games, there is serious work to be done! I compromised and took a bit of column A and a bit of column B.

During my term at the helm of this great organisation, the Board and I have continued to build on the firm foundations and direction by the last couple of National Presidents.

This grass roots approach to the individual members, clubs and regions has allowed us to find our place after we no longer had states. The smaller districts, clubs and individuals have realised the desire to meet with fellow Apexians at Regional and State Catch ups, and to share fellowship and the networking of successful ideas.

Just like a club President, the NP doesn't run or do everything on their own. I was most fortunate to have a great team of Directors and RC's, who have all worked hard this past year to maintain momentum, not to say the last 12 months was without its challenges. Together we worked through and solved these issues, learnt from it, and improved things with a beneficial result for all. As they say "smooth water never made a good sailor".

If I reflect now, I think I could have done more, but at the time it was 100% of what I had to give. At times I found it challenging, and yet the experience has been extremely rewarding. I have learnt so much more about Apex and what we have achieved right across our country, but more importantly I have learnt so much about myself. By interacting with members, clubs, regions and our international counterparts, I have extended my limits and grown in confidence. The skills acquired by serving on National Board will continue to serve me, both in my career and personally for the rest of my life.

Serving on National Board has given me the opportunity to support and attend international conventions, events and functions all across Australia. In turn, this enables me to bring ideas and knowledge back to the board and my own club. I wholeheartedly encourage anyone who is passionate about taking that next step in their Apex journey to nominate for a Regional Communicator or National Board position. Apex will open doors for you that you never know existed.

Since assuming the role I have relished the responsibility of leading and working with a great team of Directors. Even at the highest position in Apex Australia, the old adage holds true, "The more you put in, the more you will get out". I am most grateful for the trust the members have in placed in me and the wonderful opportunities I have enjoyed, and the people I have encountered. To give you a brief rundown on my term at the helm of this great association of like-minded people, and what I feel that I, or more importantly WE have been able to accomplish over my tenure.

We finalised the Apex Park Sign Project which was started in the previous year under the leadership of Mat O'Donnell. Normally projects only run for 12 months. This one just took that little bit longer to wind up with a considerable amount of Park signs installed this year as well. The National Project of rejuvenating our Apex Parks continued to refresh and promote our brand in parks located in towns where sadly there is no longer an Active Apex Club.

This project looked back on our own heritage, and the spread and influence that Apex has in those formative years in urban and rural communities across Australia. As a mark of respect it pays tribute to those members who lay down the foundations to give us the Apex we have today. This project may have ended but those signs are still available from Supply house or the National Board for \$50. Members, clubs and regions may continue on with this fantastic initiative in to the future where the opportunity presents itself.

The Biggest Ever Blokes Lunch was this year's National Project. Our goal to raise funds and awareness for the Prostate Cancer Foundation of Australia was put forward by the Apex Club of South Wagga, and has gained momentum across Australia.

I've had the opportunity to attend 3 of these lunches, all being unique in their own way. The Blacktown Club commissioned some fantastic Limited Edition Model cars for their contribution, all decked out with BEBL signage to raise funds.

It was great to see these clubs supporting such an important cause and I hope clubs continue this partnership with PCFA into the future. Apex can then continue this great work to raise funds for awareness, treatment, cancer care nurses and ultimately a cure.

My seat on the Apex Foundation board, was both an honour and enlightening as to how this talented group of people manage both our financial reserves and the various trusts and physical assets that allow us to continue doing what we do across Australia.

A big change this year was the relocating of Apex's National office from the Apex camps centre at Mudjimba to Toowoomba with our new secretariat, Flagstone Corporate Services. The contract was put out to tender with this move primarily done as a cost reduction, with savings passed on to the clubs in the per clubitas. 12 months in, we are still streamlining the process with improvements being made, such as the online application form for new members on the home page of our website.

The investment in a new Data base for the association will help Apex move forward. It will be an accessible, usable online portal to update information of members and assets, but most importantly it will be an easier, more coherent platform for the Admin and clubs to enter and recall information. I strongly encourage all clubs to be engaged in this process.

