



ISSUE 38 July 2019

APEXian

News and Views from the clubs of Apex Australia

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2019 NATIONAL CONVENTION

KADINA OCTOBER 10-13TH



VALOUR Park



Have you visited Valour Park, on the highway between Sydney and Canberra? It can be found at 881 Federal Hwy, Watson, ACT, 2602.

Originally named Apex Park when founded in 1961, it was established as a memorial to members of Apex who perished in war. There are 76 Apexians who lost their lives during World War II.

The park later included a memorial to honour 'junior farmers who made the supreme sacrifice in service to their country'.

In 2014 it was renamed Valour Park, and forms a feature of the Remembrance Driveway, a series of parks between Sydney and Canberra designed to honour those who served us and those who gave their all.

Valour Park and the memorial to fallen Apexians forms the southern most memorial

park on the Remembrance Driveway.

"Remembrance Driveway will become a living shrine, dedicated to the patriotism, heroism and endurance of all those who kept alight the torch of freedom and justice when, one by one, so many other countries of the world saw it being dimmed." – Remembrance Driveway brochure, 1953

The name of the park comes from the inscription 'for valour' which appears on the imperial Victoria Cross and the Victoria Cross for Australia.

Current plans have been announced to include a new memorial for the "Afghanistan Victoria Cross Memorial" within Valour Park. The new memorial is expected to be ready prior to ANZAC Day 2020.



The Afghanistan Victoria Cross recipients to be commemorated are:

- Trooper Mark G Donaldson VC, 2 September 2008
- Corporal Benjamin Roberts-Smith VC MG, 11 June 2010
- Corporal Daniel Alan Keighran VC, 24 August 2010

- Corporal Cameron Stewart Baird VC MG (posthumously), 13 February 2014

Valour Park is a special place to reflect upon the sacrifices the few have made for the many.



ANZAC Day 2019

National President Neal Molineaux represented Apex Australia at ANZAC Day 2019 services. Pictures at right and above are from Uranquinty, NSW.

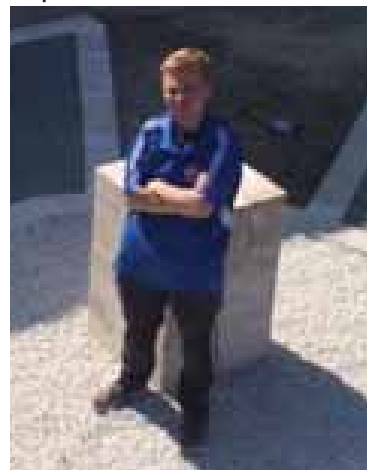
Albury - Memorial Garden

Albury Apex is proud to have Deacon Jackson as part of our club, what started as Dan Jackson bringing his young bloke along to help with service ended up becoming the Apex youth program.

Deacon has come along to many of our service jobs now and at times earned more service hours than some of the active members. He is also a military cadet with the RAAF which goes to show his discipline and commitment. Because of his military background his school principal asked him to design and build a garden of remembrance for the Anzac ceremony. He put pen to paper and arranged all the products then presented his project to the club.

We were straight on board and within a couple of weekends the garden was complete in time for the Anzac Day ceremony at James Fallon High.

Albury Apex, Deacon and his family put in the hours to complete the job and we're all in attendance for the opening ceremony of his garden which will be his last project for the school before graduation this year. Great job Deac. Yours in Apex, Luke Corkett, Albury Apex



Chinchilla

Helping out at their
annual ANZAC
Breakfast



Kadina Apex Club Invites you to the 2019 Apex National Convention October 10-13, 2019

Kadina is nestled on Narungga Aboriginal land in the heart of an area known as the 'Copper Coast' on the northern end of the stunning Yorke Peninsula. Less than two hours' drive from Adelaide, the area encompasses the towns of Moonta, Wallaroo and Kadina, and the coastal villages of North Beach, Moonta Bay and Port Hughes. With pristine beaches in the protected waters of the Spencer Gulf, it is the perfect location for a beachside holiday of swimming, fishing and strolling along the sandy white beaches while the sun sets over the water. Accommodation for the National Apex Convention is situated at the Wallaroo Holiday Park, with unrestricted sea views overlooking the beautiful Wallaroo Bay.

The Copper Coast gets its name from its rich copper mining heritage, dating back to 1859 when copper was first discovered in Kadina. Cornish and Welsh miners made the area their home, and built their miners cottages and the distinctive mining chimney stacks and engine houses. Traditional Cornish pasties are a staple in the many cafes and bakeries in the region. The Moonta Mines area is a National Heritage site and every two years in May the area proudly hosts the world's biggest Cornish Festival (Kernewek Lowender), attracting over 40,000 visitors to the week-long festivities. Observant visitors to the region will be able to spot wild kangaroos, wombats, blue tongue 'sleepy' lizards and dolphins. The area boasts a Mediterranean climate, some of the best wheat growing land in Australia, and a huge selection of historic pubs to enjoy a cold beer. We hope you can join us at the Kadina Convention to experience everything that the Copper Coast has to offer.

*For more information and
to register visit*

www.apexconvention.com.au

2019 APEX NATIONAL CONVENTION

Kadina Apex Club National Convention 10 – 13 October 2019

Kadina is situated 160km North of Adelaide. Approximately 2 hours drive from the Airport.

Accommodation - at North Beach Tourist Park Wallaroo (15 minutes from Kadina).

There are a number of other accommodation options in Wallaroo.

Day	Time	Activity
Wed 9/10	PM	National Board arrives Adelaide – Own transport to Kadina
		National Board – North Beach Tourist Park
	6:00	Dinner – Coopers Alehouse Wallaroo
Thursday 10/10	7:30	National board – Breakfast in rooms
	Before 3:00pm	Delegates/guests begin arriving into Adelaide Airport
	9:00	National Board Meeting (Kadina Apex Clubrooms)
	4:00	Adelaide Coach lines Bus transfers from Airport to Kadina (North Beach Tourist Park.)
	6:00	Kadina Apex Club hosted – Social / Dinner
Friday 11/10	7:30	Breakfast – North Beach Tourist Park – Breakfast – Camp Kitchen
	9:00	Member training – Function Room CCSLC -
	12:30	Lunch –Cornish Pasties
	1:00	Member Training – Function Room CCSLC -
	3:00	Tour Kadina / Copper Coast
	5:30	<u>Freaky Friday</u> - Beach BBQ – North Beach Tourist Park
Saturday 12/10	7:30	Breakfast – North Beach Tourist Park – Breakfast – Camp Kitchen
	9:00	National Convention / AGM– Function room CCSLC
	1:00	Mick's Walk – to tourist park
	2:00	Lunch – Tourist Park – Interclub Beach Games / Competitions
	5:00	Happy hour / Preparation for Dinner
	6:00	<u>GALA dinner</u>
Sunday 13/10	7:30	Breakfast – North Beach Tourist Park – Breakfast – Camp Kitchen
	9:00	Bus Transfers to Adelaide

What you can look forward to in Kadina



Club News

Beaufort

Pictured below is Club President Ben Curnow placing a wreath on behalf of Apex Beaufort at the Beaufort ANZAC service. This is just one of many contributions Apex makes to ANZAC Day every year. (see also pages 2-4)



Roma

Apex Roma hosted the bar at the recent Roma Redneck Mud Racing Derby. Great afternoon of fun, and an exceptional fundraiser for the local Apex Club. Just north of \$1,800 was raised for an afternoon's work helping out a fellow local club.



Chinchilla

"Found" during a recent trip to a Toowoomba Apex Club Meeting - The Dinner Bell from Injune Apex Club



Bairnsdale/Traralgon

Traralgon Apex catering crew shirt getting a workout in Nicholson Mall, Bairnsdale. (Editor's note, I think there's a story to tell there...)



Milton Ulladulla Apex launch Apex Dads Group - the Fathering Project

Last month the Milton Ulladulla Club brought together families across their community to initiate their local community Dad's Group.

Joining the Club to inspire and equip fathers and father figures to engage with their kids, and bringing better outcomes for our kids and our community, three local schools have joined forces to create a community Dads Group. The Milton Ulladulla Apex Club has initiated the project for the region and are now inviting all dads, mums, grandfathers, grandmothers, aunts, uncles, carers, guardians and father-figures in the Milton Ulladulla area to this informational and inspirational evening launch.

During the launch, The Fathering Project representatives shared what they are all about and how they can, as a community, be a part of this project. Over 400 people attended, which organisers state was a great success.

"This isn't just for fathers and father-figures, the project is intended to benefit our entire community and we recognise all families are different, so while we are actively trying to get dads involved, please all come along to our launch event so that we all understand the background and the aims of the program."

Following this launch event, Apex

"It is an incredibly worthwhile event and the feeling in the room of positive family interaction is hard to describe. Highly recommend any Apex club consider getting involved - minimal or no cost if events are self sufficient. With a bit more time and experience we will consider recommending this as a Club Project - but we can forward any club the details. TFP started in Perth and is spreading East rapidly They have reps in each state - mostly voluntary - and we can connect clubs locally if interested" Matt Dell, Apex Milton Ulladulla

Milton Ulladulla are hoping to form a group of dads, who will then help them drive this program within the community.

"There won't be too much work involved as we acknowledge we all have busy lives. We'll just come up with ideas and organise three dad/kid events at our fantastic schools and two more dad only events, a total of five events over the year. Events held at other schools have included; Paper-plane making and throwing competitions, Daddy-daughter Hair and Karaoke, Bangers and Bingo, Breakfast with Dad and Movie nights."

This is a community project and is fully supported by 3 local primary schools. The importance of having a project that focuses on fathering and aims to assist fathers and father figures in their important roles for our kid's futures cannot be understated.

Visit www.thefatheringproject.org/dads-groups for more information or become a member – it's free.



Milton-Ulladulla



The Milton-Ulladulla Apex Club and their community have raised \$10,000 for a Falls Creek family whose farm foreclosed in early May.

Milton Ulladulla Apex Club worked in conjunction with local winery, Cupitt's to host a weekend of live music, great food and wine to raise money for a local farming family. Maple Ridge Goat Dairy foreclosed early May, due to financial pressures of the rising price of feed over the past year, due to the drought conditions.

Cupitt's saw an opportunity to help the family over the Queen's Birthday long weekend.

In perfect winter conditions, with local band Soul Tonic performing a sensational concert; the community and visitors joined to raise \$10,000 for Caleb and

Meghan Graham and their three children.

The money raised will help them through this tough time of paying off debt and general ongoing costs of a young family.

Apex Milton/Ulladulla also used this weekend to launch their new project to help fathers and felt that this fundraiser aligned with their mission (see page 5).

Apex's Jon Louth said the Graham's situation hit close to home. "We've recently set up a Milton Ulladulla Dad's Group to help dads come together to engage more with their kids," Mr Louth said.

"Our local club members are predominantly fathers of young children and teens, so it really hit home that this local family was really in need of a hand up at this tough time. So of course we were more than happy to be involved and we're excited that we've been able to help."

Rosie Cupitt, who has worked with the Maple Ridge Goat's milk for the last four years, said she was devastated to see the dairy close.

"This weekend proved that we live in a very generous community. Farmers can be very proud people, it is in their DNA, they are also very self-reliant and self-sufficient. I believe this gesture of help from our community will make a big impact for the Graham family financially and emotionally."



Gympie Music Muster

Apex Gympie Music Muster is stripping away the stigma around rural mental health this August in support of 2019 charity partner, the Royal Flying Doctor Service, Queensland (RFDS).

With on site and online help from social media activists Ben Brooksby (The Naked Farmer), Mick Gould (Married at First Sight) and Nick 'The Honey Badger' Cummins, the iconic Aussie event is leading #getnaked4Muster and 'Funky Shirt Friday' initiatives to raise awareness and funds for delivery of RFDS state-based mental health programs.

Muster Chairman, Greg Cavanagh said the choice of this year's charity partner was driven by the need for greater mental health resourcing in rural communities.

"Those living in rural areas are just as likely to face mental health challenges as city dwellers, but 1 in 5 times more likely to commit suicide due to lack of access to support services," said Mr Cavanagh.

"Every loss of life or suicide attempt has a ripple effect on family, friends, workplaces, schools and communities and the statistics in Queensland are far too high. "This year's charity partnership is harnessing the collective power of community to drive change; opening up a dialogue and making it easier for people to connect with what's happening in each other's lives. At Muster, there are no strangers, only friends you haven't met yet."

Muster is encouraging festival-goers to support the work of the RFDS by either getting naked, dressing up or meeting their neighbour in and around the Amamoor State Forest festival site this year. Gympie lad, Mick Gould has polished up his boots and his birthday suit to lead the #getnaked4Muster photo competition – offering those with the guts to get naked the chance to become Mr / Ms August in the 2020 Naked Farmer Charity Calendar, along with a swag of other prizes.

The not so brave can shirt up for 'Funky Friday' [Muster Friday, Aug 23], wearing their fave op-shop bargain or lairy number gifted by a relative with a sense of humour. The team

from social enterprise TradeMutt will be on hand to provide funky work shirt tips, and start conversations from their base at this year's RFDS stall.

In addition, the Nescafe crew will create on site café spaces to give Muster-goers the chance to sit, chat and find out more about their neighbours. "The RFDS is thrilled to be chosen as the Gympie Muster's charity beneficiary in 2019, a year that has seen the resilience of those across rural and remote Queensland truly tested with the devastating floods across north and north west and the prolonged effects of drought in other regions of our vast State impacting both livelihoods and individuals' sense of wellbeing", said RFDS Queensland Section CEO, Meredith Staib.

"While much is made of our life-saving aeromedical services, our ability to provide counselling support and look after the emotional needs of these pastoral communities is of equal importance, so we thank Muster organiser's for shining a light on this important issue".

The Queensland RFDS team will be at the festival offering aircraft simulator tours and raffling off a custom-made and signed Keith Urban guitar and one-of-a-kind Muster t-shirt signed by 2019 festival artists.

Raising in excess of \$15 million for Australian charities since its inception 38 years ago, Gympie Music Muster is an Apex event we can all be proud of.

Upholding Muster's tradition of true, grassroots country music coupled with an exciting element of discovery, the 2019 program features more than 80 acts, from Nashville sensation Chase Rice and 'rockgrass' phenomenon Hayseed Dixie to festival favourites Kasey Chambers, The McClymonts and James Blundell to R'n'B legend Renee Geyer, Tex Perkins and more.

The Gympie Music Muster runs from Thursday August 22 to Sunday August 25, 2019 in the stunning Amamoor Creek State Forest near Gympie. Tickets are on sale now via www.muster.com.au

Gympie Music Muster Fast Facts

- Gympie Music Muster celebrates mates, music and making a difference in its 38th year.
- Over the past 37 years it has grown from a small **celebration to an iconic event that defines the Gympie region.**
- Held from Thursday 22 – Sunday 25 August 2019 Gympie Music Muster is Australia's largest charity festival, run by the community, for the community, raising in excess of \$15 million for charity and community groups since it began.
- The Muster is a fundraising initiative of the Apex Club of **Gympie. All surplus funds benefit the local community and designated charity partners.**
- Generations of Muster goers return annually to enjoy the friendly family atmosphere –there are no strangers at the Muster, only friends you haven't met yet!
- The Muster provides local, regional and national artists and songwriters an opportunity to perform in front of one of the largest outdoor audiences in regional Australia.
- The 2018 event has been measured to have contributed more than \$6 million towards the Queensland economy.
- The community is The Muster's most valued resource with more than 15,000 volunteer hours given to the 2018 event.
- The Muster is the quintessential Australian entertainment experience, bringing music and mate-ship together under one big open roof and offering a camping and leisure experience like no other. It celebrates the true spirit of country Australia and the strength and resilience of regional communities.
- While contained in the picturesque Amamoor Creek State Forest in the Sunshine Coast hinterland, the event offers its patrons every luxury. Bars, Food Stalls, Baristas and **five-star camping; there is no need to skimp on quality when patrons make their way to the Muster.**
- The event is family friendly (kids under 12 are admitted free) and focuses on providing a safe and non-threatening event.

An unmissable and iconic event, one ticket gives festival goers free camping and multi-venue access to all performances to experience everything one of Australia's favourite country music celebrations has to offer.

Dowerin

THEY say Australia's agricultural industry has a strong story to tell.

Combine that with 55 years of history and it's safe to say the Dowerin GWN7 Machinery Field Days could tell you a yarn or two. The event began in 1964 with 20 exhibitors as a way to raise funds to water the town's ovals.

It has grown into WA's largest regional event, uniting a small community and showcasing the best of Australia's agricultural industry, while providing a platform for businesses to sell their products to the 24,000 plus visitors that come through the gates.

The funds raised by the event are invested back into the region and event co-ordinator Kahli Rose said, "\$1.3 million was injected back into the community and surrounds between 2006 and 2016 and we are committed to continuing to invest back into the region". With more than 300 volunteers still at the helm, this year's theme is about them, with capturing their passion, values and community spirit to ensure their contribution and their lives are celebrated.

The fashion area is also getting involved with a commitment to showcasing the story of Field to Fashion and celebrating the evolving fashion movement and traceability among the industry.

"Like food, the consumer is starting to question where their clothes are produced," Ms Rose said. "We want to encourage that, and through our partnership with Eco Fashion Week, be a platform to celebrate the natural fibres produced in the region.

"It's not often you see shearers and international designers celebrated in the same room - this area is about giving them all a voice to share their love for the fibres produced in Australia."

Other highlights will include the Field Days Unity Tree, potato dig, careers corner and pop up dairy.

The field days continue to be a key fundraiser for organisations within a 100 kilometre radius

of Dowerin as every volunteer is paid \$20 an hour to support an organisation of their choice. The local Apex club run the onsite bar and according to bar manager Paul Millsteed, the club owes a lot to the field days. "The field days allows Apex to raise funds to put directly back into the community and other charities - what we fundraise over the two days would otherwise take us all year," Mr Millsteed said.

According to event chairperson Nadine McMorran you cannot put into words what the field days mean to the community or to those involved in the event.

"It's the people- they all have a story and they install values into you," Ms McMorran said.

"Knowing they put everything on hold for a week for something they're passionate about portrays values that cannot be taught.

"This event truly brings people together."

AATFA

AATFA presents an exclusive opportunity for emerging designers to showcase their designs at India Fashion Week Australia.

A collaboration with Meilleur Events, IFWA is being held in Melbourne on 11th August, with a prospective audience of 50M.

MEILLEUR EVENTS PRESENTS INDIA FASHION WEEK AUSTRALIA

SHOW WILL BE TELECASTED ON

We are happy to Collaborate with AATFA for our GenNext. An Exclusive Segment for Emerging Designers.