I started on the eMap when I first became a director after struggling as a RC to know who, and where my clubs were. This was originally going to replace our old "Apex Bible" club directory. It has since evolved into a quick reference tool which includes the Regional boundaries. At the Apex Global meeting in Malaysia in 2017, other Apex nations were invited to contribute their club details and this was taken up by India, Singapore, Malaysia and the Philippine associations, giving those who view the E-map, a greater understanding of the spread of Apex to those countries shown on the map and an impressive 100% representation of the Apex clubs of India.

This year was the first time that Apex Global had met, and all Nations were in attendance, with Apex Fiji being present. Some ground work was laid over the last 12 months with the Fiji board to encourage them to travel and rekindle their involvement in Apex Global.

The Apex Australia organisation continues to make progress. This year alone we have approved five Life Memberships. This gives me renewed confidence that the current members are proud of our heritage and are still looking to recognise valuable members with one of our highest accolades. "Looking Forward, Looking Back" we have a destination in the distance, but are ever mindful of where we have come from, and what solid foundations our predecessors have laid down for us.

I started my journey to becoming National President only 15 years ago when I joined Apex after moving to Chinchilla. I was just a quiet shy country lad off the farm, in town having a go. After filling several club portfolios, I sought to give back to the association which had already given me so much. I stepped up to be a Regional Communicator in 2014 and enjoyed the challenge of coordinating 14 clubs. I realised at the end of those 12 months I still had plenty of fire in my belly and wanted to give more, so I stepped up to serve on National Board. My two year term coordinating the 13 Regional Communicators was certainly a learning curve but hugely gratifying. I was encouraged to put my name forward for the Presidency itself and whilst it was not a role I ever dreamt I would do when I joined Apex in Chinchilla in 2004, (I was happy to just cook hot chips) I accepted the nomination and was successful.

As my time draws to a close I would like to reflect on my time of service. If I had to sum up, what the one thing that I can say that we have achieved in the last year is the momentum of reconnection of Apex clubs to each other with my encouraging and promotion of travel and fellowship at an interclub and regional level this has brought strength to us and seen growth in the association to now over 1,300 members. Fellowship is 1/3 of what our founders based Apex on nearly 90 years ago, the more some things change, the more they need to stay the same. From interclub visits to regional catch ups this comradery is the essential glue that binds friends and clubs together. The thought of being in a car, bus, or plane for hours may seem an ordeal for some, but it is often where great ideas have spawned from and you can learn so much from talking to others on the road or at the destination. We need to continue to promote these trips to all members, Past, Present and Future. Our strength is in our members, and if the members can look after each and their local clubs, then the association will ultimately look after itself.

My travel started not too long after I joined when I was forcibly baited & picked up by senior members in my club and went to a district meeting at Condamine, a one horse town, with no Apex club but it was a central point for our district, it was there I first met others in Apex and we had an instant bond, and I realised we are all in this together for the same reason- to help our communities and each other. Since then I have travelled with good friends who were DG's to other clubs, and conventions and then to several

Apex Countries where I have made strong friendships with our fellow Apexians from across the seas and I can honestly say there is so many opportunities for you, personally and professionally within Apex, than what you can do in your own club or town. Travel has taken me from being a simple Chip Monk in Chinchilla, all the way to National President, and I implore you to get your own Road Trippin' hat...or spiritual plant, and encourage your fellow Apexians to get out there and travel. Don't be shy about and when you go, take somebody with you, you never know they just might be a future National president!!

I leave your association under the leadership, and in the very capable hands of my great friend Neal Molineaux and his board of elected directors, He and his team will continue to build upon the solid foundation, common direction and track record of what previous boards have laid down over the past several years, and I'm sure he will bring his own flair and style to the position. Neal has been a solid rock for myself and the board over my time as president, with his dedication to Apex and his role as a respected National Secretary for the last three Presidents, and his dedication to due process is indeed a credit to him. Thank you Neal.