AATFA
AUSTRALIAN ART & TALENT FESTIVAL
YOUTH FESTIVAL

SELECTED WINNER WILL GET A CHANCE TO SHOWCASE THEIR COLLECTION AT IFWA

DATE: 11 AUGUST 2019 | TIME: 7PM ONWARDS
VENUE: PENINSULA DOCKLANDS

For more details:
info@meilleurifwa.com | info@meilleuragency.com

Below is an update from NP Neal. Our new National President Michael Godfrey kicked off his year on July 1 and the next Apexian will have a full introduction to our new President and national board.

National President, Neal Molineaux

Where has time gone? To think that there my term as National President has just ended. What a year it has been however, still so much to continue to achieve to ensure Apex continues to rebuild and grow in our communities and abroad.

Again this year has seen focus on continually growing our Association, with another 85 new members being inducted in this term already. We are working to ensure this will continue for the remainder, not just this year but also for many years to come. So please encourage any younger individuals, you have contact with, about the benefits of Apex in their communities and their personal/professional lives so they too can share in the experiences of Apex.

As you'll already know the 10th March 2019 seen Apex Australia turn 88, so in 2 years we'll be celebrating our 90th Birthday. As this will be a significant celebration (and the last warm up before the big 100th) we are looking to establish a committee to start working towards these celebrations, parties being considered for the organising committee are; Apex Australia, Apex Foundation & Apex 40s. Any interest in being apart of the committee should be sent to the Apex National Office admin@apex.org.au

The highly talked about Data Base had a couple of hurdles when we started to test it with our Clubs late last year, however with some hard work the issues were rectified and it is now being rolled out to Clubs. With the National Board closely watching to ensure there are no further issues. The current roll out programme should have all Clubs on this new system by the end of this financial year (if your Club hasn't been contacted please follow up with your Regional Communicator in the first instance then the National Office), which will be a great benefit for Clubs and the Association to be able to move forward with real time information and figures.

The Association Project for 2018/19 (that wrapped up in October 2018), being that Apex Clubs would create awareness and raise funds for the Prostate Cancer Foundation through 'Biggest Ever Bokes Lunches' (BEBL) saw over \$120,000 raised through Apex and its networks. An outstanding achievement for those that got behind this project. With most Apex Clubs looking to continue with these BEBL again this year and additional Clubs looking to have their first BEBL there should be an ongoing stream of funding to the Prostate Cancer Foundation for many years to come. With the Association Project for 2019/20; being to raise awareness and \$40,000 for the Apex Magic Castle in its 40th year and having had supported approx. 40,000 children, it should be achievable.

Also successful to date has been the National Presidents Drought Relief Fund. This fundraiser gained great support than expected, with it reaching just under \$22,500. Over double what I was expecting to raise. A sincere thank you to all sponsors and a special thank you to the Apex Foundation for their generous donation. Our Australian farmer's greatly appreciate the assistance we've provided through this fundraiser and I'm thankful for the support Apexians and our supporters have shown, not just with this fundraiser however further efforts of individuals and Clubs towards this current drought.
https://www.buyabale.com.au/donate/?supporter_id=54904

The 1969 Apex Autism Walk will celebrate 50 years in 2019, so the Board is working with Apex Clubs to raise awareness and funds towards Autism. The objective is;

- To recognise the achievements of the Apex Australia "Walk Around Australia" project in 1969.*
- To provide a mechanism for Clubs to recognise, raise funds and support issues of an Autistic nature within their direct Community.*
- Raise awareness of the Apex Foundation's Autism Trust, how it started, and it's benefit and contributions to today's society.*

· Bring Apex and their Communities together in a common cause.

The Board is also working with the National Convention Host, Kadina Apex Club, to have a Presentation on this celebration and encourage Convention Delegates to walk from Kadina to Wallaroo to mark the 50 year Celebrations.

Whilst on the National Convention, this will be upon us in no time. The Apex Club of Kadina have been pushing the boundaries and come up with an extremely exciting experience for this year National Convention, and something you're not going to want to miss. Registrations are now open, so take advantage and get in early. www.apexconvention.com.au

Kadina is less than two hours drive from Adelaide, the area encompasses the towns of Moonta, Wallaroo, and the coastal villages of North Beach, Moonta Bay and Port Hughes. With pristine beaches in the protected waters of the Spencer Gulf, it is the perfect location for a beachside holiday of swimming, fishing and strolling along the sandy white beaches while the sun sets over the water. Accommodation for the National Apex Convention is situated at the Wallaroo Holiday Park, with unrestricted sea views overlooking the beautiful Wallaroo Bay. Kadina is nestled on Narungga Aboriginal land in the heart of an area known as the 'Copper Coast' on the northern end of the stunning Yorke Peninsula.

Keep an eye out for emails from your Regional Communicators and your post box, as nominations for the National Awards (announced & presented at the National Convention in Kadina) will be coming out soon. There are a number of Awards that your Club can nominate for, and you are encouraged to submit nominations for those that you see fit. This is a great opportunity to show other Clubs across Australia just what your Apex Club is capable of and can achieve, and if successful it's a considerable reward for the hard work your club has undertaken and achieved.

Apart from our National Convention in October, a number of our overseas Apex Associations have set dates for their Conventions. Below are the dates we have thus far, so if you are interested in attending any of these please contact the National Office admin@apex.org.au for more information.

· Apex Singapore	26th - 27th July 2019	· Apex Sri Lanka	No Convention 2019
· Apex Malaysia	23rd - 24th Aug 2019	· Apex India	TBC (early 2020)
· Apex Fiji	22nd - 23rd Nov 2019	· Apex Bangladesh	TBC (early 2020)

Attending these National Conventions are both an experience and something that will bring life long memories, so take these opportunities to be a part and experience Apex on so many different levels and meet so many other like-minded individuals. Remember 'there are no strangers in Apex, just friends you haven't met yet'.

As mentioned previously, the end of my term as National President has just happened. However I have committed myself to one last task. Did you know over 105,000 Australians experience homelessness each night? Half of these people are women and a quarter are young people under the age of 18. That is why through Apex I am fundraising to support the St Vincent De Paul 2019 Vinnies Community Sleepout. To spread awareness about homelessness, raise much needed funds for Vinnies homelessness services and secure affordable housing for all Australians.

Please help me by making a donation through my page:

<https://vinniesnsw.grassrootz.com/2019-vinnies-community-sleepout-wagga-wagga/neal-molineaux-apex>

It only takes a minute and any money you can give (no matter how large or small) will go a long way to breaking the cycle of homelessness, because together we can. By the time you read this I would have taken part, and the next Apexian will let you know it went. Thank you, I and St Vincent De Paul really appreciate your support

Yours in Apex



Neal Molineaux
National President, Apex Australia

Apex 40s News

Apex 40 President Julie Primmer, Sunraysia. Thank you all for the honour of trusting me with this role. I would like to thank Immediate Past President Bryan for his encouragement and Past President Peter Ryall for the conversations a few years ago that led here. Congratulations to Mark, Joanne and his team for the running of the Leeton Rort and Post Rort; it was another wonderful occasion. We have a new editor in Bill Cramp, please welcome and assist him by any contributions that you are able to make.

Now, a couple of months into my Presidential year and recovered after the Rort/post Rort activities. It was a bit of a change to come back to my home; prior to the Leeton Rort I had only been home for 3 nights after an amazing 5 weeks in Cambodia and Vietnam. The change in climate was fairly extreme! Vietnam was 38° and very high humidity then back to a Leeton and Sunraysia winter.

I have had some communication since then with Apex regarding their upcoming birthday celebrations, the Apex Foundation, as well as our own Board administrative matters. Registrations are coming in well for Bargara Rort next year. Just a reminder here, to get your accommodation booked (and registration in of course) as soon as your plans are settled. Or, conversely, make the 2020 Rort the start of your plans and work around it. Logistics of holding the 2021 proposed Rort in Darwin are being checked in the near future by myself and the proposers. We will be there for 5 days and boy, do we have a packed schedule. Absolutely no time for lazing around the pool on this trip!

Stay well everyone and try and avoid the dreaded winter bugs.

About Apex 40s

Apex 40 Australia Inc. is not a Service Club, but an organisation formed to foster fellowship among past Apexians and their partners, and to retain the many friendships formed during their Apex years. It also exists to assist Apex, when asked, and not

to operate in opposition to Apex. It is open to past members and their partners, and also Ex-World Councilors who have retired from their respective organisations.

The Ideals of Apex were to provide a means of forming enduring friendships. So, do you remember the great friendships and fellowship you experienced as a member or partner of an Apex member? Why not continue those friendships and join Apex 40.

Some Apex 40 members decided to form sub-committees which are generally based around past or present Apex Club locations. These sub-committees may meet monthly or less regularly, but all with a view to maintaining and fostering friendships, and occasionally providing assistance to Apex Clubs.

Each year members from Apex 40 gather for a weekend to attend the Annual Convention known as 'The Rort'. During this weekend there is a brief interruption to the festivities to conduct the necessary formality of The Annual General Meeting. After the weekend is over the RORT is followed by Post-RORT tour which is a 4 or 5 day itinerary covering visits to areas surrounding the town hosting The Rort.

The socialising of individual members with each other, across the whole organisation, never ceases. When on an interstate holiday, for example, members invariably look up acquaintances and friends made during the Rorts. It is a huge social club, and fosters friendships between whole families.

There are currently about 35 active sub-committees, some with memberships in excess of 40, plus 14 'Members-at-large'. Members at Large are active members of Apex 40, living or travelling in areas where there is no Apex 40 sub-committees, or find it not practical to join an existing sub-committee, but still participate in our activities.

Membership is open to all past members of Apex, their partners and members of affiliated clubs.



BARGARA QLD

Welcomes Apex 40 Rorters

Tuesday 5th May to Sunday 10th May 2020



Friday 8th May:

Coach tour to Childers for a taste of old-world charm at the Paragon Theatre for morning tea and vintage cartoons. Free time to wander the main street with lunch at your choice and cost, at either bakeries, cafes, clubs or hotels. Entry included to the Backpackers Memorial Museum & Gallery, as well as the Military & Memorabilia Museum, then return to Bundaberg for a visit, tour and tastings at Kalki Moon Distillery.

Then onto the Bundaberg Bowls Club for a BBQ dinner. Catered by Elegant Events.

Saturday 9th May:

Visit and tour of the brand spanning new Mon Repos Turtle Centre, followed by a drive to the remnants of a 900,000 year old extinct volcano known as the Hummock Lookout for a brief stop. Then we proceed to Bundaberg for a Subway Platter on the Burnett River before proceeding to "The Waves Sports Club" for the AGM to commence at 1:30pm

Saturday Evening: after the AGM we will return to our accommodation to prepare for our last evening together at "The Waves Sports Club" for a night of fun and fellowship.

Sunday 10th May - Farewell Breakfast

Farewell Breakfast catered for by the Apex Club of Bundaberg at a beachside park.



Apex 40 Australia gratefully acknowledges the assistance of Ellie Tonkin from Bundaberg Tourism. www.bundabergregion.org

ACCOMMODATION

Bargara Beach Caravan Park

25 Fred Courtice Avenue, Bargara, Qld 4670
www.bargarabeachcaravanpark.com.au
email: stay@bargarabeachcaravanpark.com.au
Phone: 07 4159 2228

We have 35 powered sites and 15 cabins on hold. Just mention Apex 40 to receive a 10% discount or 7th night free.



If accommodation is full at Bargara Beach, Try -

Absolute Ocean Front Tourist Park

Address:
117 Woongarra
Scenic Drive Bargara.

Tel: 07 4159 2436
www.oceanfrontpark.com.au

Bargara Blue Resort

4 Baxter Street, Bargara, Qld 4670
www.bargarablue.com.au
email: info@bargarablue.com.au
Phone: 07 4159 1691



Bargara Blue has suites that have 2 Bedrooms and 2 Bathrooms or 3 Bedrooms and 2 Bathrooms for those who would share their accommodation with friends.



BARGARA 2020 RORT

Just four hours drive from Brisbane, Bargara is situated on the coastline of the Southern Great Barrier Reef and offers an idyllic beachside lifestyle.
10 minutes drive through cane fields is Bundaberg, which is rich with year-round fresh produce and iconic drinks. Enjoy a visit to the famous Bundaberg Rum Distillery or the Bundaberg Brewed Drinks Barrel, or discover the lush botanical gardens and beautiful main street. You are guaranteed to go home with a full tummy when you visit Australia's food bowl so make sure you explore the many cafes and eateries and stop at the roadside stalls bursting with fresh produce.

What a perfect place for a RORT!




PROGRAMME

Tuesday 5th May: Time for Registrations at the Bargara Golf Club 120 Miller Street, Bargara, from around 4pm, followed by drinks and finger food.



Wednesday 6th May: Tours through Hinkler Aviation Museum, Fairmead House & Sugar Museum, self-guided tour through Hinkler's House 'Mon Repos', as well as a ride on the Australian Sugar Cane Railway, all in the Bundaberg Botanical Gardens, with morning tea, lunch and tea/coffee at Cafe 1928.



Wednesday Afternoon: Tour of Bundaberg Brewhouse with tasting paddles, finger food and pizzas, before returning to Bundaberg accommodation around 9pm.

Thursday 7th May: Tour and talk at IWC Bundaberg with Auntie Cheri. Morning Tea will be included at this stop. Then its off to one of Bundaberg's most famous attractions, the Bundaberg Rum Distillery, complete with tour and tastings, followed by lunch and coffee at the visitor's centre.



After Lunch: We take a Leisurely stroll through Alexander Park Zoo on the Burnett River, with a beverage!, followed by Free time in Sugarland Shopping Centre, or walk heritage buildings in main street.



Early Dinner: whilst in Bundaberg at RJ's Rock & Roll Diner, with drinks, dancing and entertainment, before returning to Bargara around 8.30pm - 9.00pm





BARGARA QLD

Welcomes Apex 40 Rorters

Tuesday 5th May to Sunday 10th May 2020



You can register using this form or Online.

Mail this form:

2020 Apex 40 RORT
PO Box 5204 Manly QLD 4179.

Online through the website: www.apex40.com

Rorter 1: First Name: _____ Surname: _____
Street Address: _____
Town / suburb: _____ State: _____ Postcode: _____
Country: _____ Email: _____
Mobile Number: _____ Sub Group/Mal or Org: _____

Rorter 2: First Name: _____ Surname: _____

Food allergies, mobility or other issues: _____

Arrival Date: _____ Departure Date: _____ Travel Method, Car, Van, Air?: _____

The RORT is from Tuesday 5th May to Sunday 10th May inclusive. Cost of RORT is \$380 per person when fully paid prior to 28th February 2020. After this date the cost is \$420 per person.
Please book your accommodation at one of the sites listed under Accommodation.

Number of Rorters at \$ _____ per head: _____ Total full price for Rorters: \$ _____
Deposit Paid you are paying today: \$ _____ (Minimum \$100 per person)
RORT balance owing: \$ _____ (to be paid by 28th February 2020)

Please make cheques payable to: Apex 40 Australia Inc.
To make a direct deposits into the Apex 40 Account, the details are:
Westpac Holding Account, Apex 40 Australia Inc. BSB 034-053 Account 308856. Please Note: This is a different account to last year.

ACCOMMODATION

It is your responsibility to book your accommodation for the RORT. Please indicate where you will be staying.

☐ **Bargara Beach Caravan Park.** 25 Fred Courtice Avenue, Bargara, Qld 4670. Phone: **07 4159 2228**

☐ **Bargara Blue Resort** . 4 Baxter Street, Bargara, Qld 4670: Phone: **07 4159 1691**
www.bargarablue.com.au email: info@bargarablue.com.au

☐ **Absolute Ocean Front Tourist** 117 Woongarra Drive Bargara, Qld 4670: Phone: **07 4159 2436**
www.oceanfrontpark.com.au email: oceanfront-park@bigpond.com

Please note change - Bargara Rort email address is: 2020bargara@apex40.com

Date Claimers

July 10 2019

***Moonie State of Origin Catch up
The best place to watch Queensland win***

July 26-27 2019

Singapore Nat Convention

Aug 2-4 2019

***Tara Camel Races
Tara Qld***

August 23-25 2019

***Gympie Music Muster
Gympie Qld***

August 23-24 2019

Malaysia Nat Con

October 11-13 2019

***National Convention
Kadina South Australia***

October 19 2019

40th anniversary Chalet

November 22-23 2019

Fiji National Convention

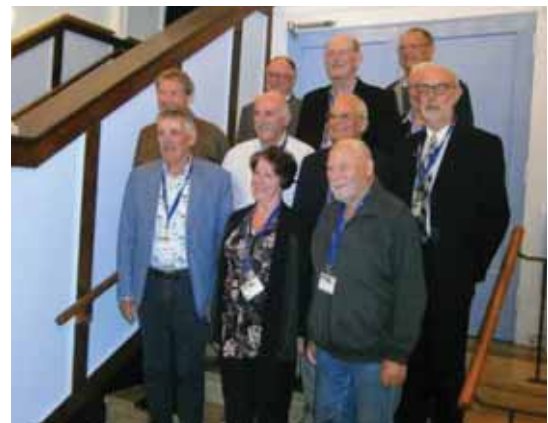
Jan/Feb 2020

Bangladesh National Convention

Jan/Feb 2020

India National Convention

Images from the Apex 40s 2019 RORT



Clockwise from above, The Post Rort Tour Group, Past & present Association Presidents at the Rort, the Donald Mackay Memorial, Griffith, Incoming President Julie Primmer, some memorabilia



Foundation News

The fourth unit of the Apex Copper Coast Retreats at Wallaroo in South Australia are now complete. All funds raised by the Apex Outback Postie Bike Ride since 2011 have been vested with the Apex Foundation for the establishment of the Apex Copper Coast Retreats. Holiday units have been built at the Wallaroo Holiday Park on North Beach to provide a week's free accommodation to families dealing with a cancer diagnosis and the opportunity to create precious positive life long memories. We are pleased to announce the addition of

The operation of this Apex Service project is now in its 5th year, with hundreds of families benefitting each year. Congratulations to the Apex Clubs of South Australia for a job well done.

Proudly, on 5 April 2019, the Apex Foundation Autism Trust had partnered with the Civilians and Widows Trust and Necessitous Trust to purchase a brand new minivan for a new education programme for teenagers with Autism on the central coast of NSW. This



a fourth Apex Copper Coast Retreat to the group with the building completed in January 2019. These retreats are highly utilised and often booked months in advance. The booking process is efficiently coordinated by the Cancer Council of South Australia. Please direct people who have a cancer diagnosis and may benefit from a relaxing week with their family by the sea to Cancer Council SA 13 11 20.

programme will support high school students to access the community to assist in preparing them for adult life and support them to be independent within their community.