I would like to thank my family for the love and support they have given me while on board for spending late nights and time away, can take its toll, without the understanding of my daughter Jemima and partner Bec Kuhn and her parents LM Shayne & Vicki, I wouldn't have been able to achieve what I did. And when I say family I also include in that my Apex family from Chinchilla, many of whom are here tonight the Wingman Hewie, and pretty boy Cardillo and lifers Woodzy and Bossie without their encouragement and support I certainly wouldn't be standing before you tonight. As we are all in one big Apex family I also thank everyone here tonight for the time to travel to wagga with partners and family, when you return to your clubs and home please convey my personal thanks to all members AND THEIR families for the time that they spend in Apex away from work and loved ones.

My Board of directors have been a great team to work with, and we have all learnt from each other along the way. A special Mention to the 2 mentors on the board this year as a steadying hand and a voice of experience and reason, Life member Richard Colwell a past state president and national secretary & Lifer Mark Ballin, past state, national & international President. Thank you to Secretary Neal Molineaux, Treasurer Michael Godfrey, Communications Leon Budden, Awards & Grants David Sloss, RC Director Mat O'Donnell, Liam Scott Legal and Compliance, Craig Martin Bursary, Mark Ballin Mentor, and Director Mark O'Donnell, Apexian editor & marketing,

Where is Apex going? The Apex of yesterday is gone, today is near done and dusted, What we do with the Apex of tomorrow is up to all of us, we won't wait for things to be handed to us, just remind yourself- if it's meant to be, ITS UP TO ME!

# **Apex IR & Global News**

## Apex Cuddalore & Apex Madras

#### Appeal for CYCLONE RELIEF TAMILNADU

As you may know, eight Districts of Tamil Nadu were totally devastated during the recent cyclone, which had left hundreds of thousands of people homeless, without food and water.

Many of you may be interested in extending a generous helping hand in this hour of need. Apex Clubs in India have taken up the relief work in places wherever it is necessary. Apxn Cheran Murugesan and Apxn Selvam from Apex Coimbatore Millineum are organising relief materials and transport and are going to the affected districts personally to partake in the relief works.

Apexian Prasad, the incoming District Governor of Dist 7 is also joining the team. If we send cash, they can buy the relief materials needed and take them and distribute personally. All Apexians should consider the request urgently and contribute generously towards this joint effort.

SUPPORT AND SERVE. Contributions may be sent to Apex Club of Madras or Apex Club of Cuddalore. 1.APEX CLUB OF CUDDALORE ACCOUNT NUMBER 838610310000187 IFSC CODE BKID000838 Bank of India Cuddalore Branch. 2. APEX CLUB OF MADRAS SB Account. 018301000008843 Indian Overseaa Bank Nungambakkam IFSC Code IOBA0000183

Pictures below are from the Apex club of Komarapalayam. Apex club members and s.s.m polytechnic college alumini students have collected Rupees 2,00,000/- worth of daily essentials. Apex club Global Chairman Mr P.E.Eswar sir proudlt led this activity. Collected materials have been directly given to people affected by the kaja storm.



## An important offer from the Apex Foundation

Best wishes to all the member of Apex Australia from the Apex Foundation.

On behalf of the Apex Foundation, I am pleased to offer accommodation at the Shoalhaven Heads Apex Cottages for Kids (The Shack) for farmers and their families in the event they need respite from the drought. Obviously, this offer is made in conjunction with Apex Clubs, which will be the link between the farmer and The Shack.

Shoalhaven Heads is about 2 hours south of Sydney on the South Coast of New South Wales and The Shack is at the corner of Scott and Staples Streets. It is a complex of 6 two bedroom self-contained units with each unit having sleeping accommodation for 6 people with cots and high chairs.

There is a charge of \$40 per night PLUS a cleaning fee of \$50 per booking but these can be reduced or waived depending on the individual circumstances.