For more information on how our Foundation can work with your club visit apexfoundation.org.au





Apex History - Smithton Sports Centre

The Smithton Sports Centre was built on community spirit, generosity and the volunteer efforts of the Smithton Apex Club.

In the early 1950s Smithton was a prosperous town boasting several timber mills, a cordial factory, a butter factory and a prominent agricultural industry. Sporting clubs across the region were alive and thriving, with the Circular Head football and cricket associations both hosting large and multiple divisions.

Aside from weekend sport, tailor Michael Blizzard noticed a lack of things for young men in the area to do outside of work. He established the Smithton Boys Club and before long had a strong following in the region, with young men from all over Circular Head meeting once a week to participate in various activities.

The group would engage in a wide range of sports and activities, mostly boxing but also gymnastics and bushwalking.

The club met in abandoned buildings about the town to coordinate and participate in events.

Soon it had attracted over 200 boys from the area, and it became apparent that it would be impossible to sustain such a large group with no space to meet and fraternise in.

As such, a survey was devised to gauge community interest. Michael approached the Apex Club who helped to distribute the survey throughout the region. The response was overwhelmingly positive, including from the Apex Club, who would go on to lend the boys club hundreds of hours of voluntary labour.

And so, the club formed a committee, including as many pillars of the community as possible, knowing their influence would come in handy.

It didn't take long for the community to come through with the goods. Farmer Sid Hingston offered to donate trees from his Faheys Lane property for timber.

Committee member Murray Poke was a contractor in Forest at the time and felt privileged to receive the donation, volunteering to fell the trees himself.

The logs were transported from Irishtown to the Circular Head Amalgamated Timber mill behind the high school free of charge by trucker Jack Saville. The foreman of the mill was none other than Jack Wainwright, a member of the committee and a real go-getter in the community.

He rallied the mill workers to volunteer their services on the weekend, and they obliged. Under the watchful eye of Jack Wainwright, the mill treated the entirety of the timber for the project free of charge. Construction began in 1956, as members of the boys club sprung into action to get their gymnasium built. A resourceful bunch, the boys used the timber for the roof first as scaffolding for bricklaying.

With the foundation complete, it was on to the next hurdle: bricks. Apex Club life member Rex Smith worked for a man by the name of Worrall Vertigan who owned a brickstamping business. Worrall had gotten wind of the project and offered to lend his equipment to the club.

The boys were delighted, and paid the favour forward by eventually hiring Worrall to lay the bricks. Having the tools to make the bricks was one thing but having the sand was another. The fellas had come across a serious roadblock and it was beginning to look like bulk funds needed to be raised, and raise them they did.

Suddenly there were barbecues and raffles galore as the community banded together to pull the project across the line. The Apex

Club put up gazebos and held Friday night entertainment at the site that now forms the public buildings.

"Community support for the project was phenomenal. Everyone helped out in their own way, everyone supported the fundraisers," says Rex. Enter the Beacom family. The local family owned a quarry at Black River and inspired by the project, offered to cut, grind and cart enough sand to double brick the perimeter of the gymnasium.

They delivered the sand to Vertigan's Brickyard and thus the process of brickstamping commenced. The boys were ecstatic. The enthusiasm of the lads was contagious and they hit the brickyard in droves to pump out the bricks. Hours were donated after work shifts, on lunch breaks and on weekends to get the job done.

The money they had raised could then go to Worrall, who before long had trowel and mortar in hand. Using the homemade wooden scaffolding the boys had knocked up with the timber from Irishtown, Worrall made good use

of the bricks.

As the walls grew higher and higher every day and with a plethora of plumbers and sparkies within the club, the group could see just one obstacle ahead: the truss'. Michael pitched the problem to the committee and sure enough Tom Rennison, head of the Togari Land Clearing Scheme, offered to supply the steel and have the truss' welded at his engineering workshop.

Bunny Cuttriss was the man for the job and just like that, the boys had everything they needed. After a few small plumbing and electrical costs were covered, the building was complete.

Fortunately, the gymnasium was large enough to fit a basketball court and squash courts, and now as part of Smithton Wellbeing Indoor Recreation and Leisure centre is the jewel in the crown of sport in Smithton.

Having helped out with the construction of the building, (from left) Ken Marthick, Rex Smith, Graham Birtwistle and Jack Saville reflect on the hoops the club had to jump through to get their gymnasium – now the Smithton Sports Centre – built back in the '50s. Picture: Isaac



Philippines AGM Update

Have you been to an overseas convention yet? Five Aussie Apexians attended the Philippines National Convention in Puerto Galeura: Adam - National Board Director, Craig - National Bursary Manager, Tomas - Toowoomba Club, LM Jim - St George and LM Ian (Chuck) Curren, SA. There was a welcome dinner in Batangas, just for the foreign delegates, then the convention itself was held on an island resort! There were many opportunities for fun and to experience the wonderful culture and

hospitality of the Philippines. Special mention to the San Pablo Club who home hosted the Aussies, ensured their safe journey home and even threw a birthday party for Craig. Every Apex member should aim to experience an overseas Convention.



L Aussie Apexians travelling on the ferry to Convention, catching up with the Malaysians including their National President, Sri. R Craig Martin on stage. Again

Bedding Program for Apex Sri Lanka

An update via Facebook from Ian Willy Oates - "A few weeks back I posted about a Bedding Program for Apex Sri Lanka..

Since then I have had 3 x \$100, 1 x \$75, & 1 x \$50 donations pledged, Chris and I have collected 3270 10 cent cans over the past 12 months which is \$327, and Chris and I have a person friend that has given \$450 taking our total to \$1202.00.

We would like to get to \$1500.00 so any Apexians or Clubs like to help please message me, it's all for Orphans in the name of Apex Global.

Happy to see the first of many Donations for the "Bedding for Sri Lanka ☒ Orphans" Pledged..

\$25 buys a set of Bedding but you can donate any amounts to help us help as many as we can have a better night's sleep!

Message me if you can Help in any way a little or a lot matters not"

Don't Forget!

Your Club's Insurance Certificate of Currency is available online

<https://www.apex.org.au/insurance>

Dear Apex Members

It's on AGAIN

Our 2017/18 Association Project supporting Prostate Cancer Foundation of Australia's Biggest Ever Blokes' Lunch has been a wonderful success and to date Apex Australia have contributed over \$120,000 to support prostate cancer.

Not only has Wagga Wagga achieved record funds in their 5th year of running their lunch, numerous clubs have been instrumental in launching four new events at Gympie Muster, Brisbane Valley, Wodonga and just recently Ulverstone.

Additionally Blacktown have supported selling a branded collectible ute and numerous clubs have been able to make donations to PCFA.

All the clubs involved in the lunches found the experience rewarding and positive, for example: 'The Apex Ulverstone's BEBL was an incredible evening. Parko hit us right between the eyes with everything we needed to hear about prostate cancer. The crowd engagement and generosity during the charity auction surpassed our wildest dreams. The Club members beamed with pride for weeks after as the positive feedback on the dinner rolled in and the feeling of satisfaction of being able to contribute to the all the excellent work of the Prostate Cancer Foundation of Australia'.

Apex Clubs are encouraged to continue to support Biggest Ever Blokes' Lunches going forward and following the presentation from John Strachan, PCFAs State Manager VIC/TAS, just prior to the National Convention (held in Wagga Wagga), a number of other clubs have also expressed interest in running their own lunch. Below are the PCFA contact details and I would encourage you to reach out to them. Extra clubs are joining every week

Theatest flyer and How To Guide is available at our website. I would encourage you to share with your clubs and discuss with them on how they may be able to contribute.

Thank you again for the amazing difference you are making for our future generations.

Prostate Cancer Foundation
of Australia

SA/NT - Karyn Foster
M 0417 733 447
E Karyn.Foster@pcfa.org.au

State Contacts

QLD - Peter Duffy
M 0439 523 409
E peter.duffy@pcfa.org.au

VIC/TAS - John Strachan
M 0419 044 659
E John.Strachan@pcfa.org.au

NSW/ACT - Victoria Milner
M 0424 401 136
E Victoria.milner@pcfa.org.
au

WA - Allison Stephens
M 0410 591 901
E allison.stephens@pcfa.org.
au

**Biggest Ever Blokes'
Lunch
How to Guide
Available at
apex.org.au**



Club News

Horsham

"What a great day!

A huge thank you to everyone that attended today's opening of the Apex Island Pump Track. It was great to see all the kids & adults enjoying the track, the paths, seating and shade areas. Congratulations to the prize winners and thanks to Goolum Goolum, Horsham Cyclery, Drift 83, Wimmera CMA and Horsham Apex for

donating prizes and giveaways.

Thanks also to Horsham Rotary for bringing down their coffee van,
Another thanks to Goolum Goolum for bringing some of their modified bikes down for display and plenty of laps, and a special thanks to Madelein, Mandy and all the other HRCC guys for their support in making today happen."
Horsham Apex



Vale

Apex Australia wishes to respectfully acknowledge the sudden passing of Life Member Michael Butterick, District Governor SA/NT 1999-2000. Mick was a proud member

Apexians around Australia join together in offering sincere condolences to Mick's family. Rest In Peace.

On the 7th of April we also lost John Bate, Life Member of both Cessnock and Moree, one of a very select group to be awarded Life Memberships of 2 clubs.

"John is survived by his beautiful wife Barb and their two sons Graham and Steven and their families. Graham and I were best friends at School, which is how I first got to know them, and in later years Steven and I were in Apex together in Moree. Barb advised me that John had his Apex 40 shirt on when he passed. RIP John you'll be truly missed by many including all of the Apex 40 family." Friend and fellow Apexian Mark Tramby



of the Jamestown Club, and will be fondly remembered as a lanky larrikin with a cheshire smile. At the age of only 55, he was a good man and a great Apexian taken way too soon.

Zone 10 Reunion

"We had former Apexians from all over the former Zone 10 area that encompassed clubs south to the Harbour Bridge, Scone in the west and up the coast to Kempsey. Fortunately we had the foresight to provide name badges. Many attendees had changed somewhat since leaving their Apex days behind.

We in the organising committee wanted to keep formalities to a minimum and give plenty of time to move around and say hello to old friends and it worked a treat. If you left your chair and came back it was common to find someone had plopped on it to catch up with old friends at your table... perfect! And there was plenty of reminiscing and stories of projects, and club visits relived. And the good fun we had when we were in our prime of life and making our way in the world.

There's plenty of people I have to thank for making the night the success it was. There's the committee we formed to get the show on the road - John Fettell from Kooloonbung Club, who pushed to expand this from a district to a Zone event and also supplied much of the memorabilia. - Roger Catchpole, who's experience with Apex Foundation was a boon and his performance as a cheeky Master of Ceremonies come Sgt-at-Arms kept the night rolling along nicely.

Add to these two there's the locals, Chris Whalley for arranging some extra help and Col Shaw for getting our website up and running. I ended up with a small but productive group who came up with suggestions and tied up all the loose ends.

Chris co-opted John and Sandy Waters so the photos and raffle tickets were covered and it all fell into place. And I of course co-opted my trouble-and-strife Dellis who was an invaluable backstop.

As the evening drew to a close, the question of "When should we all get together again?" was raised. Yearly or every two or five years were suggested. No firm decision was made.

Finally, thanks to all who made the trip to Laurieton, some from quite a distance away. I hope you enjoyed the evening and it was great to catch up again. NOT A FUNDRAISER WE SAID

We said that this reunion was never intended as a fundraiser, just a chance to catch up.

But we knew that Apexians never change so we ran a raffle and a fine session and had visions of raising a couple of hundred dollars that perhaps we could send on to the Apex Children's Chalet at Smiggins.

The raffle featured some excellent prizes donated from all over NSW. A big icebox from Boggabri RSL was popular as were the cartons of beer, bottles of wine and meal vouchers



from the Laurieton United Services Club and Fuel Vouchers from Camden Haven Tyres and Access Fuels. Ex-Apexians Dennis Crossman and Dave Napper donated 30 year old bottles of Apex Anniversary Port. (Though after dubious cellaring, its drinkability was perhaps as big a raffle as the main one.) I We even went as far afield as Penrith where Sweeties Confectionery gave us a mountain of Allen's sweets and four rucksacks to put them in. Locally, Holiday Coast Credit Union topped up the minor prizes with several packs of merchandise. So the raffle was well supported, but the big bonus was the great deal that the Services Club did for us, charging much less than the budget for what were excellent gourmet trays of food that filled everyone to capacity.

The nett result of all of this generosity was a profit of more than \$1,900 dollars... so much for a non-fundraiser!

By unanimous vote on the evening, it was agreed that whatever money was raised, it should be directed to the Apex Foundation Chalet at Smiggins."

John Gunn

Bunbury

Apex Bunbury invites everyone to their third Apex Bunbury Sleep Out.

The aim to increase awareness of the

homelessness issue in Bunbury and to provide a glimpse into the plight our homeless face daily.

All proceeds from event are donated to two local service organisations, corporate sponsorships/donations welcome.

Donations of non-perishable food items, toiletries and feminine products encouraged.

Registration price of \$30 includes Apex Bunbury Sleep Out beanie.

It's on August 3 and registrations are here:

<https://www.eventbrite.com.au/e/apex-bunbury-sleep-out-2019-tickets-60256134721>

Naracoorte

The Naracoorte Apex club once teetered on the verge of being nonexistent, with only five members only a couple of years ago.

But now, after some dedicated work by locals Brett Rumball, Luke Smitheman, and new President Austin Turner, the club has now doubled its membership, with 10 people making regular meetings and 12 joined up.

With Apex regularly assisting with events through entertainment and catering, and doing charitable projects throughout the community, there is always the opportunity for more members.

"Even if they can't make business meetings, helping out at events, and any new ideas would

APEX BUNBURY KOOMBANA AND THE ACTION GROUP FOR HOMELESSNESS SW PRESENT

APEX BUNBURY
SLEEP OUT

Challenge your boss to join!

DON'T MISS OUT ONLY 50 SPOTS

Experience what it is like to be homeless and living rough



be welcome," Austin said.

Austin had been part of Apex for a few years before he received the tap on the shoulder to become the President. As a club it is now open to both men and women, and very soon there will be wood chopping, as winter approaches. Some of Apex's most recent projects have been catering the Two Cocks Golf Day, and Amy Crafter's wedding. They have also provided funding for a young Naracoorte United soccer player, Cedar, to train in Adelaide.

Making a difference to the community was the key reason that Austin Turner joined Apex.

From the local Naracoorte Herald

Does your club do everything it can to obtain local press coverage?

Moura

THE Dawson River at Moura was looking about as good as it gets, with clear water and plenty of it for the 2019 Moura Muddy Water Family Fishing Classic.

Fantastic weather all weekend and the community got together for an awesome weekend. Not quite but close to record numbers of fish were caught and weighed in at the two weigh stations and then released. A total of 293 senior and 152 junior anglers from all over Queensland and NSW enjoyed free camping..

Since it was Easter plenty of Easter eggs were given out too. All junior anglers were presented with a fishing package from Australian Manufacturing Workers' Union Moura branch.

Moura Apex Club sponsored the four \$500 Anaconda gift vouchers for major lucky draw prizes and the winners were:

- Junior male – Ashley Keddie.
- Junior female – Georgina Kirkham.
- Senior male – Jim Standley
- Senior female – Angela Elliott.

Busselton

The Busselton and Dunsborough Volunteers of the Years were celebrated at a function in May at the City of Busselton.

Each year the awards are held in conjunction with National Volunteer Week, and this year's theme was 'Making a world of difference'.

City of Busselton mayor Grant Henley said the event marked the start of the week-long celebration acknowledging the millions of volunteers who made a positive impact in their community through giving their time.

Mr Henley said volunteers were a precious resource in our community. They underpinned the delivery of many services and events, as well as fundraising for a host of worthwhile causes.

"We are very lucky to have so many people who are committed to their community and prepared to work together to make a difference," he said.

On behalf of Apex Busselton Alec Ovans presented the Youth (Under 25) Award. The Highly Commended award went Russell Talbot from Southwest Army Cadet Unit in Busselton. Winner for the Youth Volunteer of the Year award was Josh Smith from Shift Youth Crew.



Apex Travels

Apex is Australian made. And being Australian means sometimes you have a big road trip in front of you. On this page are some images

from recent South West Queensland catch up at Dulacca (top) and the WA Annual State Catch. (bottom) Plenty of kilometres driven, plenty of fun was had.



In our second inaugural semi-regular Apexian feature, we again include some highlights from our history. On the following few pages is part of the 1995 International Apexian, with an address by Sir John Buchan, co-founder of Apex.



The International Apexian

FOURTH ISSUE MARCH 1995



*Sir John Buchan, Co-Founder of Apex
is seen Installing M. Kutub as Apex International President
during 2nd AI AGM in Nadi, Fiji on 29 May, 1994.
Imm. Past AI President Ian Fry is seen on the left.*



AN ADDRESS TO APEX INTERNATIONAL FIJI CONVENTION MAY 1994

by

SIR JOHN BUCHAN

Co-Founder

Life Governor

Mr International President Ian

Mr mayor,

Past International National President Damen

Apex Australia National president Mark

Apex Australia Executive Director Andrew

Apexians All and Guests

Mr President,

Thank you for your generous introduction and appreciation from my wife Virginia and me for your invitation to be present on such an important Apex International occasion.

Mr International President,

I firstly bring warm greetings from Co-founder Ewen.

May I say this 1994 Apex International Convention in a beautiful, peaceful, and friendly, historic country could assume great importance in the life of Apex. Incidentally this day of Saturday May 28 sees another meeting occurring of Regional significance between the Prime Ministers of Fiji and Australia in Western Australia-A Good Omen?

Firstly may I pay tribute to the great contribution made to Apex for over 33 years by Apex Fiji.

With many fine community service projects-right at this very day & with many fine leaders today I believe you have a unique opportunity to put in motion some real re thinking about Apex-Just as nations in the region are reshaping their positions in a spirit of mutual help-co-operation and progress towards the year 2000.

So my hope today in this atmosphere of Harmony and Goodwill in for a Convention to be filled with progressive thinking, enthusiasm, and positive action.

Your leaders have achieved almost the impossible for 3 years ago at Perth on the Apex 60th Anniversary Convention stated clearly that it was my final Apex appearance!

However, by honouring me with your invitation to open this convention my comments will lead nicely into an address which will have a lot to do with the tradition of Apex and its service and will recognise the importance of the enormous service of so many who were the early designers and planners, builders of the edifice which you have inherited today.