The booking system is web based and if you wish to access this programme, you are to first of all check on the availability of the accommodation on the website (<u>http://theshack.apexfoundation.org.</u> <u>au/</u>). To proceed with the booking or if you need any further information, please contact me or Ray Vincent on <u>ray@raymondvincenthomes.com.au</u> or 0402 287 547

Yours in Apex Brian Powe Tel: 0409 838 692 E mail: chairman@apexfoundation.org.au

## **Insurance News**

## Your Club's Certificate of Currency is available online

## https://www.apex.org.au/insurance

You'll also find forms you can complete to update your club assets, an important presentation from the recent National Convention (if you weren't there you really should watch it, plus contact details for our broker, Maninder Sandhu at Aon. If you have any questions at all about your coverage, contact Maninder. Here's a brief run through from him on event liability:

## Liability & Events

Public and Products Liability insurance protects an organization for personal injury or property damage claims from a third party. Personal injury or Property Damage can occur in many ways, for example lack of maintenance of premises, provision of group activities, community events, the selling or donation of products, food handling or lack of attention

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to the people in the Insured's care can pose risk of injury or damage occurring. In the event that the organisation is deemed liable for injury or damage, the General Public and Products Liability policy is designed to pay compensation to the third party.

### Few key points to follow

The insurance policy is not designed to protect other organisations or service providers working in partnership with Apex. Those organisations and service providers must carry their own insurance. Apex is required to collect and file respective insurance proof from the other organisations and service providers.

Each event with more than 500 people attending requires submission of event plans, risk management plans, confirmation of third party service providers insurance and event details at least four weeks prior to event date. In the absence of which the event remains uninsured as per terms and conditions of insurance policy. Where your club has undertaken this process in the past, a simple review is only required next year. In order to obtain approval please submit required information with your insurers care of maninder.sandhu@aon.com

#### Any servicing of alcohol without a license is a breach of insurance policy conditions.

Please do not undertake road closures. Road closures should only be conducted by appropriate authorities.

Policy Exclusion:

#### Hazardous Activities

This policy does not cover the legal liability of the Insured to pay damages or compensation to any third party, or legal costs associated with any claim, in respect of an injury sustained by a third party where the insured is responsible for the organisation of and/or participation in bungee jumping, parascending, hang-gliding, parachuting , base jumping, white water rafting, motor races, rallies and like events, except where agreed by insurers in writing.

#### Fire Works

Your insurer require a certificate of insurance from the Fireworks/Pyrotechnic operator noting specific event and period of event and noting Apex club as Principal on the policy. In the absence of preapproval insurance policy excludes any liabilities resulting from fire works and pyrotechnic.

#### Jumping/ Bouncy Castles:

If Apex is supplying any bouncy castle, it must:

- Be supervised by responsible employees/volunteers at all times when in use;

- Be restricted to use by appropriate age groups (eg. Infants to 2, 2–5, 6–12 and over 12 years must not be mixed)

#### Trampolines

it must be supervised by responsible employees/volunteers at all times

- Be fitted with safety side netting to prevent falls from the trampoline;
- Not be used by more than one person at a time.

If you are unsure about any event you are planning on holding, please contact Maninder BEFORE it's too late - he will be more than happy to help.

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## National President, Neal Molineaux

Firstly, congratulations to immediate past National President Moses Abraham and his Board for an outstanding year of achievements and leadership within this Association.

It was great to meet so many of you at the recent National Convention in Wagga Wagga, a time to reflect on the previous year's achievements and successes. Also a time to grow, learn and have fun whilst making new friendships and catching up with friendships developed at previous Conventions.

The training saw high participation, with some of our current members stepping up and delivering their experiences and knowledge in particular areas of interest. The Delegates briefing allowed for constructive discussions and some great debate, allowing the Business Session on Saturday to flow efficiently.

Congratulations to all the nominations for the National Awards, it was great to see so many of high quality and worthy. Unfortunately, there can only be one winner and congratulations to these Clubs and Members.

At the Convention, we discussed ways to introduce new members to share the same experiences we have been able to within Apex. With the most effective way being;

Ask/discuss with a potential member on 3 or more occasions that they should join Apex and arranged to pick them up and take them along to your Meeting.