But I must make it abundantly clear that right at the beginning of Apex in the middle years and right.



Now to belong to Apex is a distinct honour it becomes a trust to be an integral part of a great team and a member of a distinguished, highly regarded community organisation which belongs to No one individual or group of individuals! More of that in a moment.

In order that we might gain something from this chat I will invite your questions on any one of its three parts-

- 1) Firstly, let us relate to the past for many happenings may not be known to you.
- 2) Secondly, I will refer to the present and many good things which are happening/or planned.
- 3) And perhaps the final piece will be the key to my appearance a kind of challenge for I will try and portray the importance of planning now/to ensure an Apex survival to the year 2000 and beyond.

So here we go into phase one way/back in my father's Geelong architect's office with Ewen Langham and myself working side by side searching for a reason to bring together a group of young chaps who might see an opportunity to cooperate in a club designed to help our fellows and assist in community good works.

ROTARY

I must tell you that by growing up with a dedicated Rotarian father their motto "Service before Self" must have loomed large in my thinking. But an initial introduction for a chat to the then current President of Rotary Geelong could have ended in curtains for a potential Apex. I shall not forget that interview on a winter's night in 1930 in the learned Rotarian president and Churchmans study-who was destined to become a distinguished Archbishop!

So after, announcing to him the suggested brave ideas for a young mens service club he said "Jack, I don't think it can work!" End of interview. But much support from Rotarian father!

And so we soon (about 25/30) Chaps were away to a flying start please note with an average age of no more than 24-Ewen Langham and I averaged the age of 23!!

The search for a motto badge or today you say a logo-commenced at one drawing board in the office and how appropriate that the triangle appeared with its solid base the foundation the sides became the structure leading to the pinnacle or the peak looking upwards to perfection.

This morning my three parts of this address thus become this triangle with the base being the past the sides become the present and the peak (if we can get there) will be the year 2000.

I should add a notable important part of our development of the first six clubs was the preparation of a constitution prepared at my father and mother's home in just a few days' hard labour by an Apex great Stan Jackling and me from which I now quote what I've always believed was and still is our vital No. 1 motto "To develop by example a more intelligent and aggressive citizenship.

And now perhaps to the most important part of these opening remarks-I refer to the dedication and service of the hundreds and thousands of Australian overseas Apexians who gave us what you have inherited today. I repeat that you have become Trustees of this most notable organisation which belongs to no one in particular no person /no club/ no state/no country/ but not forgetting that the base or foundation for well over a decade was truly Australian and hundreds of Apex greats made it so.

Many of those Apex greats may be known to you by name/and the quite amazing national and community services successfully planned and carried out by men of Apex /averaging in age under 30/has become a unique part of Australia's history in the 30s, 40s and 50s-today some of their successors are serving the nation of Australia in Federal or state Parliament or Local



Government, and on hundreds of community committees.

One of our own western Australian Apexians Len Goldsworthy become one of the most highly decorated Australian naval officers in World War 2. The Australian nations leaders have always been keenly interested in and appreciative of Apex. I can name at least five Prime Minister as well as various State Premiers.

Right up to now/we are all proud of two recent National Presidents/recently elected to the State Parliament of S.A.I recall on my first visit to U.S.A not long after we formed Apex. I met a Founder of 20/30 in California who was to become one of my closest friends-later a Senator who told me that 20/30 in California had as a member/one who was to go on to become a U.S President. Richard Nixon. So hopefully today in this very hall we are looking at some who will serve their countries in important office for one thing that Apex must continue to practise is leadership. Apex always was the training ground for leadership, so perhaps this should be reexamined now at every level.

And so the sides of the triangle have built the building of Apex which we see today. But this decade of the 90s is becoming one of the most vital periods for the successful implementation of your present projects and those you can still produce will surely complete the edifice to its peak or pinnacle by year 2000?

I do congratulate Apex International on a number of fine projects. I note that you have designated the great Fred Hollows Foundation as our major objective well done.

You are lacking community projects which is important to your identification with your own local communities where you will make an impact.

Apex community service in national Australia disasters, such as floods and bushfires has been outstanding and never bettered. The rally by Apex financially to major causes in Australia has made an indelible mark from a grateful nation.

In this International Year of the Family I am most impressed with Apex projects in western Australia and South Australia concentrating on problems of youth in fact. I am pleased to be identified personally with some Victorian Apex including State President Peter Bailey and several past National office bearers in a project tackling youth employment. Apex, Western Australia is concerned of violence to our young.

While Queensland has been examining a wider service for youth as I just said Apex currently involved in Victoria (initially) with three well known Apexians. State VIC president Peter Bailey.

Former National Secretary James Green.

Former National Treasurer Greg Hudswell

In the organisation known as New committee for Development of Youth employment which in Australia has reached totally unacceptable levels. If not tackled will lead to tragedy in their lives in family life indeed in our social fabric here there or everywhere-I see this specific service for youth as a necessary Apex cause and now I come to reasons for my 1994 controversial suggestion.

If you as participants in Apex international convention of '94 feel strongly enough about the necessity of reaching a peak or pinnacle of Apex by year 2000 you may have to do something about it now. You have the opportunity as representatives of Apex International and others here as representatives of Apex Australia to study how.

I am extremely concerned at what I hear that there may be efforts under way to completely rewrite our original constitution by forming various parts and aspects of an Apex organisation that was never intended. I trust this fight will be deferred carried through and be won.

I do understand that Apex Australia is very concerned at the diminution of Apex membership. I too am concerned lest Apex allow drifts way from what it was intended to be an organisation of and for young men. with one very



major plank in its platform or charter (and glad I am to see it in Apex International Charter.) Namely precept and example to develop a more aggressive and serviceable citizenship.

Again and Again, I believe. I have preached over the years at many Apex gatherings not only to follow your charter of citizenship but remembering that this organisation can be and should be the guardian of and for our youth. No other community organisation has this potential.

This would help to assure that you reach that peak or pinnacle by year 2000. But what I think you must do is to also find a coordinating or consolidating theme and policy for all of Apex by not neglecting essential community service needs. But producing one united exciting theme attractive in itself for as a means to produce new and younger members and I'll add to that in a few moments.

Maybe-just maybe that theme coordinating and consolidating the whole of Apex could be for the young peoples of the nations in the important geographical region.

And as I am reaching my concluding, I must ask you I have Apex lost its way. Is it in danger by losing its way or becoming a fragmented Apex with varying by groups and varying objectives and agendas.

If you are concerned then you must start today to ensure that Apex can reach its peak and pinnacle by the year 2000.

I put one thought to you that as representative of Apex international and Apex Australia you form cooperative type of "Study Commission" consisting of (a) Several past Apexians who are now important corporate leaders.

(b) Several more recent Apexians with a big record as leaders.

(c) And those recent leaders & those who will be the Apex leaders in few years ahead.

Such a commission taking a year or so of study to examine.

- (a) Whither Apex towards year 2000.
- (b) The lifting of its community, national and international recognition to a peak by year 2000.
- (c) To virtually rebuild membership by attracting and holding those up/between 20-30 year.
- (d) Evolving an agenda whereby Apexians will be encouraged to participate in non partisan debate on issues of national and international significance.
- (e) Ensuring the attraction of Apex for a more youthful membership.

If ever proof was needed that Apex may have lost its way and become a rather tired and boring comfortable club-just examine how many exciting/challenging/constructive agenda items to occupy your attention of debate and new policy on this agenda of today and that of at Apex Aust. national convention in June. There out of some 38 agenda items the majority concern finance or wretched constitutional matters about three or four have real relevance.

Unbelievably one of these is about milk bottle tops in the fridge!

So let us dedicate this gathering to what I pray may become similar to others to follow soon to ensure that Apex will reach a peak or pinnacle by year 2000 will hold tight to those objectives that the founders and foundation builders provided.

Perhaps is it too much to hope becoming the custodians for youth providing beyond doubt that the dreams of the founders will be realised and never forsaken.



APEX INTERNATIONAL - THE LOGO

At the 1994 Apex International Annual General Meeting, Apex International and Apex Australia's Executive Director, Andrew Phillips, undertook to supply to all member Associations bromides and artwork for the Apex International logo. All member Associations should have received them by this time.

The artwork incorporated the two (2) options for single colour Apex International logos, as well as the specific details relating to the only acceptable coloured version.

the only acceptable single colour logos are as appears below :

The coloured logo should be prepared as close as is possible to the only acceptable colour logo. Modifications of this are really not acceptable and members should make every effort to confirm to a single logo Association, comprising all Apex member Associations :

Note that the highest point of the logo is to be yellow, as are the words "APEX" and "INTERNATIONAL" and which are all to be printed in the international printing colour PMS 109. The other rays of the sun are red and are to be printed in international printing colour red PMS

032. The bars behind the word "APEX" and "INTERNATIONAL" are to be printed in blue PMS 072.

To instruct printers on how to create the coloured version is achieved by the equilateral triangle being yellow, as are the words "APEX" and "INTERNATIONAL" whilst the red "Sunrays" are overprinted, over the yellow triangle. The blue bars behind the words are to be, similarly, overprinted.

The Apex International Constitution clearly states under Article 5, "Official Emblem" "5.1 the official Emblem of the Association shall be the Apex logo with the word "International" under the base and bounded."