Most delegates and past members present at the Convention advised this was how they were introduced to Apex. If we all do this over the next year and are able to encourage 1 new member 'To Grow, Learn, Make Friends and Have Fun Whilst Helping Others', we'll double our membership. Sounds simple?....cause it is! This won't cost us huge amounts of \$\$ in advertising and media campaigns, it will just need us to......ask someone. So lets all work together to see what we can do to share this great Association called Apex and the experiences we have, with others.

Already this year I have been able to encourage Apexians to join with me and support our Australian farmers that are currently suffering from a server drought, and I also personally thank the Apex Foundation for their generous support towards this fundraiser. The combined total thus far is around the \$17,000 mark, which is moving when all I challenged myself to do was raise \$10,000 (which I thought was a significant amount). The total amount will end up double what I was expecting. If there are any other donations still to be made, let's do this now and get it closed out; 'National Presidents Drought Relief Fundraiser' through Rural Aid; https://www.buyabale.com.au/donate/?supporter\_id=54904

In addition, this year we'll see the release of the new Database (over coming weeks), something that has been talked about for years. Credit needs to go to last years Board for the major development of this system. However, it is something that the Board currently sees as something to continue to develop for our members. Not just ticking the box, move on and forgetting about it.

The Association Project this year is to; raise awareness and funding for the Apex Magic Castle, to go towards the ongoing up keep of the facility. The target is \$40k for 40k children that have benefited from this Chalet over the past 40 years. https://youtu.be/aA0mRvLis4M

The 1969 Apex Autism Walk will celebrate 50 years in 2019, so the Board is working with Apex Clubs to raise awareness and funds towards Autism. The objective is;

To recognise the achievements of the Apex "Walk Around Australia" project in 1969.

To provide a mechanism for Clubs to recognise, raise funds and support issues of an Autistic nature within their direct Community.

• Raise awareness of the Apex Foundation's Autism Trust, how it started, and it's benefit and contributions to today's society.

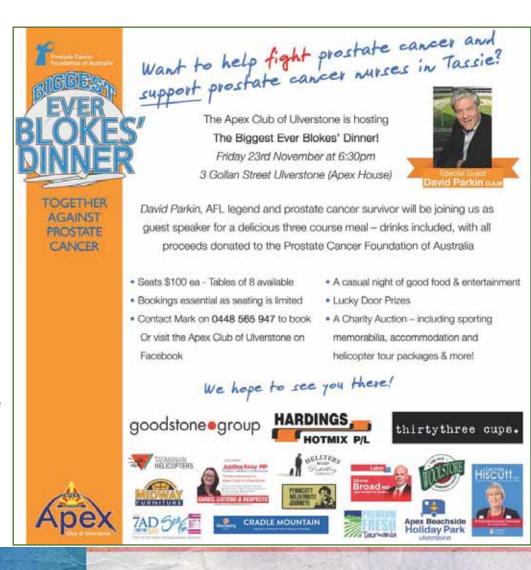
Bring Apex and their Communities together in a common cause. Keep an eye out for this information, as it will be coming out to Clubs soon.



## **Apex Australia Project Wraps Up**

It's been a great year with Apex and the Biggest Ever Blokes Lunch, which aims to raise funds and increase awareness of prostate cancer to reduce the impact on Australian men, their partners and families.

The Biggest Ever Blokes' Lunch initiative was the 2017/18 Apex Association Project. There was great support throughout the country, ranging from the Apex Gympie Music Muster through to Ulverstone in Tassie who's event details are on the right. A complete wrap up of the year will be in the next Apexian.



#### SUBSCRIBE TO NEWS

at Apex.org.au

WEB apex.org.au

#### MEMBERSHIP 1800 00 APEX

**ADMIN EMAIL** admin@apex.org.au

**ADMIN QUERIES** 07 4697 5303

## FACEBOOK GROUP

Facebook.com/ groups/5286391317 FACEBOOK PAGE facebook.com/ ApexAustraliaClubs/

**MAIL** PO Box 166 Darling Heights Qld Australia 4350

**SUBMIT STORIES** newsletter@apex.org.au

If your club has some news to share please send details to newsletter@apex.org.au. Don't forget to share this newsletter with everyone in your Club. The Apexian, December 2018 Issue 35