Much has been written about the logo by the past two Apex International Presidents, and current Apex International Apexia Kutub Uddowllwah, has made it an objective of this of his year, as Apex International President, to ensure that all member Associations adopt the common logo.

Your Co-operation is sought at all levels of Apex to adopt the Apex International logo, so that the International Association of Apex Clubs can be seen to be joined under one identifiable emblem.





Co-Founder of Apex Sir John Buchan and Lady Virginia is seen among AI Board Members and Delegates attending 2nd AI AGM in Fiji.



Chairman Ian Fry Presiding over 2nd AI AGM held in Nadi, Fiji Islands on 28 May, 1995



AI President (93/94) Ian Fry is seen during Installation of Rajesh Madhoe as new National President of Apex Fiji.



Host of Ladies in Traditional Dresses who attended 2nd AI AGM in Nadi, Fiji

On this and the next few pages are excerpts from Apex India report to Apex Global plus their own Apexian. Apex was first formed in Australia in 1931 and has spread across the Asia Pacific.



MESSAGE

APXN. DR. DIPTENDU CHATTERJEE, NATIONAL PRESIDENT APEX INDIA

It is my privilege to write in this historic event and I convey my heartfelt congratulation and best wishes to all of you for putting your acts together in the name of Apex.

For years, apexians from different nations and different national association, in various meetings of the Apex Global, had been waiting to re-establish the association of Apex Clubs of India very actively. I believe our hopes and aspiration are now coming to realization for the once flourishing and the biggest association among Apex Nations. Once again be part of this respect international service organisation.

Now this year Apex India running in right track and in a vibrant manner. A number of new clubs has been initiated and old clubs has been revived. Seniors and juniors this blend of experience play a vital role in this matter. I salute all of you for standing on the ideals and morals of Apex.

During my tenure I have visited all the districts and almost all the clubs and meet with all members. This touch of warmth and affection motivate me for good Apexing. Let us continue to strive for the success of our respective association and that may all efforts to re-establish the national association of India continue to thrive.

DR. DIPTENDU CHATTERJEE
National President

PRASHANT GOYAL
National Vice-President

SHYAMAL KARAK
National Secretary



Apex... it's another word for India made volunteers!

National Service Project during International Women's Day and Apex Foundation Day Service Projects



Apex Ladies Suratgarh : Conducted a Quiz about hygienic, Importance of education, Constitution right of women & Government welfare program for Women's. At the end Spoon race competition was organised for Women's & children.



Blood Donation Camp was organised during Apex Foundation Day wherein NP and NS of Suratgarh participated



Apex Mandi Dabwali : Served the patients and staff of Civil Hospital with porridge, Tea, Biscuits and Fruits jointly with Apex Ladies Club of Mandi Dabwali.



During Apex Foundation week Apex club of Mandi Dabwali and Ladies Club Mandi Dabwali distributed writing materials to students of Sankalp Kendras





Apex Club Ludhiana Greater: School Bags , Note Books and Pencils were distributed to needed girl students at Rig International School in a slum area of Ludhiana. The Teachers were also honoured.



Apex Ladies Hanumangarh : Talks were delivered by Apex Club members on hygiene requirements and Free sanitary pads were distributed



Message from M Sakthivel
PPC- 2019
World Water Day
22nd March 2019

World Water Day is an annual UN observance day (always on 22 March) that highlights the importance of freshwater. The day is used to advocate for the sustainable management of freshwater resources. Summer is already on. The temperature has steeply increased. We are already witnessing temperatures of over 40 Degrees in most of the places in the country. The need of the hour is awareness and water management.

I request all the Clubs to Observe World Water Day on 22nd March 2019 through any of the following programmes.

- ✓ Awareness on water conservation and management
- ✓ Organise Water Booths
- ✓ Create awareness to Reduce, reuse and recycle water.
- ✓ Arrange to place water bowls for the birds and animals.
- ✓ Create awareness on Rainwater Harvesting.
- ✓ Awareness on desilting of lakes
- ✓ Tree planting.

Kindly observe the World Water Day and send your report along with photos after execution of the project. Kindly STAY CONNECTED and in touch.

WE CAN AND WE WILL MAKE APEX INDIA STRONGER.

Yours always in Apex,

M.SAKTHIVEL.



Apex Madras – International Women's Day at DGSEA and Apex Foundation Day Marathon



Apex Udumalpet: Donated steel vessels to the Hostel Warden and Stationeries to the students at Sanmarga Gurukulam at Keeranore.



Apex club of Millennium : celebrated the Foundation Day by cake cutting and distributing the sweets in Abhaya Children's Home.



Apex Golden Namakkal providing Dinner to the inmates of orphanage



Apex Cuddalore : Confidence Building to Women Students in Empowerment, Distribution of SS Water Bottles, Dress materials, Sports Dresses and Prizes and Participation Certificates to all.



Apex Cuddalore: Distribution of used clothes to the inmates of Anbu Maiyyam, and Dinner at Help Age Home for elders



Bull's Eye Stickers on vehicles →



Apex Villivakkam : Organised a function at Chennai High School by donating 300 sets of pen, pencil, erasers, sharpeners, rulers with pouches to the 10th standard students who are appearing public exams and momentous to the 40 women teachers.



Apex Namakkal : Provision of Health Mix to HIV affected patients



National Service Project during International Women's Day and Apex Foundation Day Service Projects



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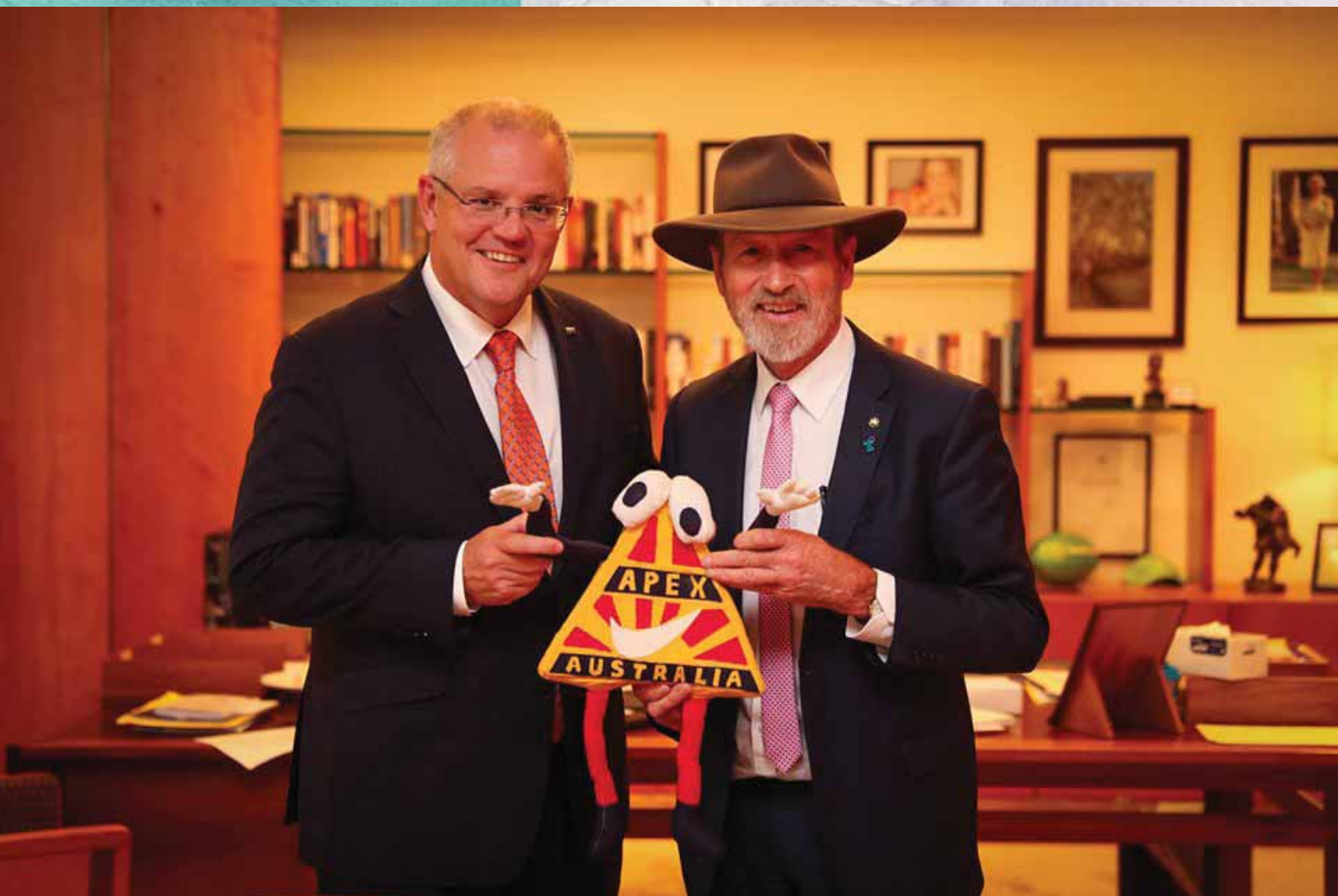
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Yours always in Apex,
M.SAKTHIVEL.



Rowan Ramsey, MP for Grey and Life Member of Apex introduces Dunk, Esq. to the Honourable Scott Morrison, Prime Minister.

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newsletter@apex.org.au

If your club has some news to share please send details to newsletter@apex.org.au. Don't forget to share this newsletter with everyone in your Club.

**The Apexian,
July 2019
Issue 38**

